

Block HEADS

Block 6: Sunflower - Carrie Nelson
Use (1) light, (1) dark, and (1) medium fabric. Fabrics are listed in order of use.

A - (12) squares, $1 \frac{1}{1} 2^{\prime \prime} \times 1 \frac{1}{2}{ }^{\prime \prime}$ (LIGHT)
B - (4) squares, $1 \frac{1}{2} 2^{\prime \prime} \times 1 \frac{1}{2} 2^{\prime \prime}$ (DARK)
C - (4) rectangles, $1 \frac{1}{2}$ " $\times 2 \frac{1}{2} 2^{\prime \prime}$ (LIGHT)
D - (8) rectangles, $1 \frac{112 " ~}{} \times 2 \frac{112 "}{\prime \prime}$ (MEDIUM)
E - (1) square, $23 / 4$ " x $23 / 44^{\prime \prime}$ for applique (LIGHT)
F - (1) square, $21 / 2 " \times 21 / 22^{\prime \prime}$ (MEDIUM)
Assembly

1. Sew (1) A square to (1) B square; press
toward $B$. Sew (1) C rectangle to top of $A / B$
unit; press toward A/B. Make (2) Unit \#1a and (2) Unit \#1b.

2. Layer (1) A square on the end of (1) D rectangle; pin in place. Sew diagonally across A square, as shown; trim corner to a $1 / 4{ }^{\prime \prime}$ seam allowance and press toward D. Make (2) A/D units. Sew A/D units together; press seam to one side. Make (4) Unit \#2.


Unit \#2
3. Using circle template (at right) with E square and applique method-of-choice, applique E circle (see page 2) to F square. Make (1) Unit \#3.



Unit \#3
4. Lay out Unit \#1a's, Unit \#1b's, Unit \#2's, and Unit \#3, as shown. Sew into rows; press each row in opposite direction. Sew rows together (press open) to create the Sunflower block measuring 6 $1 / 22^{\text {" square. }}$


## moca 2017 Block Heads Participating Designers

http://kansastroublesquilters-lynne.blogspot.com/ http://betsysbestquiltsandmore.blogspot.com/

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