

# Strip Twist Block

By Cuppa Tea Quilting

This is a super easy block that will look fabulous for March in Greens and Whites!

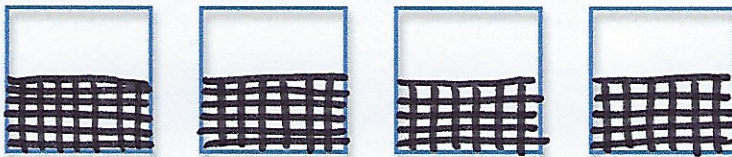
**Fabric:** Two strips of 3" x 22" fabric, one green and one white

**Process:**

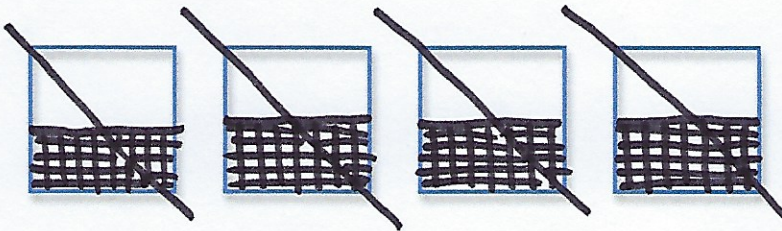
- Sew these strips together and press to the dark side. Your strip will now measure 5 1/2" wide.
- Cut into 5 1/2" squares. You will need four squares.
- Now cut each square in half on the DIAGONOL. You will have eight triangles.
- Arrange these according to the drawing below.
- Sew two sides together, then sew the two halves together to form a square.
- Trim your block to be 7" square.



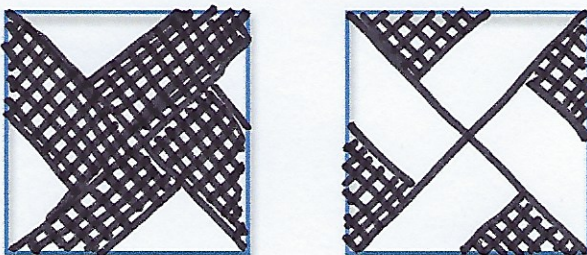
3" strips.



Cut into 5 1/2" squares.



Cut each square diagonally.



Arrange according to fabric, sew together.

Trim to 7" square.