

REFLECTIONS

Supply list (2 pages)

Instructor: Helene Knott 503-631-8806 Email: helene.m.knott@gmail.com

Website: www.heleneknott.com

This design incorporates both appliqué and strip piecing. You may choose fused or raw edged machine appliqué to render the appliqué part of the design; if you prefer to appliqué by hand bring whatever supplies and tools needed for your favorite method of hand appliqué. It's best to choose a method you are comfortable with or that falls within your abilities. You must also be comfortable with a rotary cutter and able to sew accurate ¼" seams. Strip piecing the reflection is the most difficult part of the quilt construction and there are a couple of different methods of doing this that will be presented in class.

If you choose raw edged machine appliqué, you will need your sewing machine at the first session; those working with fused (or hand) appliqué need not bring machines until the second session. Bring all the fabrics you need for the upper half of the landscape to the first class, you may wish to have a few alternate choices for various elements in the upper landscape; you won't need the reflection fabrics until the second session.

Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-631-8806 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.
Thank you, Helene

TOOLS/MATERIALS:

Fabric: There are only 6 different fabrics used in the upper appliqué part of the landscape but the reflection is more effective if you use a greater variety. Keep in mind that the fabrics for the reflections should mirror the colors in the positive image, so choose your appliqué fabrics first, and then match your reflection fabrics to them. For a free downloadable landscape fabric selection guide, go to my website <https://heleneknott.com/pdf/01.pdf> look for the fabric guide under 'workshops & classes'. The yardage given is for the landscape and water only; fabric for borders is left up to the student. NOTE: If you plan to fuse the appliqué make sure you pre-wash the fabric as the sizing in new fabric can interfere with the adhesive.

For the appliqué upper part of the design:

- SKY – 2/3 yard (see NOTE*)
- MOUNTAIN - ½ yard
- SNOW – ½ yard (complex version) or a fat quarter (simplified version)
- TREES 'A' (farthest shore) - 1/3 yard
- TREES 'B' (foreground) - fat-quarter
- BACKGROUND FOOTHILL – fat quarter

***NOTE:** some fabrics may have a definite directional texture to them. If so, pay attention to whether the texture runs crosswise (from selvage-to-selvage) or lengthwise (parallel to selvage). If the texture/print design is running lengthwise, you will need 1 yard to have enough fabric.

For the strip pieced reflection: you will need a variety of fabrics similar to the colors and textures of your landscape. Though you can use a strip here and there of the fabrics used in the appliqué, for the most part the reflection will be more effective if the patterns or prints have a blurred look to them; ¼ yard pieces should be more than enough. Whether you buy fat quarters or selvage-to-selvage yardage will depend on what part of the water you are selecting for. Many of the strips are broken down into segments but using an occasional continuous strip gives the reflection a nice effect. For the best effect, have a variety of colors and textures for your reflection. Pick reflection fabrics that look like streaky or distorted (see note*) versions of those you chose for the appliqué.

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- TREES 'A' REFLECTION – at least 3 fabrics
- TREES 'B' REFLECTION – at least 3 fabrics
- MOUNTAIN REFLECTION – 2-3 fabrics
- SNOW REFLECTION – 2-3 fabrics
- SKY REFLECTION – at least 3 fabrics

***NOTE:** some fabrics may have a definite directional texture to them. If so, pay attention to whether the texture runs crosswise (from selvage-to-selvage) or lengthwise (parallel to selvage). If the texture is running lengthwise, buy a fat quarter.

- **Fusible Web:** 'Heat n' Bond Lite', 'Steam a Seam Lite' (or a similar product) fusible web: A product that has one layer of paper is recommended however any fusible product that utilizes a paper base may be used. Avoid products that are simply the adhesive web without a paper base as they will be harder to mark, cut and position accurately. Remember to bring the instructions, fusing procedures vary between products. You will need about 2 yards. Make sure the fusible product is fresh or has been sealed airtight, these adhesives do not age gracefully and may fail to bond if old and dried out.
- **Freezer paper (optional):** This will be used to make templates raw edged machine appliqué techniques. You will need several yards (available at supermarkets and some quilt shops).
- **Light box:** This will be necessary if you are using fusible web as you need to trace the pattern in reverse.
- **Scissors:** You will need both fabric shears and small-jawed embroidery scissors such as the 'stork' type (these are absolutely crucial) If you plan to use paper templates, you will also need paper scissors.
- **Post It™ paper tape (optional*):** Available at some office supply stores. Made by 3M with the same adhesive as Post-it Notes allowing you to peel it up and reposition it (you will find it with the White-out products, not the tape). Optional but useful to help you focus on the particular strip you are working on.
- **Sewing Pins**
- **Rotary cutter, mat and ruler:** A 24" ruler is best as you will be cutting strips selvage to selvage and they must be cut straight and accurate. Make sure your mat is large enough to accommodate such cuts as well.
- **Flannel:** A piece 45" wide, large enough to serve as a design wall (absolutely necessary).
- **Sewing machine and standard accessories:** If you want to do machine appliqué, make sure your machine has the appropriate feet for the chosen method: zigzag, blind hem or free motion (useful for raw edged appliqué).
- **Thread:** 100% cotton thread in colors to match your fabric choices.
- **Patterns:** There will be a cost of \$18 per pattern, payable to the instructor at the first class.

