A WB Freebie!

This is a freebie from The Wooden Bear, and is taken straight from the pages of our *Happy Harvest Book!* We hope you enjoy the project!

*We have the Valdani pearl cotton threads and wool available on our website at www.thewoodenbear.com!*
Autumn Pillow

Materials Needed

These look great in just about any material! I did them in wool, felt, and cotton fabric!

(1) 8” x 11 1/2” rectangle for pillow front
(1) 8” x 11 1/2” rectangle for pillow back
Various scraps for applique pieces
Polyester fiberfill
Coordinating pearl cotton threads for stitching around applique pieces and adding embellishments

Finished size is approximately 7 1/2” x 11”.

I used these appliques on fabric, and adhered them to paper goods using Mod Podge®.
Stitch Basics

Back Stitch-

This is one of the most basic embroidery stitches. Bring your needle up at point A, go back to point B and go down through your fabric. Come up again at point C.

Lazy Daisy Stitch-

Bring your needle and thread up at point A. Put the point of your needle down right next to point A, and up at point B. (Don’t push the needle all the way through yet.) Loop the thread around the point of your needle, and then push the needle all the way through. Push the needle down through point C to anchor the stitch.

French Knot- 

To make a French knot, come up through your fabric at point A. Hold your needle in one hand, and with the other hand hold your thread. Hold the needle in front of the thread, and wrap the thread around the needle two or three times. Keeping the floss taut with your non-needle hand (That is the trick!), point the tip of your needle down at point B, just next to point A, and push through to the backside of the fabric. Pull the loose thread all the way through, and you have made a French knot.

Buttonhole or Blanket Stitch-

Starting at the left, bring your needle up at A, and down through your fabric at B. Bring your needle up at C, going underneath the thread loop. Pull through to tighten the stitch slightly.

Applique Instructions:

Follow Fusible Applique under General Instructions, page 1. Be sure to cut the quantity indicated on each piece. Whether you are using wool, felt, or cotton fabric, be sure to follow the manufacturer’s instructions.

1. Following the Applique Placement Diagram for Autumn Scene on Pattern Pullout Section 4, and the picture of the pillow on page 5, cut out and place the pieces on the 8” x 11 1/2” pillow front rectangle. The bottom of the grass pieces should be lined up with the bottom of the pillow front rectangle, and the entire scene should be centered from left to right. Iron in place.
2. Using pearl cotton thread, hand-stitch around all pieces with the applique stitch of your choice. I used a blanket stitch. See Stitch Basics below for more information.
3. Using the Applique Placement Diagram for Autumn Scene on Pattern Pullout Section 4, transfer all stitch lines. See Transferring Stitch Lines on General Instructions, page 1, for more information.
4. Stitch the falling leaves using a dark brown pearl cotton thread and a back stitch for the center stem of each leaf. Use a lazy daisy stitch to make the rest of each leaf.
5. Use French knots to make the eyes and buttons on the scarecrow. Do a few side-to-side stitches in decreasing widths for the scarecrow’s nose.
6. For the pumpkins, make the vines by using a back stitch with a green pearl cotton thread that will contrast with the grass in the background. Use contrasting orange pearl cotton thread to make the lines in the pumpkins. Make the stems using a brown pearl cotton thread and simple side-to-side stitches.
7. Use gold thread and straight stitches to make “straw” coming out of the scarecrow’s hat, shirt sleeves, and pants.

Finishing the Pillow:

1. Lay the 8” x 11 1/2” pillow back rectangle over the appliqued pillow front, RST. Sew around the edges, leaving an opening large enough for turning. Trim corners to reduce bulk. Turn the pillow RSO.
2. Stuff the pillow with polyester fiberfill, and hand-sew the opening closed.
Applique Placement Diagram for Autumn Scene
Use for Pumpkin Pillow and Autumn Wallhanging.
Applique Pattern Pieces for Autumn Scene
Use for Pumpkin Pillow and Autumn Wallhanging. Note: Cut one of each unless otherwise indicated.