

Renewed Traditions

"for The Long Winter"

Fabric and Project by Deirdre Bond-Abel of Hat Creek Quilts



84" x 84"

For the Long Winter

Designed by Hat Creek Quilts



Quilt size – 84" square

This is a sampler quilt with seven different pieced blocks arranged into a medallion setting.

Cutting Requirements



Fabric 1 - R570169 – Gold/Red Winters Night – 1 1/8 yard

Cut eight (8) 4 1/2" strips x WOF for the second border



Fabric 2 - R570169 – Red/Green Winters Night – 1/2 yard

Cut two (2) 4 1/2" strips to make stripped units for the first border

Cut one (1) 2 1/2" strip x WOF and then from this strip cut:

Sixteen (16) 2 1/2" squares for the first border corner blocks

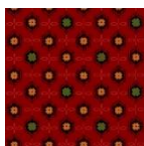


Fabric 3 - R570107 – Cream Faithful Friend – 5/8 yard

Cut seven (7) 2 1/2" strips x WOF and then from these strips cut:

Twenty eight (28) 2 1/2" x 8 1/2" strips for the sashing of Round 2 of the blocks

Eight (8) 2 1/2" squares for the second border corners



Fabric 4 - R570170 – Red Faithful Friend – 1 yard

Cut two (2) 3" strips x WOF and then from these strips cut:

Sixteen (16) 3" squares to make Half Square Triangle (HST) units from for Block 2

Cut one (1) 2 1/2" strip x WOF and then from this strip cut:

Sixteen (16) 2 1/2" squares for Block 2

Cut two (2) 4" strips x WOF and then from these strips cut:

Sixteen (16) 4" squares to make Half Square Triangle units from for Block 7

Cut three (6) 3 1/2" strips x WOF and then from these strips cut:

Thirty two (32) 3 1/2" squares for Block 7



Fabric 5 - R570171 Cream Mercy Mild – 1/2 yard

Cut one (1) 2 1/2" strip x WOF and then from this strip cut:

Eight (8) 2 1/2" squares for Block 1

Cut two (2) 2 3/4" strips x WOF and then from these strips cut:

Twelve (12) 2 3/4' x 4 3/4" rectangles to make Flying Geese (FG) units for Block 1



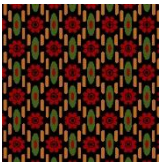
Fabric 6 - R570171 Gold Mercy Mild – 1 yard

Cut two (2) 5" strips x WOF and then from these strips cut:

Sixteen (16) 5" squares to make Half Square Triangle (HST) units from for Block 5

Cut six (6) 2 3/4" strips x WOF and then from these strips cut:

Forty eight (48) 2 3/4' x 4 3/4" rectangles to make Flying Geese (FG) units – sixteen (16) for Block 4 and thirty two (32) for Block 5



Fabric 7 - R570172 Black Spirits Bright – 1 1/4 yard

Cut two (2) 5" strips x WOF and then from these strips cut:

Sixteen (16) 5" squares to make Half Square Triangle (HST) units from for Block 5

Cut nine (9) 2 3/4" strips x WOF and then from these strips cut:

One hundred and twenty eight (128) 2 3/4" squares to make Flying Geese (FG) units for Block 5

From the remainder of the last strip cut four (4) 2 3/4" squares to make Flying Geese (FG) units for Block 1

Cut one (1) 5 1/2" strip x WOF and then from this strip cut:

Two 4 7/8" squares – cut each square in half diagonally once to give four (4) triangles for Block 1

From the remainder of this strip – cut it into two (2) 2 3/4" strips X WOF and then from these strips cut:

Twenty (20) 2 3/4" squares to make Flying Geese (FG) units for Block 1 you will then have twenty four (24) 2 3/4" squares for Block 1



Fabric 8 - R570172 Green Spirits Bright – 3/8 yard

Cut one (1) 3" strip x WOF and then from this strip cut:

Eight (8) 3" squares to make Half Square Triangle (HST) units from for Block 4

Cut one (1) 5 ¼" strip x WOF and then from this strip cut:

Two (2) 5 ¼" squares to make Quarter Square Triangle (QST) units from for Block 4



Fabric 9 - R570173 Gold Good Tidings – 5/8 yard

Cut one (1) 5" strip x WOF and then from this strip cut:

Four (4) 5" squares to make Half Square Triangle (HST) units from for Block 3

Cut three (3) 3" strips x WOF and then from these strips cut:

Forty (40) 3" squares to make Half Square Triangle (HST) units from for Block 3

Cut one (1) 2 ½" strip x WOF and then from this strip cut:

Eight (8) 2 ½" squares



Fabric 10 - R570173 Green Good Tidings – 7/8 yard

Cut three (3) 2 ½" strips x WOF and then from these strips cut:

Thirty six (36) 2 ½" squares for Block 2

Cut eight (8) 2 ½" strips x WOF for the binding



Fabric 11 - R570173 Red Good Tidings – 1/2 yard

Cut four (4) 1 ½" strips to make stripped units for the first border

Cut three (3) 2 ½" strips x WOF and then from these strips cut:

Twenty (20) 2 ½" squares for the nine patch units that make the corners for the first border

Sixteen (16) 2 ½" squares for the cornerstone of Round 2 of the blocks

Eight (8) 2 ½" squares for the four patch units that make the corners of the second border



Fabric 12 - R570174 Black Midnight Clear – 1/4 yard

Cut one (1) 4 ½" strip x WOF and then from this strip cut:

Five (5) 4 ½" squares for Block 1



Fabric 13 - R570174 Red Midnight Clear – 1/3 yard

Cut one (1) 6 ½" strip x WOF and then from this strip cut:

Four (4) 6 ½" squares for Block 1

From the remainder of this strip cut one (1) 5 ¼" square – cut the square in half diagonally **TWICE** to give four triangles for Block 1



Fabric 14 - R570175 Green Hearts Glowing – 1/2 yard

Cut four (4) 2 ¾" strips x WOF and then from these strips cut:

Thirty two (32) 2 ¾" x 4 ¾" rectangles to make Flying Geese (FG) units for Block 5

Cut one (1) 4 ½" strip x WOF and then from this strip cut:

Eight (8) 4 ½" squares for Block 5



Fabric 15 - R570175 Red Hearts Glowing – 5/8 yard

Cut one (1) 5" strip x WOF and then from this strip cut:

Four (4) 5" squares to make Half Square Triangle (HST) units from for Block 3

Cut three (3) 3" strips x WOF and then from these strips cut:

Forty (40) 3" squares to make Half Square Triangle (HST) units from for Block 3

Cut one (1) 2 ½" strip and then from this strip cut:

Eight (8) 2 ½" squares for Block 3



Fabric 16 - R570176 Neutral Hearts Glowing – 1/3 yard

Cut two (2) 3" strips x WOF and then from these strips cut:

Sixteen (16) 3" squares to make Half Square Triangle (HST) units from for Block 2

Cut one (1) 2 1/2" strip x WOF and then from this strip cut:

Sixteen (16) 2 1/2" squares for Block 2



Fabric 17 - R570176 Red Gold Hearts Glowing – 1 1/4 yard

Cut two (2) 4" strips x WOF and then from these strips cut:

Sixteen (16) 4" squares to make small Half Square Triangle (HST) units from for Block 6

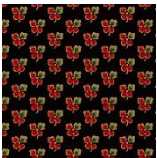
Cut two (2) 7" strip x WOF and then from this strip cut:

Four (4) 7" squares to make large Half Square Triangle (HST) units from for Block 6

Four (4) 7" squares – cut these squares in half diagonally to give eight triangles for Block 6

Cut four (4) 3 1/2" strips x WOF and then from these strips cut:

Sixteen (16) 3 1/2" x 6 1/2" rectangles and eight (8) 3 1/2" squares for Block 6



Fabric 18 - R570177 Black Truth and Grace – 5/8 yard

Cut one (1) 3" strip x WOF and then from this strip cut:

Eight (8) 3" squares to make Half Square Triangle (HST) units from for Block 4

Cut one (1) 5 1/4" strip x WOF and then from this strip cut:

Two (2) 5 1/4" squares to make Quarter Square Triangle (QST) units from for Block 4

Cut three (3) 2 3/4" strips x WOF and then from these strips cut:

Thirty two (32) 2 3/4" squares to make Flying Geese (FG) units for Block 4



Fabric 19 - R570177 Green Truth and Grace – 1 yard

Cut two (2) 4" strips x WOF and then from these strips cut:

Sixteen (16) 4" squares to Half Square Triangle (HST) units from for Block 7

Cut six (6) 3 1/2" strips x WOF and then from these strips cut:

Sixty four (64) 3 1/2" squares for Block 7



Fabric 20 - R570177 Red Truth and Grace – 5/8 yard

Cut three (3) 4" strips x WOF and then from these strips cut:

Sixteen (16) 4" squares to make small Half Square Triangle (HST) units from for Block 6

Eight (8) 4" squares -cut each square in half diagonally once to give sixteen (16) triangles for Block 6

Cut one (1) 7" strip x WOF and then from this strip cut:

Four (4) 7" squares to make large Half Square Triangle (HST) units from for Block 6

A 1/4" seam allowance is used for all of the piecing.

Press connecting seam allowances in opposite directions or towards the least bulky side as you go.

Block 1 – 20" square finished

This block is made up from two units as well as some plain squares. From your cut pieces collect.

Four (4) 6 1/2" squares and the four (4) cut triangles of Fabric 13

Five (5) 4 1/2" squares of Fabric 12

Eight (8) 2 1/2" squares and twelve (12) 2 3/4" x 4 3/4" rectangles of Fabric 5

Twenty four (24) 2 3/4" squares and the four cut triangles of Fabric 7

A Unit

Sew one of the Fabric 13 cut triangles to opposite sides of a Fabric 12 square. Then sew the two remaining Fabric 13 triangles to the remaining two sides.



Repeat this process by sewing the Fabric 7 cut triangles to the four sides of the centre to complete A unit



B Unit

The points of stars are formed by making Flying Geese (FG) units using the “Sew and Flip” method.

On the wrong side of each of the Fabric 7 squares draw a diagonal line. Place a square right side down into the left hand corner of the Fabric 5 rectangles, making sure the angle of the line is facing in the same direction as the diagram. Sew a seam right through the line. Trim the outside corners of the square and rectangle back to $\frac{1}{4}$ " from the seam line. Press the resulting triangle back from the base rectangle.

Repeat these steps with the other squares in the opposite corners of the rectangles.



You will now have twelve (12) FG units. **Trim each unit back to measure $2\frac{1}{2}$ " x $4\frac{1}{2}$ ".**

Make four (4) top rows by sewing a Fabric 5 square to the sides of four (4) of the FG units.



Make four (4) bottom rows by sewing a FG unit to opposite sides of a Fabric 12 square.



Now sew the top rows to the bottom rows to complete four of B unit.



Block Assembly

Sew a $6\frac{1}{2}$ " square of Fabric 13 to the sides of a B Unit to make the top row.



Sew a B unit to opposite sides of the A unit to make the middle row.



Sew the remaining two (2) 6 1/2" squares of Fabric 13 to the sides of the last B unit to make the bottom row.



Now sew the three rows together to complete Block 1.



Round 1 - First Border

From your cut pieces collect

Two (2) 4 1/2" strips and sixteen (16) 2 1/2" squares of Fabric 2

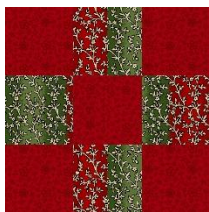
Four (4) 1 1/2" strips and twenty (20) 2 1/2" squares of Fabric 11

Make two (2) stripped units by sewing a 1 1/2" strip to the sides of the 4 1/2" strips.

Crosscut the strip sets to give you four (4) 6 1/2" x 20 1/2" border strips.



Take the 2 ½" squares and make four (4) nine patch units from the following the arrangement in the diagram.



Sew two (2) of the border strips to opposite sides of Block 1.

Sew a nine patch unit to the ends of the two (2) remaining border strips.

Sew these two (2) rows to the top and bottom of the Block 1 to complete the Round 1 – First Border.



Round 2

Block 2 – 10" square finished – make 4

From your cut pieces collect

Sixteen (16) 3" squares and sixteen (16) 2 ½' squares of Fabric 4

Thirty six (36) 2 ½' squares of Fabric 10

Sixteen (16) 3" squares and sixteen (16) 2 ½' squares of Fabric 16

Half Square Triangle (HST) units

On the wrong side of each of the 3" Fabric 4 squares, draw a diagonal line from corner to corner. Place these squares right side down on the 3" Fabric 16 squares. Sew a ¼" seam down both sides of the line. Cut the squares in half along the drawn line to give you two bi-coloured squares from each one. Press the seam allowance towards the dark triangle.

You will now have thirty two (32) HST units. **Trim them back to measure 2 ½" square.**



Block Assembly

Row 1 - make four (4) rows by sewing these pieces together.



Row 2 - make four (4) rows by sewing these pieces together.



Row 3 - make four (4) rows by sewing these pieces together.



Row 4 - make four (4) rows by sewing these pieces together.



Row 5 - make four (4) rows by sewing these pieces together.



Now sew the five (5) rows together to complete the blocks.



Block 3 – 8" square finished – make 8

From your cut pieces collect

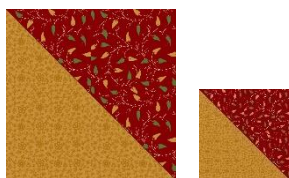
Four (4) 5" squares, eight (8) 2 ½" squares and forty (40) 3" squares of Fabric 9

Four (4) 5" squares, eight (8) 2 ½" squares and forty (40) 3" squares of Fabric 15

Follow the steps outlined in Block 2 Half Square Triangles.

Make eight (8) large HST units with the 5" squares. **Trim each square back to measure 4 ½".**

Make eighty (80) small HST units with the 3" squares. **Trim each square back to measure 2 ½".**



Block Assembly

Row 1 – Make eight (8) rows by sewing these pieces together.



Row 2 – Make eight (8) rows by sewing these pieces together.

Make sixteen (16) pairs of HST by sewing two (2) HST together vertically. Then sew each pair to opposite sides of the large HST units. Make sure the angle of the triangles is facing in the same direction as the diagram.



Row 3 – Make eight (8) rows by sewing these pieces together.



Now sew the three (3) rows together to complete the blocks.



Block 4 – 8” square finished – make 4

From your cut pieces collect

Eight (8) 3” squares and two (2) 5 ¼” squares of Fabric 8

Eight (8) 3” squares, two (2) 5 ¼” squares and thirty two (32) 2 ¾” squares of Fabric 18

Sixteen (16) 2 ¾” x 4 ¾” rectangles of Fabric 6

Quarter Square Triangle units

On the wrong side of each of the 5 ¼” Fabric 8 squares, draw a diagonal line from corner to corner. Place these squares right side down on the 5 ¼” Fabric 18 squares. Sew a ¼” seam down both sides of the line.

Cut the squares in half diagonally TWICE – it is a good idea to cut the undrawn diagonal line first, then pick up the ruler and cut the drawn line. You don’t want to move the pieces apart until both lines are cut as this will upset the size of the triangles.



You will then have four (4) bi-coloured triangles from each square.



Sew two (2) bi-coloured triangles together, making sure the matching fabrics are diagonally opposite each other.



You will then have four (4) QST units that should measure 4 ½” square.

Follow the steps outlined in Block 2 Half Square triangles.

Make sixteen (16) HST units with the 3” squares. **Trim each square back to measure 2 ½”.**



Follow the steps outlined in Block 1 Flying Geese units.

Make Sixteen (16) FG units with the thirty two (32) $2\frac{3}{4}$ ' squares and the sixteen (16) $2\frac{3}{4}$ " x $4\frac{3}{4}$ ' rectangles. **Trim each unit back to measure $2\frac{1}{2}$ " x $4\frac{1}{2}$ "**



Block Assembly

Row 1 – Make four (4) rows by sewing these pieces together.



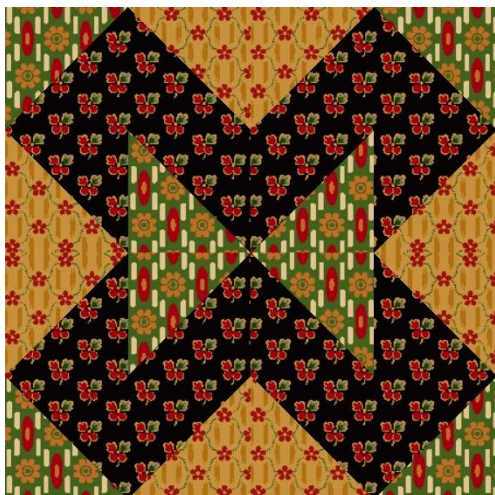
Row 2 – Make four (4) rows by sewing these pieces together.



Row 3 - Make four (4) rows by sewing these pieces together.



Now sew the three (3) rows together to complete the blocks.



Round 2 – Blocks 2, 3 and 4

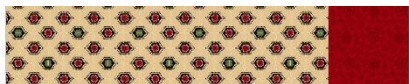
From your cut pieces collect

Twenty eight (28) $2\frac{1}{2}' \times 8\frac{1}{2}''$ sashing strips of Fabric 3 and sixteen (16) $2\frac{1}{2}''$ squares of Fabric 11

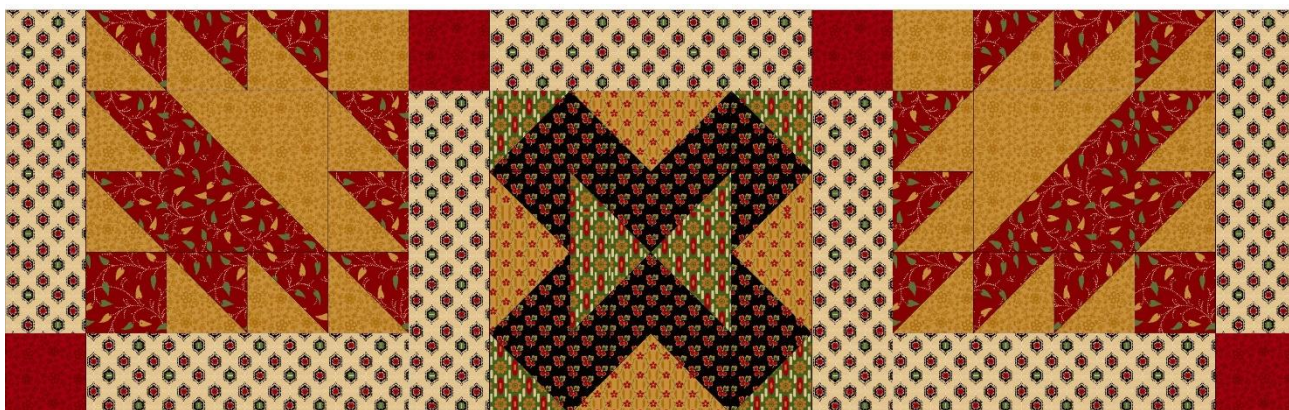
Following the triangle directions in the diagrams below, sew a strip to the bottom of four (4) of Block 3, four (4) to the top of Block 4 and four (4) to the bottom of the remaining Block 3.



Sew a $2\frac{1}{2}''$ square to the ends of the remaining sixteen (16) $2\frac{1}{2}'' \times 8\frac{1}{2}''$ strips.

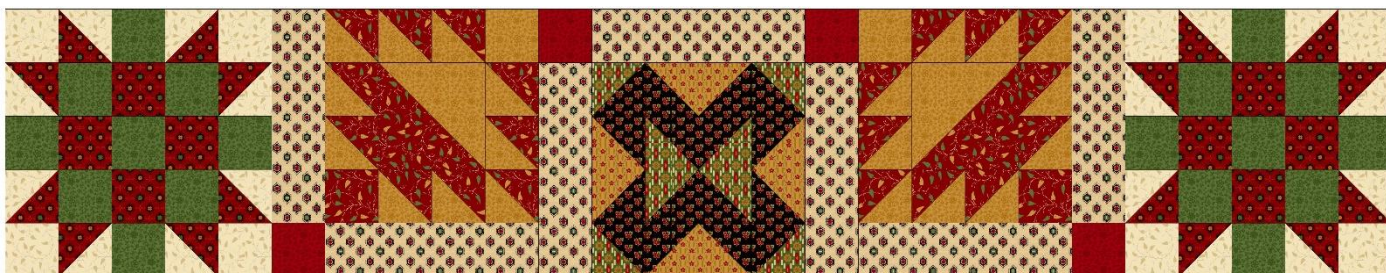


Following the layout diagram below make four rows by sewing the blocks together alternating them with the sashing strips as you go.



Sew two (2) of the rows to opposite sides of the quilt centre, making sure that Block 4 will be on the inside of the round.

Sew a Block 2 the ends of the two (2) remaining rows.



Sew these two (2) rows to the top and bottom of the quilt centre to complete the Round 2.



Round 3 – Border 2

From your cut pieces collect

Eight (8) 2 ½" squares of Fabrics 3 and 11

Eight (8) 4 ½" strips of Fabric 1

Make four (4) four patch units from the 2 ½" squares.



Make four (4) border strips by sewing two (2) strips together with a bias seam.

Trim each border back to measure 4 ½" x 52 ½"

Sew a border strip to opposite sides of the quilt centre.

Sew a four patch unit to each end of the remaining two (2) border.

Sew these to the top and bottom of the quilt centre to complete Round 3.



Round 4 – Blocks 5, 6 and 7

Block 5 – 12” square finished – make 8

From your cut pieces collect

Sixteen (16) 5” squares and thirty two (32) $2\frac{3}{4}$ ” x $4\frac{3}{4}$ ” rectangles of Fabric 6.

Sixteen (16) 5” squares and one hundred and twenty eight (128) $2\frac{3}{4}$ ” squares of Fabric 7.

Thirty two (32) $2\frac{3}{4}$ ” x $4\frac{3}{4}$ ” rectangles and eight (8) $4\frac{1}{2}$ ” squares of Fabric 14

Follow the steps outlined in Block 2 Half Square Triangles.

Make thirty two (32) large HST units with the 5” squares. **Trim each square back to measure $4\frac{1}{2}$ ”**



Follow the steps outlined in Block 1 Flying Geese units.

Make thirty two (32) FG units with the sixty four (64) $2\frac{3}{4}$ ” squares of Fabric 7 and the thirty two (32) $2\frac{3}{4}$ ” x $4\frac{3}{4}$ ” rectangles of Fabric 6. **Trim each unit back to measure $2\frac{1}{2}$ ” x $4\frac{1}{2}$ ”.**



Make thirty two (32) FG units with the sixty four (64) $2\frac{3}{4}$ ' squares of Fabric 7 and the thirty two (32) $2\frac{3}{4}$ " x $4\frac{3}{4}$ ' rectangles of Fabric 14. **Trim each unit back to measure $2\frac{1}{2}$ " x $4\frac{1}{2}$ "**.

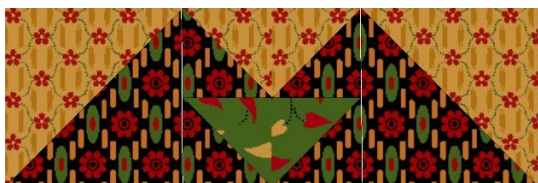


Make thirty two (32) squares by joining two contrasting FG units together.



Block Assembly

Row 1 – Make eight (8) rows by sewing these pieces together.



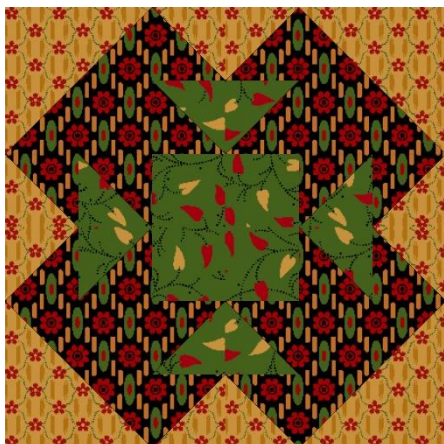
Row 2 – Make eight (8) rows by sewing these pieces together.



Row 2 – Make eight (8) rows by sewing these pieces together.



Now sew the three (3) rows together to complete the blocks.



Block 6 – 12" square finished – make 8

From your cut pieces collect

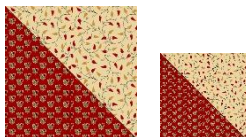
Sixteen (16) 4" squares, four (4) 7" squares, eight (8) 3 ½" squares and sixteen (16) 3 ½" x 6 ½" rectangles and eight large cut triangles of Fabric 17

Sixteen (16) 4" squares, four (4) 7" squares and sixteen (16) cut small triangles of Fabric 20.

Follow the steps outlined in Block 2 Half Square Triangles.

Make eight (8) large HST units with the 7" squares. **Trim each square back to measure 6 ½".**

Make thirty two (32) small HST units with the 4" squares. **Trim each square back to measure 3 ½".**

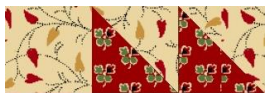


Block Assembly

Make eight (8) vertical rows by sewing two (2) small HST units together. Then sew these rows to the sides of the eight (8) large HST, making sure the angles of the triangles as facing in the same direction as the diagram.



Make eight rows by sewing these pieces together.



Sew these eight rows to the top of the first eight (8) units.



Position eight (8) of the rectangles on the right side of the block base and sew a cut triangle to their ends following the angle in the diagram.

Position the remaining eight (8) rectangles at the bottom of the block base and sew the remaining cut triangles to their ends.



Sew the side strips to each block base first. Then sew the bottom strips to each block base.



Lastly sew a large cut triangle to the bottom corner of each block base to complete the blocks.

The triangles have been cut a little larger than required, trim them back to the edge of the other pieces to keep the blocks square.



Block 7 – 12” square finished – make 8

From your cut pieces collect

Sixteen (16) 4” squares and thirty two (32) 3 ½” squares of Fabric 4.

Sixteen (16) 4” squares and sixty four (64) 3 ½” squares of Fabric 19.

Follow the steps outlined in Block 2 Half Square Triangles.

Make thirty two (32) HST units with the 4” squares. **Trim each square back to measure 3 ½”.**

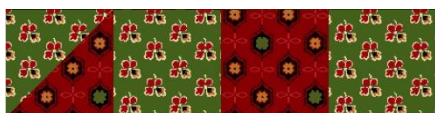


Block Assembly

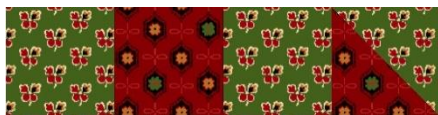
Row 1 – Make eight (8) rows by sewing these pieces together.



Row 2 – Make eight (8) rows by sewing these pieces together.



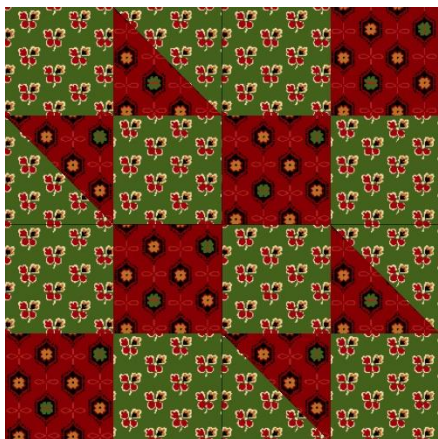
Row 3 – Make eight (8) rows by sewing these pieces together.



Row 4 – Make eight (8) rows by sewing these pieces together.

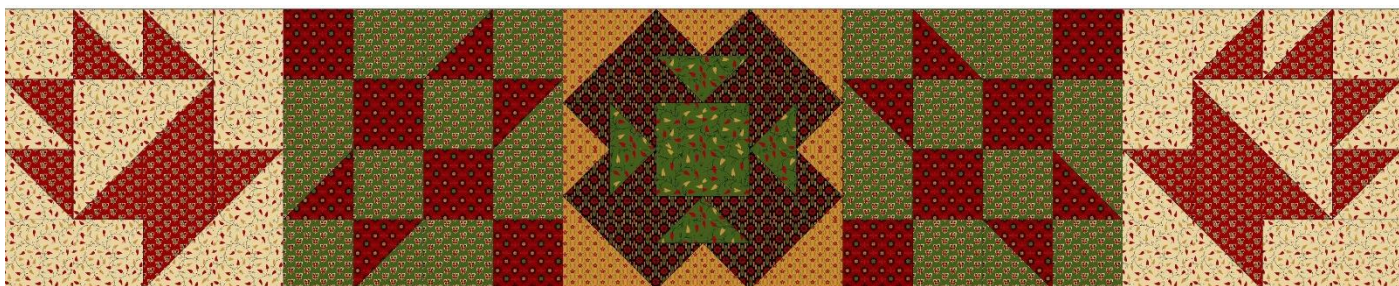


Now sew the four (4) rows together to complete the blocks.



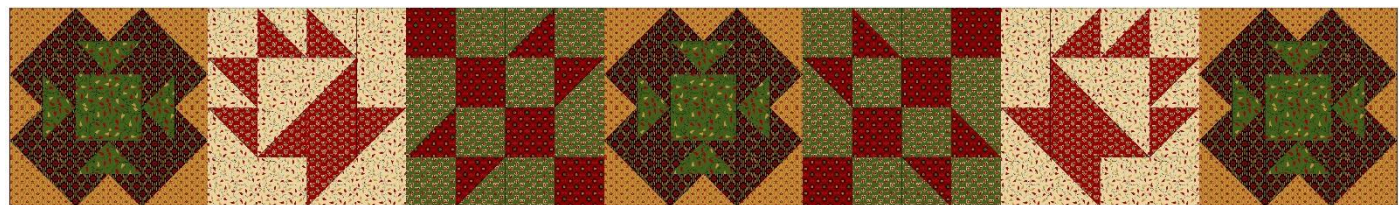
Round 4

Make four (4) rows by sewing the blocks together in this order.



Sew two (2) of these rows to the sides of the quilt centre.

Sew a Block 6 to each end of the remaining two (2) rows.



Sew these two (2) rows to the top and bottom of the quilt to complete it.



Your quilt top is now ready to be quilted and bound.

Binding

Collect the eight (8) 2 ½' strips of Fabric 10. Join them together with a bias seam at their short ends. Press the strip in half wrong sides together down their long edge to make a double fold binding.

Sew to the right sides of the quilt, mitre the corners as you go.

Fold the binding over to the back of the quilt and slip stitch down by hand.

I hope you have enjoyed making this quilt during the Long Winter.

Happy Trails,

Deirdre