

Weekly Newsletter

Good News!

The "Sioux Chef" Brings Indigenous Food Back to the Forefront of American Diets



"Lakota Chef Sean Sherman, known as 'The Sioux Chef,' is on a mission to revive the pre-Reservation cuisine of [Native American] tribes—food that's largely gone missing from the American diet . . .

He also sees this cuisine as much healthier than the typical American diet. Frybread has 700 calories and 25 grams of fat, one of the many reasons that modern Native Americans struggle with diabetes and obesity. Traditional Native American cooking, on the other hand, is 'dairy-free, gluten-free, soy-free, sugar-free—super diet-friendly,' Sherman says."

If you're tired of Thanksgiving turkey, why not try an indigenous twist on your Holiday meal. YouTube Video link below.

[How to Make Cedar Braised Bison](#)

[Read the Full Article Here](#)

Announcements

Come Join Us for Our First Holiday Kickoff of the Season

When: Saturday, November 27, 11:00am to 2:00pm

We'll be doing Make & Takes and Treat Bags, and Door Prize Drawings. Watch your email for more details early next week.



Can't make it? Don't fret. We'll be having another on December 11.

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NOV. 23 — NOV. 30, 2021

0% FINANCING* **60 MONTHS**

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*SUBJECT TO CREDIT APPROVAL. 60 EQUAL MONTHLY PAYMENTS REQUIRED. SEE STORE FOR DETAILS.

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Featured Products

Clappers Large & Small



Made in the USA of Oak wood. Used with steam from your iron, press the area with the clapper and hold for just a few seconds, it will leave a nice crisp seam.

Large: Width is 3in tapered down to 2.5in, and is 1.5in thick, Length is 11.5in

Small: Width is 1.75in tapered down to 1.25in, Length is 7.75in

[See Other Pressing Aids](#)

What Our Customers Are Up To

Janine Keay wrote to tell us what she's up to . Since she moved here last September she's

been busy participating in a modern retro (she thinks that was the name) summer sampler and is in the process of sashing it to make them into a queen sized quilt. We love your colors, Janine!

In addition, she indulged her nostalgia for the 17-year cicadas, with an English paper-pieced cicada pattern,



Thanks for sharing with us!

Now, we'd like to see what *you're* up to, and share it to help inspire others—whether it's a project, a great book you're reading, pictures from a recent vacation, or really great recipe.

Send photos by replying to this email, or sending directly to:
info@sewingcenterofsantafe.com

Classes

Learn-to-Sew: Seams

Saturday, December 4
1:00pm - 4:00pm

In this class we will learn several different types of seams. We'll discuss which to use when, how to stitch them, and use a few of them to sew the bathrobe we cut out in the LTS Pattern Layout class.

Class Fee: \$25
Pattern: \$16



Prerequisites: Learn-to-Sew: Basics and Learn-to-Sew: Pattern Layout or equivalent experience

Skill Level: Beginner

[Visit Our Class Page](#)

Local Fun



Taos Folk The Famous Pop-up

Dates: November 19 - December 23, 2021, 11:00am - 5:00pm daily; Friday December 24, 11:00am - 2:00pm

Price: Free

Location: 133 Paseo Del Pueblo Norte, Taos

With over 50 artists you're sure to find the perfect one-of-a-kind gift for everyone on your list.

[Learn More & Check Out This Year's Artists](#)

Inspiration



You've heard the saying, "When life gives you lemons, make lemonade," but not many of us would think, "When life gives you oranges, spin it into clothes." But that's exactly what the Italian company [Orange Fiber](#) does with the orange waste from the juice industry.

Now you may be wondering how this is supposed to be inspiration, but it's a pretty amazing example of out-of-the-box thinking. What do you have that could take your craft to a whole new level? Or alternately, what is something you are always trying to get rid of and how could you use it to your advantage?

[Read More About Other Food-Based Fashion](#)

[Visit Our Website](#)

Safe Shopping at Sewing Center of Santa Fe

We remain diligent about keeping you and our staff healthy. Please stay home if you're not feeling well. Curbside service is always available.

Proper fitting masks are a MUST!

STORE HOURS:

Mon - Sat 10 - 4
Closed Sun