

# How to make a *Face Mask*

PLEASE NOTE: IF you have NOT prewashed your fabric, be sure to cut your masks to 7.25" x 10" to allow for shrinkage after washing mask.

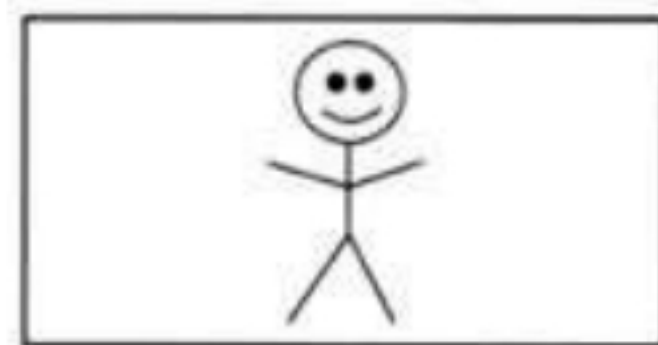
You will need a cotton fabric, a pretty print is best  
Cotton flannel for the backing  
Rope elastic; beading cord elastic will work (You may also use 1/8" flat elastic)  
Cut the elastic 7" long and tie a knot at each end (DO NOT knot the ends of the flat)

You can make 2 sizes: Adult and Child

1. Put right sides of cotton fabric together  
Cut 9x6 (Adult) or 7.5x5 (Child).
2. Starting at the center of bottom edge sew to the first corner, stop. Sew the elastic with the knot out into the corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of that same elastic to the corner and sew a few stitches forward and back.
4. Now sew across that top of the mask to the next corner. Again put an elastic with the knot out.
5. Sew to next corner and sew in the other end of the same elastic.
6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
7. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
8. Sew around the edge of the mask twice.

It is so easy to make this.

Be sure any fabric design is placed horizontally.



RIGHT



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