

How to make a fabric face mask

You will need:

- All fabric should be prewashed prior to starting project
- Cotton fabric (outer fabric & binding/ties)
- Cotton flannel for backing (next to face)
- You can make 2 sizes Adult & Child

Mask:

1. Put right sides of flannel and cotton fabric together
2. Cut 10" x 7.25" (Adult) or 7.5" x 5" (Child)
3. Starting at the center of the bottom edge sew to the first corner, stop.
 - a. **WITH ELASTIC:**
 - i. If you have elastic this is where you will sew the elastic with a little bit of elastic (or knot if using rope elastic) sticking out of the corner. Backstitch here a few times to hold elastic in place.
 - ii. Sew to the next corner, stop, and bring the other end of the same elastic to the corner backstitching several times to hold in place. Then continue on to the other side and repeat same process, stopping about 1.5" away from starting point.
 - b. **WITH OUT ELASTIC:**
 - i. If not using elastic keep sewing around all 4 corners stopping 1.5" away from starting point.
4. Turn mask right side out
5. Pin 3 tucks on both sides of the mask making sure they are facing the same direction.
6. Topstitch around the edge of the mask twice

For more details on making the mask please refer to our free mask pattern out on our website:

<https://www.itssewtempting.com/free-patterns.htm>

Ties

1. Cut 2 strips 1.5" x 36"
2. Tri – fold and iron each strip like you would when making bias tape
3. Find the center of your strip lengthwise and finger press it to mark the center of the strip
4. Lay the strip right side down on your work surface.
5. Lay the mask right side up (fabric side), on your strip, matching the center of the short side of the mask to the center of your folded strip lengthwise, and the center of your folded strip width wise.
6. Fold the strip in ½ lengthwise covering the edge of the short side of the mask.
 - a. Pin in place, and sew from one end of the folded strip to the other, going along the mask edge. creating the tie.
 - b. Sew this twice to secure it firmly to the mask.
7. Repeat on the other side

Your mask is finished!

For more details on making these ties, please visit Penguin & Fish's face mask tutorial and watch starting at 18:44

<https://youtu.be/NA41A5dBi70>

This pattern pieced together courtesy of The Turban Project free mask pattern and Penguin & Fish's face mask tutorial on YouTube