



## Knit Mask Tutorial



### **Supplies:**

- ½ Yard of lightweight knit fabric
- 4 Spools of serger thread
- 8 Thread Baby Lock Serger/ or Cover Stitch machine and a 4 Thread serger
- Clear foot for serger (optional)
- Sewing Machine
- Cutting Mat
- Rotary Cutter
- Ruler/Tape Measure
- Frixion or chalk marker
- Sharp scissors
- Wonder Clips
- 15mm Knit Woven Bias Binder

### **Cutting:**

Lay out fabric, folded as it comes off of the bolt, with fold on one edge, selvages on the other edge.

Cut 1 7/8" wide by width of fabric strips, one for each mask. Knit is usually 58" wide so your strip will be that long.

Cut two mask body pieces for each mask. Template is included at the end of this tutorial. If your knit stretches more one way than the other, cut the mask bodies so that the long side is the stretchiest side.

TIP: Cut multiple masks and stitch assembly line fashion. Finish all the 3 thread serging, then change over the machine and stitch all the 8 thread serging.

### **Three Thread Narrow Serging:**

Set up serger for 3 thread narrow.

Knife engaged

Stitch Width - M

Stitch Length – 2.5 – 3.5

Adjust the pressure dial on the left side of the machine to heaviest pressure.

On both mask body pieces mark the curved edge in fourths.

On each piece begin serging the edge with the Differential feed on N. When you get to the first mark, set the Differential feed to 2 (gather). When you reach the third mark set the Differential feed back to N and stitch to the end.

TIP: Test this with a scrap of your mask fabric first to be sure you get a good straight edge and a good gather in the center. Don't tug or pull on the mask body as it gathers. This will reduce the gathering. When finished with this step you should have two mask pieces that look like this:

Place wrong sides of the mask body pieces together and secure with Wonder Clips along the curved edges.

### **Attaching the Binding/Straps with Cover Stitch Wide:**

Set up serger for Cover Stitch Wide.

Set the Pressure Dial on the left side of the machine to the lightest pressure.

Attach the 15mm Knit Woven Binder

Cut a point on the end of the 1 7/8" wide knit strip. Insert the pointed end of the strip in the binder. Knit strips should be placed into the binder with WRONG side facing you. Weave strip through the spiral metal piece and use your red handled screw driver (or a stylus) to guide the strip through binder and poke the strip in the mouth of the binder and under the foot. Be sure needles are in the UP position.

Pull the strip all the way through, under and behind the needles.

Test stitch with the binder and adjust to be sure the stitching is centered on the folded/finished strip and the stitching on the back of the strap/binding looks correct.

**BIG TIP\*\*\*** In this next step be sure to keep an eye on the mask body as it feeds into the binder AND watch the strip as it feeds into the binder. You may need to support the strip with your right hand to make sure it feeds smoothly and doesn't drag or catch.

Begin feeding one short side of the mask ends into the mouth of the binder.(They are wrong sides together and you are feeding both layers). Feed the mask body pieces into the mouth of the binder so that the edge of the mask body pieces just "kiss" the inside of the binding as it begins to fold around the mask body edge. As the short side emerges behind the foot, cut the binding. Repeat with the other short side. Trim ends of the binding flush with the mask. These raw edges will be enclosed in the next step.

**BIG TIP: BE SURE THE MASK IS ALWAYS RIGHT SIDE UP - AT ALL TIMES WHEN ATTACHING THE BINDING.**

Now - Stitch a 4" length of just binding. (Measure from the needles to the end of the strip behind the needles) Stop. Insert one long curved edge of the mask (both pieces, wrong sides together) into the mouth of the binder. Be sure the mask is right side up. Remove Wonder Clips as you go. Stitch across one curved edge of the mask body, attaching the binding as you go. Stitch off of the mask and continue stitching a 4.5" to 5" length of strap. Measure from the edge of the mask body to the needles. Stop. Insert the other curved edge into the mouth of the binder. (This will create one ear loop)

Stitch, attaching the binding on to the second curved edge. At the end, continue stitching a 4" length of binding. Now cut/clip the binding and remove from serger.

Trim the two loose ends of the strap to 3" each. Place raw ends together (flat with ends butted up to each other) and use a sewing machine to zig zag them together. Zig zag back and forth at least 3 times.

Done!!

*If you would like to create a filter pocket just cut the lining piece  $\frac{3}{4}$ " shorter on one end. No need to finish it, as knit will not ravel. Layer the front and back wrong sides together and complete mask as above. The short end of the lining piece will not be caught in the binding at that end creating an opening to slide in a filter.*

**The Cotton Blossom Fabric Shoppe** is a full line Baby Lock Dealer located in Ridgeland, MS. Stop by and see our beautiful show room with over 4000 bolts of fabric and notions! Find all products used in this video at:

[www.cottonblossomfarm.com](http://www.cottonblossomfarm.com)

The Cotton Blossom Fabric Shoppe

670 Hwy 51

Ridgeland, MS 39157