

# LET SLEEPING CATS/DOGS LIE

Supply list (2 pages)

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This class is based on my Story Quilts patterns 'Let Sleeping Cats Lie' and 'Let Sleeping Dogs Lie'; purchase of the pattern is required. The finished quilt as shown on the patterns measures 57" square but may be made larger or smaller if desired by adding or subtracting blocks. If you choose to alter the size, yardage amounts will need to be adjusted accordingly. In the class we will only work on the pieced blocks but helpful tips and advice on fusing or appliquéing the cat/dog heads and other appliqué embellishments will be provided. Bring fabrics for all parts of the quilt if color advice is desired.

**Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-631-8806 or [helene.m.knott@gmail.com](mailto:helene.m.knott@gmail.com) if you have any questions.**

**A Note to Students:** Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop. **Thank you, Helene**

## Tools/Materials:

- **Pattern:** purchase from the shop or instructor
- **Fabrics:** (NOTE: the yardage given is for a nine block quilt as shown on the pattern). To save class time, I am recommending that you do a little preliminary precutting of your fabrics before the class. Follow the directions at the end of this supply list **carefully** and call me if you have any questions.
  - a. **Cat/Dog bodies:** 1 ¼ yard *each* of a light and a dark print. Choose a small to medium scale print avoiding obviously directional prints unless you are willing to cut carefully to accommodate them. If desired, you can make the bodies scrappy from fat quarters in which case you will need eighteen fat quarters of a variety of light and dark prints. Nine should be light, and nine dark. For the best results, choose similar values among the light fabrics and similar values among the dark fabrics.
  - b. **Cat/Dog faces:** ¼ of a yard *each* of a light and a dark print similar to but slightly different than that chosen for bodies. (NOTE: check the reverse side of the body fabrics, some fabrics have a reverse side that may work well for the faces in which case, just increase the amount of yardage for the bodies by ¼ of a yard). For the dog heads, you may wish to have several choices as depending on the breed you choose to feature, some have bi-colored ears or snouts; again ¼ yard of each will suffice.
  - c. **Cat noses and ears:** one fat quarter in a color that contrasts nicely with the cat faces. NOTE: this fabric will also be used for mice inner ears.
  - d. **Mice bodies:** 1/8 of a yard of a fabric that contrasts with that chosen for the background.
  - e. Mice faces:  
**1/8 of a yard of a fabric similar but not identical to the fabric for the bodies. NOTE: check the wrong side of the mice body fabric. If it is suitable, there should be enough to get both the bodies and the faces from that fabric.****Dog bones or paw prints:** ¼ yard of a fabric in a suitable color.
  - f. **Dog bones or paw prints:** ¼ yard of a fabric in a suitable color.
  - g. **Background:** 7/8 of a yard that contrasts well with the other fabrics.
  - h. **Borders:** 1 yard. (NOTE: if desired and narrow border can be added before adding the larger border, 1/3 of a yard will make a 1" finished strip)
- **Rotary cutter, mat and straight ruler:** an 11"x 17" mat will do and an 18" cutting ruler. NOTE: though not absolutely necessary, a squaring ruler (at least 9 ½" or preferably larger) will be **very** handy as well
- **Scissors:** bring thread snips
- **Sewing machine:** with the standard accessories.
- **Thread:** 100% cotton thread in colors suitable for your fabrics and silk or cotton thread for the method of appliqué you prefer.



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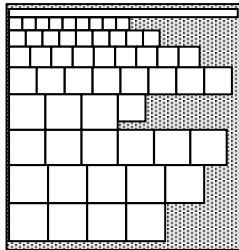
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**ADVANCE PREPARATIONS:** Precut some of your fabrics before coming to class. Follow the cutting diagrams on page 2 of the pattern for the 1¼ yard cuts or for the fat quarters. A good strategy is to cut the largest 7" squares first and progress down to the smaller incrementally. Group the squares into stacks in the order of size as you go. Please keep in mind that you will need half your cats/dogs to be somewhat dark and half to be somewhat light otherwise you will lose the definition between them. If you are using a variety of different fat quarters, stack the squares in groups by fabric color/print to make it easier to arrange and piece your blocks later. **DO NOT CUT YOUR SQUARES IN HALF TO MAKE TRIANGLES AHEAD OF TIME!** Bring the precut squares to class and we will cut the triangles right before sewing the blocks. **DO NOT CUT THE CAT OR DOG FACES AHEAD OF TIME!** This is particularly important if you wish to appliqué them by hand as in class I will show you some tips to make the appliqué easier and precutting them will make it harder render the details. One 'stack' of light squares combined with one 'stack' of dark squares make a block. If you are using fat quarters and have decided to use a fabric different from the body for the faces (recommended if you are using batiks or if the reverse side of the body fabric is unsuitable to use), you may find you can get two stacks of squares from each fat quarter if you cut carefully.

### Cutting:

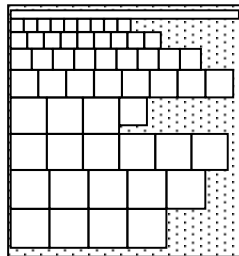
#### Dark cats/dogs:

- One – 1 ½" x 41" strip
- Nine – 2 ⅜" squares A
- Nine – 2 ⅞" squares B
- Nine – 3 ¾" squares C
- Nine – 4 ⅞" squares D
- Nine – 6 ½" squares E
- Nine – 7" squares F



#### Light cats/dogs:

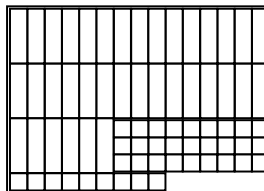
- One – 1 ½" x 41" strip
- Nine – 2 ⅜" squares A
- Nine – 2 ⅞" squares B
- Nine – 3 ¾" squares C
- Nine – 4 ⅞" squares D
- Nine – 6 ½" squares E



- Nine – 7" squares F

#### Background:

- Thirty-six – 2 ¾" x 9" rectangles
- Thirty-six – 2 ¾" squares



**Fat quarter cutting:** From each of nine **Light** fat quarters and nine **Dark** fat quarters (18 fat quarters total) cut:

From each of nine **Light** fat quarters and nine **Dark** fat quarters (18 fat quarters total) cut:

- Two – 1 ½" squares
- One – 2 ⅜" square A
- One – 2 ⅞" square B
- One – 3 ¾" square C
- One – 4 ⅞" square D
- One – 6 ½" square E
- One – 7" square F
- Two – face/head appliqués  
(opt. do not cut at this time!)

