

LESSON 4- TERRY CLOTH TOWELS

Whether decorating your own home or gifting this incredibly simple project, Terry Cloth towels teach us many important embroidery skills while making our homes look stylish.



Supplies

Machine Accessories

- BERNINA Embroidery Machine
- BERNINA Embroidery Module
- Slide-on Table
- High Thread Tension Bobbin Case (optional)
- Straight/Cutwork Stitch Plate
- BERNINA Foot Control
- Bobbins

Presser Feet

- Embroidery Foot #26

Embroidery Hoop(s)

- Medium Magnetic Hoop
- Template for Medium Magnetic Hoop

Fabric/Materials

- (1) Terry Cloth Hand Towel

Stabilizers

- OESD Ultra Clean and Tear Fusible
- OESD StitcH20 WashAway

Additional Supplies

- 75/11 Embroidery Needle
 - For heavyweight towels, a 90/14 embroidery needle may be needed
- USB with Embroidery Design
- Printed template or printer paper to create your own
- Water-soluble Marker
- Ruler
- Embroidery Thread
- Angled Tweezers
- Marking tool
- Stiletto or Finger Press

Machine Set Up

- Attach Straight/Cutwork Stitch Plate
- Attach Embroidery Foot #26
- Install 75/11 Embroidery Needle
- Wind Bobbin with embroidery thread to match needle thread
- Install Bobbin in machine



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- Thread needle with embroidery thread
- Attach the Embroidery Module
- Attach the Slide-on Table
- Insert USB with design into the machine
 - This design is already built into many BERNINA Embroidery Machines. In the B 990 this design can be found in Embroidery Designs>Monograms>12863-28

Prepare Fabric & Stabilizer

For best results, wash, dry and press the towel before embroidering.

Cutting Instructions

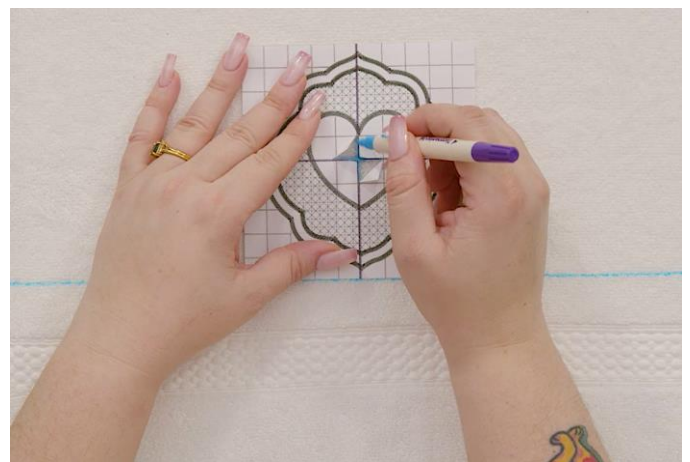
- OESD Ultra Clean and Tear Fusible
 - 11" x 16"
- OESD StitchH20 WashAway
 - 8" x 12"
- Print your design template with software and cut down to the size of the design.
 - Alternatively, if you do not yet have BERNINA software, you can make your own template by cutting printer paper to 4.75" x 4.5". Then mark the center length and width.
- Using a rotary cutter, cut the center crosshair about 1/2" - 1". Fold back opposite corners.



- Turn the towel over, wrong side up. Place the Ultra Clean and Tear Fusible and iron to the back of the towel, ensuring the whole area to be hooped is covered.
- On the right side of the towel, mark the towel 1" up from any decorative banding or 4" from the bottom of the towel, being sure to mark the whole width of the towel.
- On the right side of the towel, mark the center width of the towel along the first line. The center marking only needs to be 1/4" or so.



- Align the paper template so it is centered and placed on the marked line.
- Mark the center crosshair and remove the template.



- Place the magnetic hoop template in place so the center crosshair aligns with the



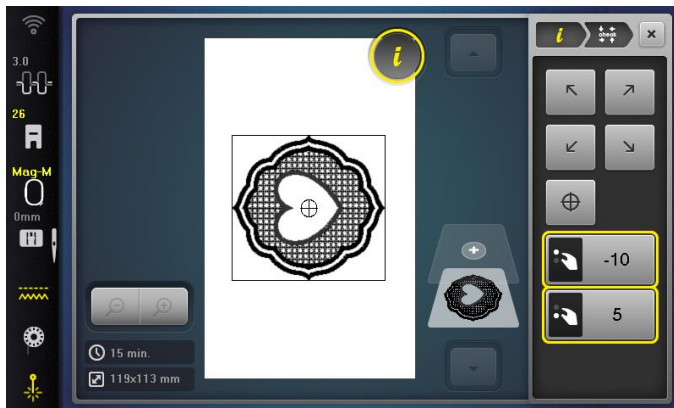
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marked crosshair. Hoop with the magnetic hoop.

- Remove the hoop template once the towel is hooped.

Embroider the Design

- Open the Embroidery screen
- Open the USB Folder and select the Knock-down Heart design
- In the Edit Menu or Information Icon select Rotate and rotate the design 270 degrees.
- Turn on the Pinpoint laser if your machine has this feature.
- Open Check and tap the Design Center icon. Use the Multi-Function Knobs to center the needle or Pinpoint Laser.



- Close the Edit Menu.
- Select Stitchout and turn on basting.

Stitchout Summary Selections for B 990

- Quilt Settings: Off
- Basting: Around Design
- Distance from edge of design: 1/2"
- Thread Away: On
- Thread Cutting: On Jump Stitch
- Thread Cut Length: 1mm
- Presser Foot: #26
- Color: Single Color

- Fabric Thickness: 4mm
- Slide the StitcH20 under the foot, textured side up, and ensure it covers the marked center of the towel.
- Turn the machine speed down and use a stiletto or tweezers to hold the topper in place. Use the Foot Control to sew the basting box. Stop stitching as necessary to adjust the topper. Finish stitching out the full basting box.

Reminder: Never put your fingers in the hoop or on the project while the machine is stitching. Only use Tweezers or a stiletto to hold the topper in place.

- Select Single Color, to stitch the design in one color.
- Turn the machine to full speed and start the stitchout.
- When finished, remove the hoop from the machine. Turn the hoop over and snip the basting box
- Support the stitches while you remove the topper from the design.
- Turn the towel over and repeat for the backing stabilizer. You may need to use an iron to heat the stabilizer for easy removal
- Wash or rinse thoroughly before using or gifting.
- Finished!

