

Nine Patch Variation Quilt Supplies

Patsy Mosby

Supplies: Available at Quilters Crossing *items have proven to work well

Book: Alex Anderson's Start Quilting/Beginner, 3rd Edition

Rotary cutter...*recommended: 45mm with retractable blade

Rotary ruler...*recommended: 6X12", Creative Grids

Rotary mat...*recommended: medium size, Approx. 18X24"

Rotary tools are suggestions only. If you have comparable sizes, bring them.

Fabrics: 100% cotton, no stripes or plaids, please.

1 $\frac{1}{2}$ yd. Large print focus fabric: (outer border) Choose a fabric you love!

2 yds. Light (background)

2/3 yd. Medium (nine patch block)

2/3 yd. Dark (double nine patch block)

$\frac{1}{2}$ yd. Accent (inner border)

$\frac{3}{4}$ yd. Binding

4 yds. Backing

100% cotton thread (neutral color)...*Masterpiece or Aurifil

Fine, piecing or patchwork pins...*Clover extra fine piecing pins.

Post-it-notes, Pen/pencil for notetaking, Masking tape,

Fabric glue stick, Fabric marking pen...*Frixion

Basic sewing supplies: pincushion, scissors (small to medium), seam ripper etc.

Sewing machine: Make sure it is in good working order, and you are familiar with operating it. Bring, power cord, foot control and instruction book.

$\frac{1}{4}$ " foot or guide for your machine (optional, but recommended).

Additional Supplies for later:

Batting: 58X70. Cotton or cotton blend 80/20,(required, Session II)

Basting safety pins (required, Session II)...* One inch

Walking foot for your machine (required, Session II)

Free motion or darning foot for your machine (required, Session III)

Machine quilting gloves (optional)...recommended *Machingers

Kwik Klip for closing and opening safety pins (optional)

Questions? Contact Patsy: pmosby@att.net

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Tips for Free Motion Quilting the Border

1. Attach the free motion (darning) foot.
2. Use same thread in machine and bobbin.
3. Drop the feed dogs. This allows you to move the quilt in all directions under the needle.
4. Engage the needle-down function, if your machine has this feature.
You may want to reduce speed, if your machine has speed control.
5. To begin stitching:
Pull bobbin thread to top.
Hold both tails in hand and secure by taking a few tiny stitches.
Trim threads as close to surface as possible.
6. Begin stitching the practice piece. You don't have to run your machine at top speed, only as fast as you feel in control. Do not try to stay exactly on the line. The printed design is only a suggestion of where to stitch.
7. Check the back. If the bobbin threads are lying on the surface, the upper tension may need to be increased slightly. Continue practicing.
8. When you have completed the practice piece, start free-motion quilting your outer border. Move around the quilt, with the bulk of your quilt on your left. Be sure to hold the weight of the quilt off the edge of your machine or table, so that it won't drag. You can roll it up and put it over your left shoulder. Some quilters secure this roll with safety pins or quilt clips.

RELAX AND HAVE FUN! YOU'RE ALMOST FINISHED!

Tips for Binding Traditional, Mitered Corners, Tuck Method

Use a walking foot to stitch binding to the quilt. Find a mark on your walking foot to determine where to guide the quilt to stitch $\frac{1}{4}$ " seam. Cut the beginning end of your binding on 45 diagonal and press under $\frac{1}{4}$ ".

1. Start at the middle of one side. Pin binding to quilt, match raw edges.
2. Leave a 6" tail, and begin stitching along one side.
3. Stop stitching $\frac{1}{4}$ " from edge. Backstitch.
4. Clip threads, remove quilt, and turn to stitch the next side. Flip binding up, then diagonal fold to make miter.
5. Begin stitching $\frac{1}{4}$ " from edge (see arrow), and repeat step 3.
6. Stitch around quilt to within 4 or 5 inches of pressed end of binding.
7. Measure and cut raw end, so it tucks inside the pressed end.
8. Pin and stitch the binding on, being sure tucked end stays inside the pressed end of binding. Hand sew the fold of this tuck to secure.
9. Trim batting and backing even with quilt top. Turn binding to back of quilt and hand stitch, being sure to stitch the mitered folds as you go.