

Weekly Newsletter

Good News!

Science-Proven Ways to Stick to Your New Year's Goals



From **Good News Network**: "It's a New Year again and many people have set resolutions as a fresh start to the New Year...but sometimes we need help sticking with it."

"Scientific research has shown what works best for achieving your goals. For example, did you know that you are more likely to reach a goal if you partner up with someone else? In one study, couples that were part of a 12-month fitness program had a drop out rate of 6% compared to a whopping 43% for people trying to stick to the program on their own."

Check out this [info-graphic](#) for a quick perusal of helpful strategies for success.

[Read More](#)

Whatever your 2023 sewing, quilting, and embroidery goals are, we're here to help you achieve them.

Announcements

Pre-Owned Opportunities to Assist your Quilting

Q-Zone Quilting-Frame

Donna G. is selling her never used Q-Zone Quilting-Frame since she has upgraded to a long arm. This domestic machine-quilting frame easily manages fabric like a simple hoop. With its small space-saving size you can set it up in any room and still quilt even the largest projects!

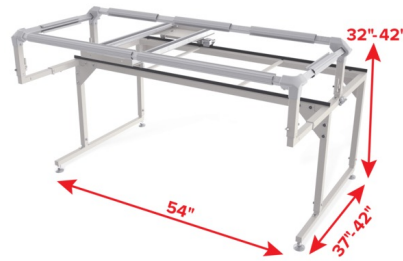
Features:

- Works with any sewing/quilting machine with up to a 19" throat
- Work sitting or standing
- Space-saving size
- Quilt queen, king, or larger quilts

\$750

Includes stitch regulator
\$2299 current retail value

Interested? Contact Donna at
gober621@comcast.net



Janome Quilt Maker Pro 16

Carol M. and her husband are downsizing, which sadly requires the sale of her gently used mid-arm quilter. Includes 5' frame with roller bar upgrade and many extra accessories. It does not have robotics, but it is upgradeable. List price over \$7500. Will sell for \$5,000.

[Click here for detailed information and to contact seller.](#)

[See Brochure Here](#)



Sorry, warranty is non-transferable. SCSF will provide a basic operations class.

January's Featured Machines

Travel Mate 30



The Janome Travel Mate 30 computerized sewing machine will have you confidently sewing in no time! This user-friendly machine comes complete with 30 built-in stitches, a jam-proof top drop-in bobbin and easy to read LCD display.

By the screen, you'll find great convenience buttons including a locking stitch button, easy reverse button, and needle up/down button. Plus, you can easily control your

[Learn More](#)

sewing speed by using the speed slider. The machine weighs just 11 pounds, making it easily portable.



[Learn More](#)

The Travel Mate 16

The Travel Mate 16 sewing machine is mechanical sewing at its finest. It's easy to use and includes every feature you would need for basic sewing or sewing on-the-go, including a needle threader. Any quilter will appreciate a drop feed and extra high presser foot lift, while a sewist will be pleased with 16 stitches plus buttonhole. Whether you are sewing light projects at home, or taking the machine to your classes and guild meetings, you'll find everything you want!

Featured Products



Kimberly Einmo's Sashiko-Inspired Design Kit



Kit Includes:

- 4 Spools - Sulky Invisible Monofilament Thread 440yd
- 12 Spools- 60 weight cotton thread
- Titanium needles Assortment 75-90 (5 needles)
- Red tip needle (5 needles)
- OESD Ultra Clean and Tear Tearaway Stabilizer 20" x 10 yd.
- Flashdrive preloaded with Designs

Love the look of Sashiko stitching but not interested in doing it all by hand?

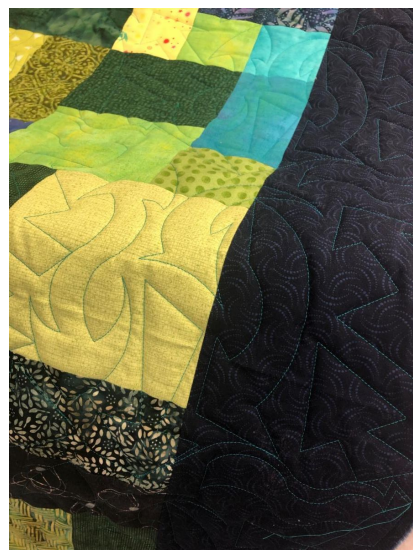
Janome National Spokesperson Kimberly Einmo felt the same way! She, in collaboration with digitizer Katie Bartz, took these traditional Japanese motifs and updated them for a

modern, sophisticated look. This collection includes .JEF, .DST, .EXP, .PES, .VIP, and .VP3 embroidery files as well as printable templates to follow using the stitches on your sewing machine. A total of 40 designs, that work well for a variety of projects!

[Learn More & Buy](#)

What Our Customers Are Up To

- Deb T finished this king-sized quilt for her bed. We think it's absolutely magnificent!
- Sharon K just finished quilting a quilt for her grand-nephew, and it turned out so fun.



Now, we'd like to see what you're up to, and share it to help inspire others—whether it's a project, a great book you're reading, pictures from a recent vacation, or really great recipe.

Send photos by replying to this email, or sending directly to:
info@sewingcenterofsantafe.com

Classes



Mentored Sew

Monday, January 23, 2pm to 4pm
and every other Monday

Get a little help with a tricky project or
finishing a SCSF class project!

You **MUST** call in advance to discuss your
project with the mentor.

[Class Fee: \\$25](#)

Class is limited to 3 students.

CLASS CANCELLATION POLICY: You must cancel 48 hours or more before the start time of your class for a full refund. Classes cancelled after 48 hours cannot be refunded.

[Visit Our Class Page](#)

Local Fun



Garcia Street Books x Bishop's Lodge

1/14/2023, 1/21/2023, 1/28/2023

4:00 PM to 5:00 PM

Free

SkyFire at Bishop's Lodge, Auberge Resorts Collection

1297 Bishops Lodge Road Santa Fe, NM 87506

"Join us in the new year as we focus on the art of storytelling in writing combined with the mediums of writing, photography, life work, personal history, nature and science. Bishop's Lodge has partnered with our favorite book shop, Garcia Street Books, on a month of artful literature. On each Saturday in January, Garcia Street Books has curated authors for intimate gatherings and readings with the author."

AUTHORS

JANUARY 14, 2023: MORTAL HIGHWAY | **JUDITH HIDDEN LANIUS**

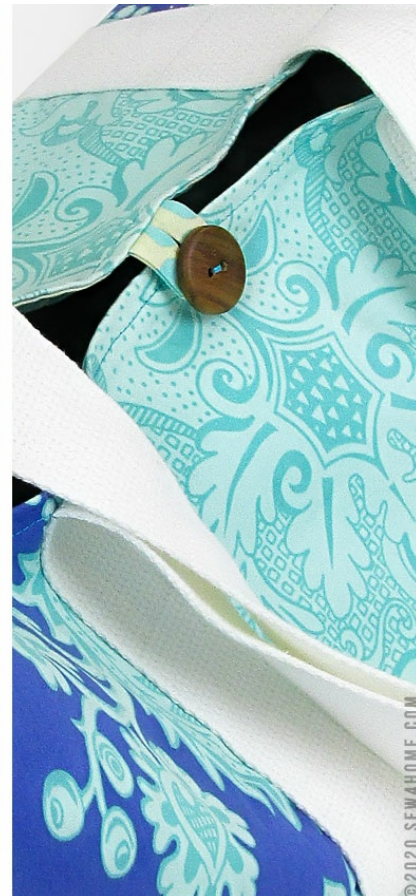
JANUARY 21, 2023: RUNNING OUT | **LUKE BESSIRE**

JANUARY 28, 2023: FLYING LEAD CHANGE | **KELLY WENDORF**

[Learn More About the Books](#)

Inspiration

Yoga Mat Shoulder Tote **by Sew4Home**



Sew4Home advises "You can't sit and sew home décor projects all day long. Sometimes you need an exercise break ... but not a break from style. We paired a décor weight exterior with a standard weight cotton lining, both in vibrant colors and prints. Then we calmly meditated on the easiest instructions with the most stylish details. The result guarantees good karma for all who tote this tote to class."

[Get the Instructions](#)

[Visit Our Website](#)

Safe Shopping at Sewing Center of Santa Fe

We remain diligent about keeping you and our staff healthy. Please stay home if you're not feeling well. Curbside service is always available.

STORE HOURS:

Mon - Sat 10 - 4
Closed Sun
505-424-3242

Sewing Center of Santa Fe | 3014 Cielo Ct. Suite A, Santa Fe, NM 87507

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