

Block #4

** Before we get started with the block instructions, I wanted to share a few of the items that I use to get better pieced blocks.



I have found that starching fabrics before cutting helps to be more accurate.



I use this when pressing seams open and when my blocks are finished. It really does make them flatter!!



A wool ironing pad, a steam stick and a wool covered steam stick also help with getting flat seams, especially when pressing the seams open.

1. Now, here we go with Block #4. Cut fabric as directed below.



Main Fabric

Cut - 1 - 4 1/2" square

Cut - 4 - 3 3/8" squares

Coordinating/Contrast Fabric

Cut - 4 - 3 1/2" squares, then cut in half diagonally once to yield 8 triangles

Cut - 4 - 2 1/2" squares

Cut - 1 - 6" square

Background Fabric

Cut - 4 - 2 1/2" squares

Cut - 4 - 3 1/2" squares, then cut in half diagonally once to yield 8 triangles.

Cut - 1 - 6" square

2. Square in a Square Units will be first. Gather the four $3\frac{3}{8}$ " squares from the main fabric and both sets of eight triangles. Stitch one coordinating triangle and one background triangle to opposite sides of the square. Just basically center them and sew with the square on top for better visibility. Press away from the center.

Stitch

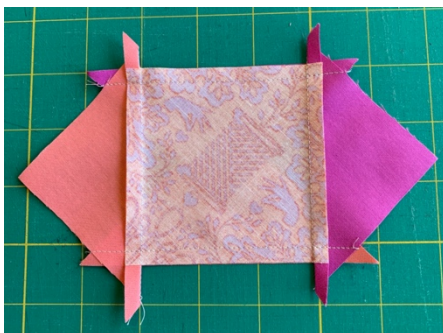


Press



3. Repeat this process with the remaining two triangles.

Stitch

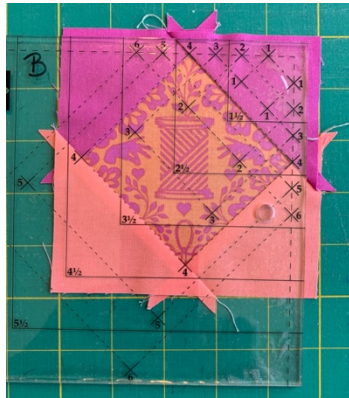


Press

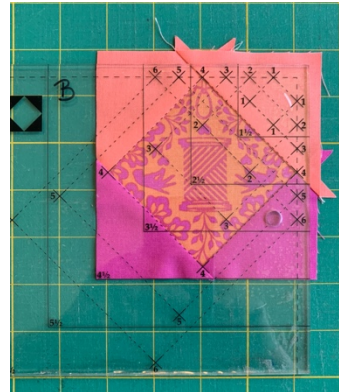


4. Trim the four blocks to $4\frac{1}{2}$ " taking care to make sure the points of the inside square are $\frac{1}{4}$ " from the outside edge. I used the Square Squared Tool from Studio 180 to make perfect squares, but you can use whatever you have.

First Trim

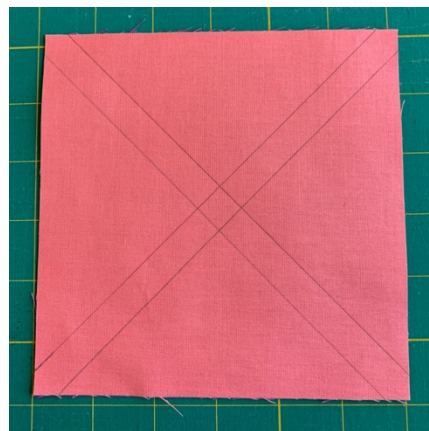


Second Trim



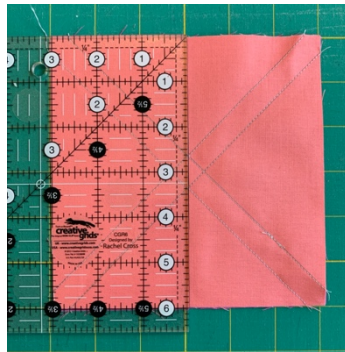
5. Now we will make the corner units. Gather the two 6" squares. Mark two diagonal lines $\frac{1}{4}$ " from both sides of the diagonal. Do this in BOTH directions. Stitch on, or just inside, all of the marked lines.

Mark, then Stitch

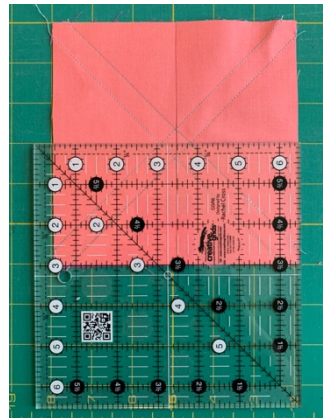


6. Cut the large square into eight sections starting with the VERTICAL and HORIZONTAL cuts first!! Measure in 3" from the sides. Do not move the square.

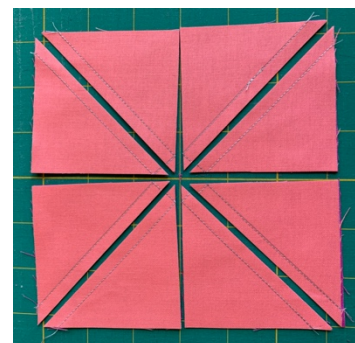
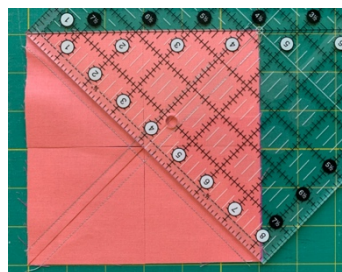
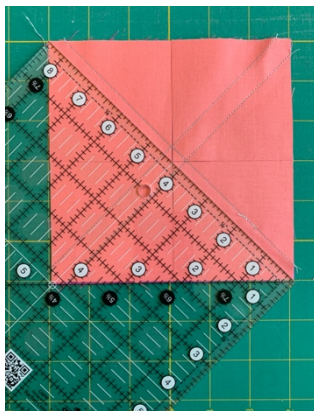
Vertical Cut



Horizontal Cut

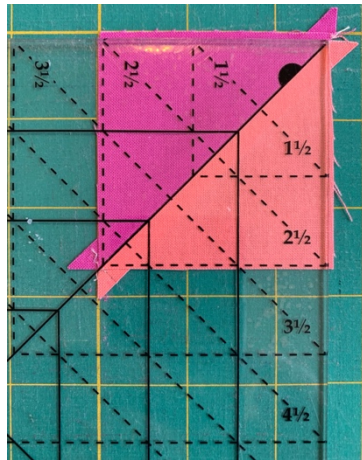


7. Now cut between all diagonal lines, again, not moving the square. Press all seams open.



8. Trim each half-square triangle to 2 1/2".

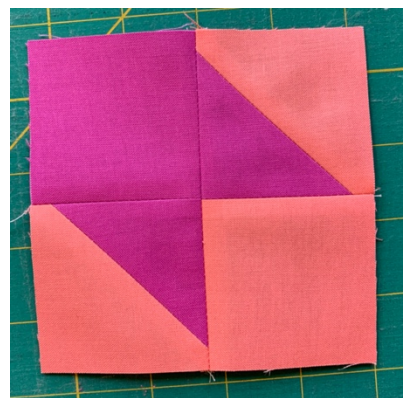
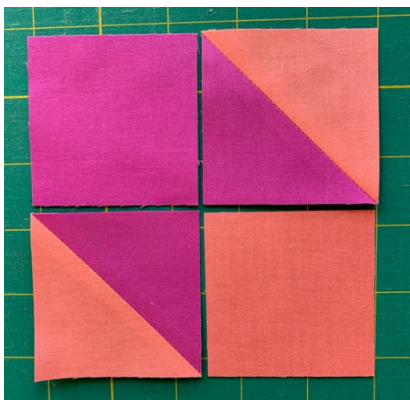
First Trim



Second Trim



8. Assemble Corner unit as shown. Press all seams open.



9. Assemble block as shown. Pressing all seams open. It should measure 12 1/2".

Love in the Mist

