

Aiming For Your Heart

A scrap friendly wall hanging
Approximately 17 x 18 inches
Karen Womack, Instructor



Techniques - piecing and fusible applique

You will learn - half chevron and flying geese units, stitch in the ditch quilting

Supplies needed:

1 yard background fabric and backing

½ yard fusible fleece

Scraps or 5 inch squares for

-hearts, red and pink

-feather, dark print

Strips at least 1 inch wide by 14 inch in length:

-black or brown for arrows

-assorted colors for feathers