

Beginning Needle-turn Hand Applique

Supply list – 2 pages (revised 4/17/23)

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Needle turn appliqué yields the smoothest curves and provides the finesse to create the fine details. This class will help you master this relaxing approach to hand appliqué. Hand appliqué also you to take your sewing projects outside to the garden, the park or anywhere you wish. The class project – Quail Hollow – is provided with the class and will provide the opportunity to master the four elements of appliqué: convex and concave curves and points and valleys; alternatively, you can bring an appliqué pattern of your own choice with the appropriate fabrics or purchase Helene's American Heartwood pattern published by Story Quilts Inc. **NOTE: Some of the supplies below are listed as optional, all others are necessary for the class.**



Quail Hollow Design

Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-631-8806 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.
Thank you, Helene

TOOLS/MATERIALS:

- **Fabric:** Colors can be your own choice but please keep contrast in mind when selecting them, refer to class sample for ideas. Fat Quarters will be sufficient though I have provided minimum measurements for some appliqué pieces for you scrap savers. **The fabrics listed are for the center panel only.** You will need fabrics for the following:
Background: A 14" square. Please precut this piece before coming to class.
Tree Trunk: 6" x 12"
Heart: 3" square
Quail: You will need 5" squares of four fabrics.
Leaves: 11" x 18" (half a fat quarter)
Berries: 10" square
- **Alternative Fabrics:** Refer to the fabric requirements on your pattern if you opt to bring your own pattern or contact the instructor if you are interested in the American Heartwood pattern.
- **Mechanical and white quilters' pencils:** To mark your appliqué pieces. Graphite for light fabrics, white for dark.
- **Freezer paper:** Available in supermarkets on a roll or in 8 ½" x 11" sheets at some quilt shops, you will need one sheet or 12" from a roll.
- **Appliqué Needles:** Sharps, milliners' or straw needles, size (I prefer size 10).
- **Needle Threader (Optional):** If you need one, Clover makes a dandy one that can thread a needle even in the dark!
- **Thread:** In colors to match your appliqué fabrics, 100 wt. silk thread is recommended but 100% (50-60 wt.) cotton will do. Do not use polyester, cotton covered polyester or rayon.

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- **Pins:** Appliqué or other fine thin pins. Clover appliqué pins are best but any pins 1” long or shorter will do. **Standard quilting pins are too long and will only get in the way.**
- **Template plastic:** 8 ½” x 11” sheet, make sure you buy the heat resistant Mylar kind.
- **Perfect Circles™ (optional):** The ‘Perfect Circles’ tool made by Karen Kay Buckley is a collection of small heat resistant plastic circles in a variety of sizes that make the berries a breeze to make (buy the small set, berries are about 1” in diameter)
- **Scissors:** Fine jawed embroidery scissors are crucial to cut the fine appliqué details. You will also need utility scissors for your freezer paper and plastic templates.
- **Black Sharpie® brand marking pen:** Use a Sharpie® brand black fine-tip marker, it will mark on plastic without smearing
- **One clear sheet protector (optional):** Available at office supply stores, this will be used as a positioning overlay guide.
- **Plain envelope:** For storing your templates.
- **Seam ripper**
- **Sheet of #400-grit sandpaper (optional):** This is handy for stabilizing fabric while you mark your appliqué pieces. Do not buy anything coarser than #400-grit.
- **Wooden toothpick (optional):** But many quilters find them useful for the needle turn method.
- **Optional American Heartwood Pattern:** Contact instructor if you are interested in this option.



American Heartwood Pattern