

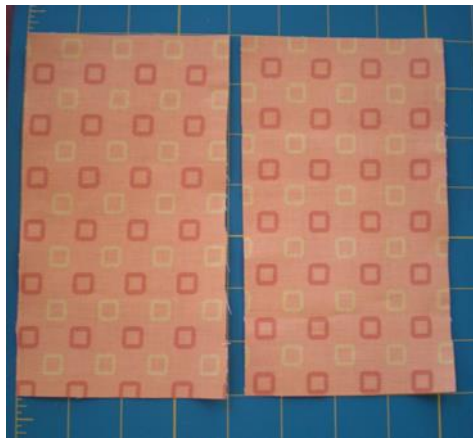
## How to Make Port Pillows

### You will need:

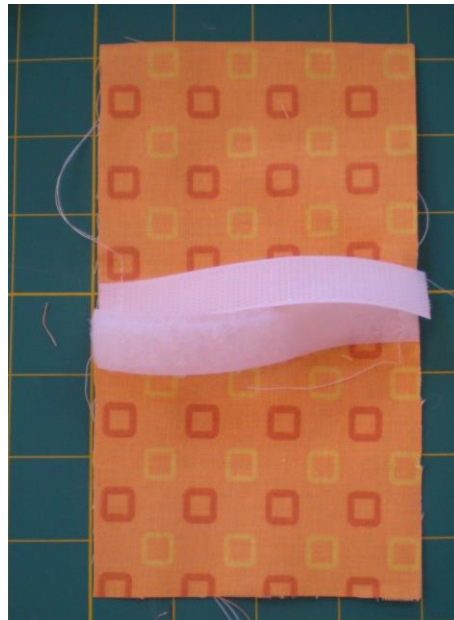
- Fabric for two 7 x 4 inch rectangles to make seat belt pillows. [5 x 4 in rectangles to make bra strap pillows] Recommend cotton for seat belt pillows and nylon tricot for bra strap pillows.
- Sew-on Velcro 5/8 inch width
- Fiber-fill stuffing
- Thread

### Instructions

Cut two pieces of fabric [For seat belt pillow cut 7 x 4 rectangle; For bra strap pillow cut 5 x 4 rectangle]

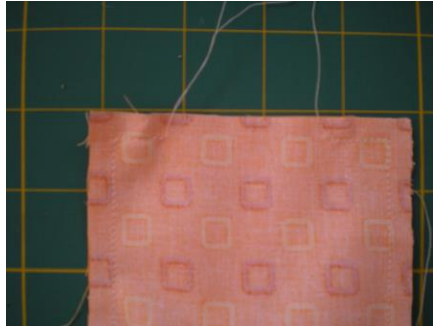


Cut Velcro to 3.5-inch strip. Machine baste one side of Velcro to right side of fabric – fuzzy/loopy side up. Stitch only one end of Velcro, leaving the other end free. Baste other half of Velcro strip to opposite side of fabric – loopy side down.



## How to Make Port Pillows

Put fabric pieces right sides together and make 1/4-inch seam all the way around, leaving an opening about 1 1/2 – 2 inches at one end. Be sure not to catch the “free” ends of the Velcro pieces in the seam.



Turn right side out and stuff.



Whip stitch opening to finish.

