

piece o'
cake



May the Lord Bless You

Made for the 2012 AAQI Celebrity Quilt Auction



By Becky Goldsmith

May the Lord Bless You...

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Finished quilt size: 16" x 16"

This quilt was made especially for the 2012 Alzheimer's Art Quilt Initiative Celebrity Quilt Auction. For more on the AAQI go to www.alzquilts.org.

Many of you might like this quilt at a larger size. I've included the pattern pages enlarged by 200% that you can use to make a 32" x 32" wall quilt. Save paper by printing only the pattern pages that you need.

Materials

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Block background: one fat quarter OR 1/2 yard

Border backgrounds: 1/8 yard OR one fat quarter

Appliqué: A wide variety of fabric scraps, some of which will need to be large

Binding: 5/8 yard

Backing and sleeve: one fat quarter OR 1/2 yard

Batting

#12 Perle cotton or floss for the embroidery.

Materials for the Larger Quilt

Block background: 1 yard

Border backgrounds: 1/3 yard

Appliqué: A wide variety of fabric scraps, some of which will need to be large

Binding: 3/4 yard

Backing and sleeve: 1 1/2 yard

Batting

#12 Perle cotton or floss for the embroidery.

Cutting

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Block background:

Cut 1 rectangle 15" x 18"

Side border backgrounds:

Cut 2 strips 3 1/2" x 18"

Cut fabric for **appliqué** as needed.

Binding:

Cut 1 square 18" x 18" to make 2 1/2"-wide continuous bias binding.

Cutting for the Larger Quilt

Block background:

Cut 1 rectangle 28" x 34"

Side border backgrounds:

Cut 2 strips 5" x 34"

Cut fabric for **appliqué** as needed.

Binding:

Cut 1 square 22" x 22" to make 2 1/2"-wide continuous bias binding.

General Applique Instructions

For complete applique instructions refer to our book, [The Best-Ever Applique Sampler](#) (available 4/2013), [The New Applique Sampler](#), and/or to our DVD, [Learn to Applique the Piece O' Cake Way!](#)

Go to pieceocake.com and click on the link to Lessons. This will take you to a page listing a variety of helpful how-to videos that I've uploaded to Youtube.

Preparing Your Fabric

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Wash and dry your fabric before using it. Pre-washing is a good way to test for colorfastness. It is better if the fabric bleeds before it is sewn into your quilt.

Different fabrics shrink at different rates. If the fabrics you use in your quilt are all pre-shrunk, you can rest a little easier if or when you have to wash your quilt after it is completed..

Pre-washed fabric has a better hand and it smells better. But the best reason to prewash is that it makes the fabric easier to handle in both hand and machine sewing.

Prepare the Patterns

Be sure that the square on the pattern page measures 1" x 1". If it does not, your printer may have reduced (or enlarged) the page for printing.

Tape the pattern pages together. The lines overlap a little to help with placement.

Making the Appliqué Templates

1. Make 2-3 copies of the block and the borders. You need to have one whole paper shape for each piece that requires a template. Always compare the copies with the original to be sure they are the same size.
2. Cut the appliqué shapes you need from the copies. Group shapes when you can. Leave a paper allowance around each shape or group. Where one shape overlaps another, cut the top shape from one copy and the bottom shape from another copy.

TIP: Look at the large piece of 'grass', #1, that lies under and around the house. Rather than cutting the base of the house out of the #1 template, cut the grass template so that it follows the curve from one side of the house to the other, under the house. Cut the house template from another copy.

TIP #2: Cut each of the fence rails #3-6 as one long strip rather than as numerous small pieces.

3. Place a self-adhesive laminating sheet shiny side down on the table. Peel off the paper backing, leaving the sticky side of the sheet facing up.
4. For hand appliqué, place the paper shapes drawn side down on the self-laminating sheet. For fusible appliqué, place the blank side down. Use more laminating sheets as necessary, overlapping the laminate to cover all the paper shapes.
5. Cut out each shape. Try to split the drawn line with your scissors. Keep edges smooth and points sharp.

Make the Positioning Overlay

The positioning overlay is a piece of frosted or clear medium-weight vinyl that is used to position each appliqué piece accurately on the block. The overlay is easy to make and use, and can be used with just about any appliqué method.

1. Cut a piece of the vinyl, with its tissue paper lining if it came with it, to finished size of each block. Set the tissue paper aside until you are ready to fold or store the overlay. Frosted vinyl does not require tissue paper.
2. Tape the pattern onto a table.
3. Tape the vinyl over the pattern. Use a ruler and a Sharpie Ultra Fine Point Marker to draw the pattern's horizontal and vertical centerlines onto the vinyl.
4. Accurately trace the lines from the pattern onto the vinyl. The numbers on the pattern indicate stitching sequence - include these numbers on the overlay.

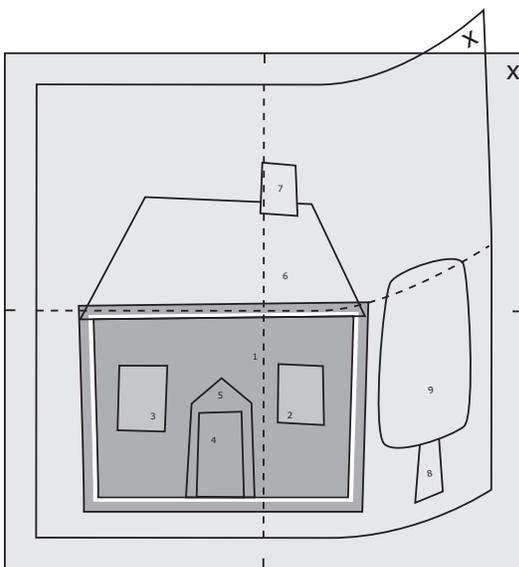
They also tell you which side of the overlay is the right side.

5. Repeat for the borders.

Using the Positioning Overlay

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1. Press your background fabric in half in both directions. Place the background right side up on top of your sandpaper board. The sandpaper keeps the background from shifting as you position appliqué pieces on the block.
2. Place the overlay right side up on top of the background.
3. Line up the center grid in your background with the center grid of the overlay. Pin the overlay if necessary to keep it from shifting out of position.
4. Before placing appliqué pieces on the block, finger-press the turn-under allowances. This is a very important step. As you finger-press, make sure that the drawn line is pressed to the back. You'll be amazed at how much easier this one step makes needle-turning the turn-under allowance.
5. Place applique pieces under the overlay but on top of the background.



6. Fold the overlay back and pin the appliqué piece in place using 1/2" sequin pins. We usually position and stitch only a few pieces at a time. Remove the vinyl overlay before stitching.
7. Appliqué the pieces in place.

Special Applique Techniques

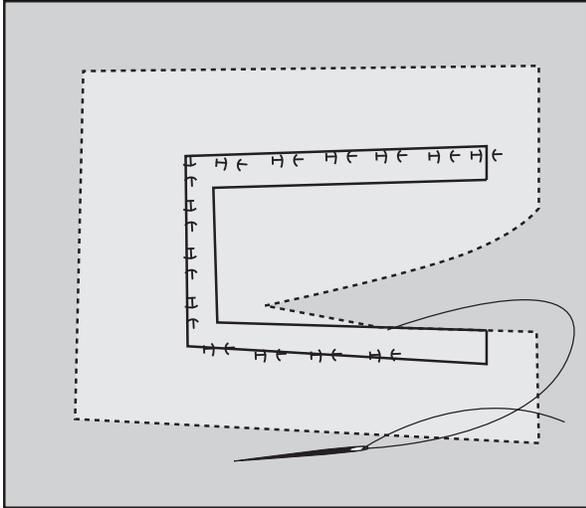
Applique the Door Trim

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Sew the door and door trim together off-the-block.

There is a how-to video showing this technique at pieceocake.com. Click the Lessons menu button and choose the video How to Construct Windows (and doors).

1. Place the door trim template on the right side of the selected fabric. Be sure to place the template on the fabric so that most of the edges will be on the diagonal grain of the fabric. Work on top of your sandboard. Trace around the template.
2. Cut out the appliqué piece, leaving 1" or more of excess fabric around the traced shape. Do not cut away the fabric where the door will be.
3. Finger-press the inside of the door trim, making sure the drawn line is pressed to the back.
4. Choose the door fabric. It is easier to sew if you leave this fabric about 6" x 6" square. Place the door trim fabric over the fabric for the door.
5. Pin the door trim fabric in place.



6. Begin trimming the excess fabric away from the inside edge of the door trim, leaving a 3/16" turn-under allowance.
7. Trim away more fabric as necessary.
8. Remove the pins as you stitch the next side of the piece.
9. Continue until the three inside edges of the door trim are stitched.
10. Cut away the excess fabric from around the outside of the door/door trim unit leaving a 3/16" seam allowance. Turn the unit over and trim away the excess door fabric that lies under the door trim, leaving a scant seam allowance.
11. Finger press the outside edges of the door trim and applique it to the house.

NOTE: Window #35-36 is sewn in this same manner.

Applique the Windows

The windows are stitched off-the-block in much the same way as the doors are.

1. Place the window trim template on the right side of the selected fabric. Be sure to place the template on the fabric so that most of the edges will be on the diagonal

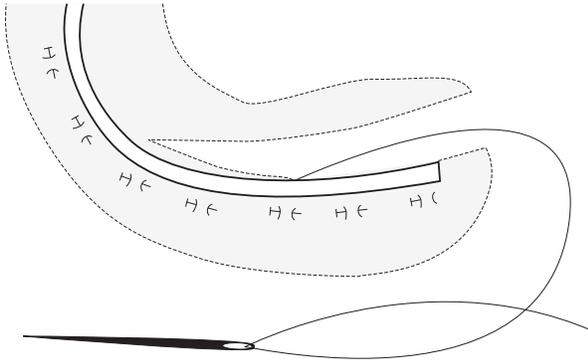
- grain of the fabric. Work on top of your sandboard. Trace around the template.
2. Cut out the appliqué piece, leaving 1" or more of excess fabric around the traced shape. Do not cut away the fabric where the inside of the window will be.
3. Finger-press the inside of the window trim, making sure the drawn line is pressed to the back.
4. Choose the yellow fabric for the inside of the window. It is easier to sew if you leave this fabric about 6" x 6" square. Place the window trim fabric over the yellow fabric.
5. Pin the window trim fabric in place.
6. Begin trimming the excess fabric away from the inside of the window trim, leaving a 3/16" turn-under allowance.
7. Trim away more fabric as necessary.
8. Remove the pins as you stitch the next side of the piece.
9. Continue until all of the inside edges of the window trim are stitched.
10. Cut away the excess fabric from around the outside of the window trim leaving a 3/16" seam allowance. Turn the window over and trim away the excess yellow fabric that lies under the window trim, leaving a scant seam allowance.
11. Finger press the outside edges of the window trim and applique it to the house.

Cutaway Appliqué

This is a great technique to use on narrow or small shapes.

1. Place the applique template on the right side of the selected fabric. Be sure to place the template on the fabric so that most of the edges will be on the diagonal grain of the fabric. Work on top of your sandboard. Trace around the template.
2. Cut out the appliqué piece, leaving 3/4" or more of excess fabric around the traced shape.

3. Finger-press, making sure the drawn line is pressed to the back.
4. Use the vinyl placement overlay to position the appliqué piece on the quilt.
5. Pin the shape in place. Cutaway the excess fabric from the inside spaces and stitch them, one at a time.



6. Begin trimming the excess fabric away from the outer edge where you will start stitching, leaving a 3/16" turn-under allowance.
7. Trim more fabric as you sew. Clip inner curves and inner points as needed.
8. Trim away excess fabric as necessary.

Applique the Block

1. Make templates and overlays.
2. Applique the block.
3. Place the block over the pattern and lightly trace the words onto the block.
4. Embroider the words with the perle cotton in a stem stitch or similar embroidery stitch.
5. Gently press the block on the wrong side. Trim it to 13 1/2" x 16 1/2". (For the larger quilt, trim the block to 26 1/2" x 32 1/2".)

Applique the Borders

Refer to the General Applique Instructions.

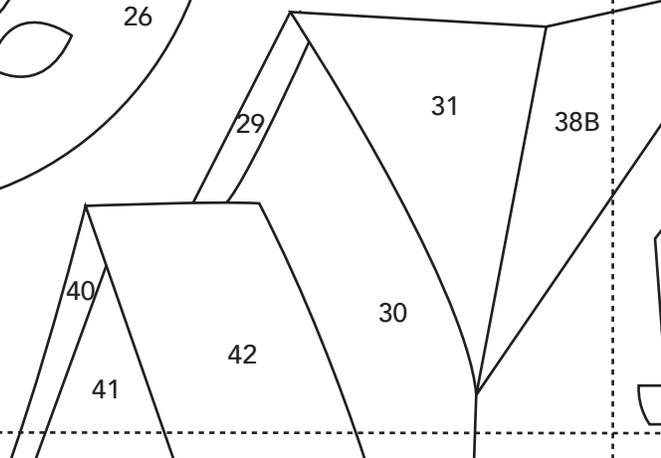
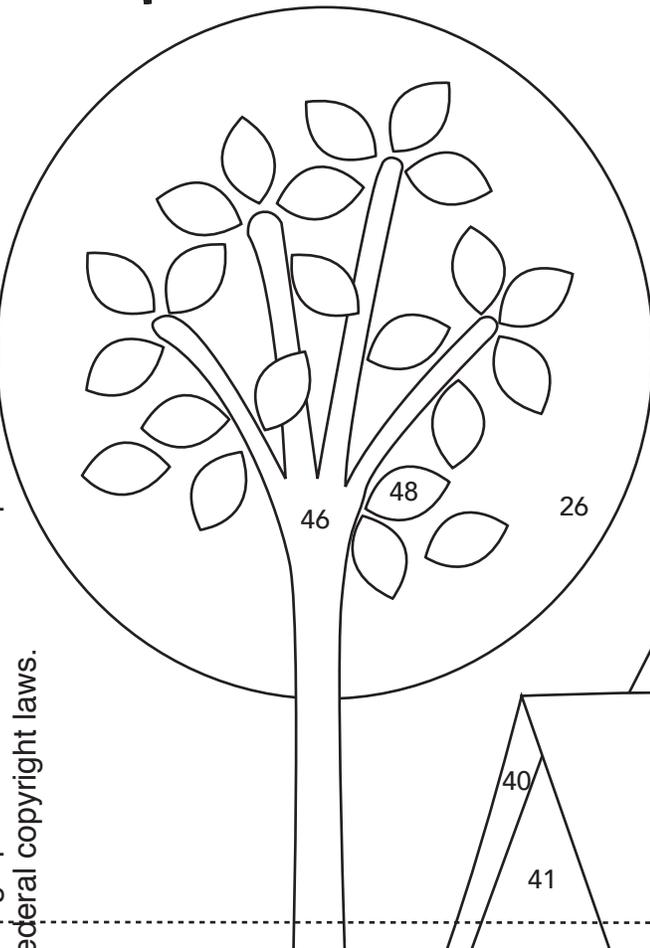
1. If you have not already done so, tape the border pattern pages together. Make templates and overlays.
2. Applique the borders. Press them on the wrong side.
3. Trim both side borders to 2" x 16 1/2". (For the larger quilt, trim the borders to 3 1/2" x 32 1/2".)

Finishing the Quilt

1. Sew the side borders to the quilt. Press seams to the borders.
2. Place the backing right side down on a firm surface. Tape it down to keep it from moving around while you baste.
3. Place the batting over the backing and pat out any wrinkles.
4. Center the quilt right side up over the batting.
5. Baste the layers together.
6. Quilt by machine or by hand.
7. Trim the outer edges. Leave 1/4" of backing and batting extending beyond the edge of the quilt top. This extra fabric and batting will fill the binding nicely.
8. Finish the outer edges with continuous bias binding.
9. Make and attach a sleeve and documentation patch.

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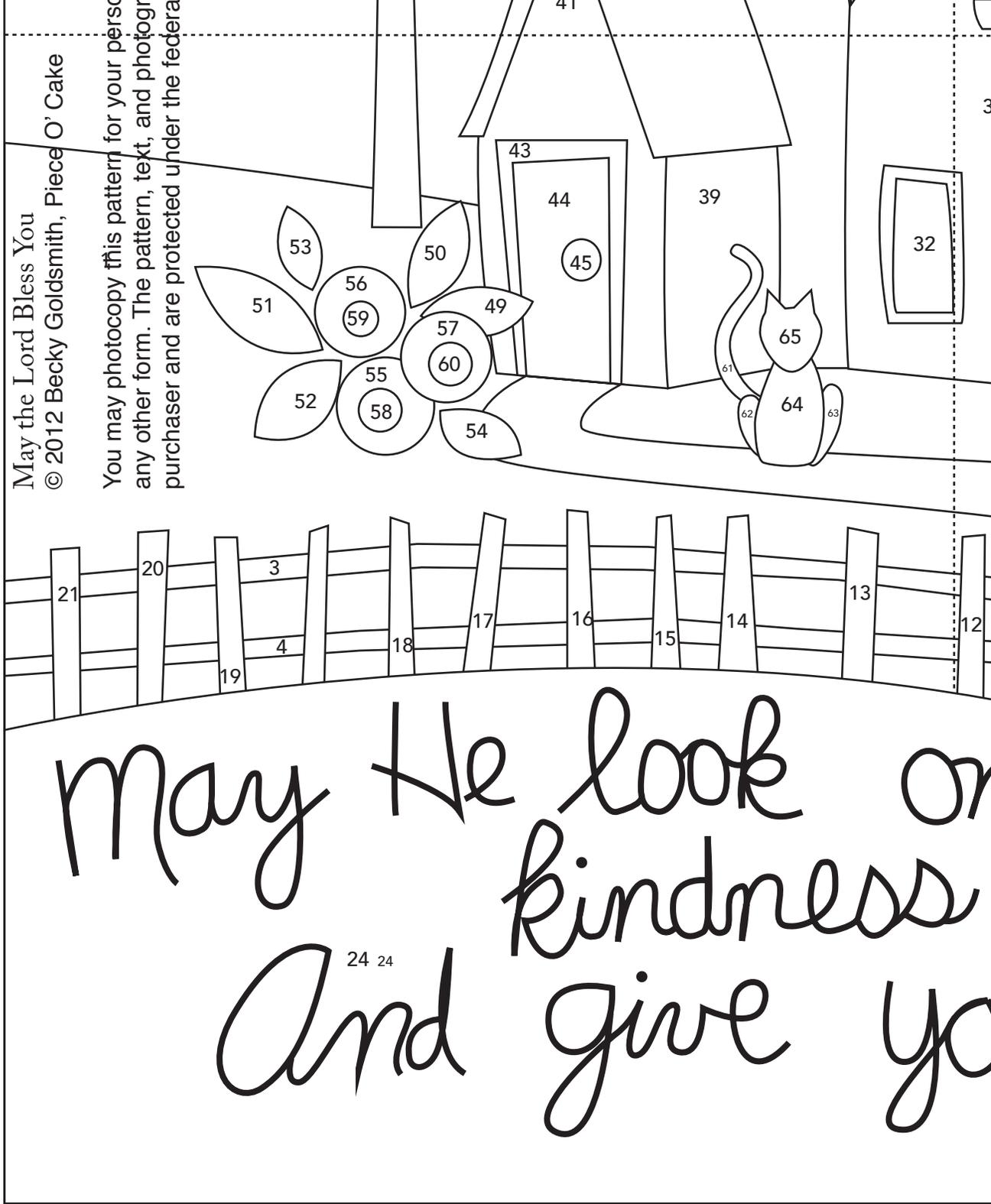


I bless you and
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May the Lord Bless You
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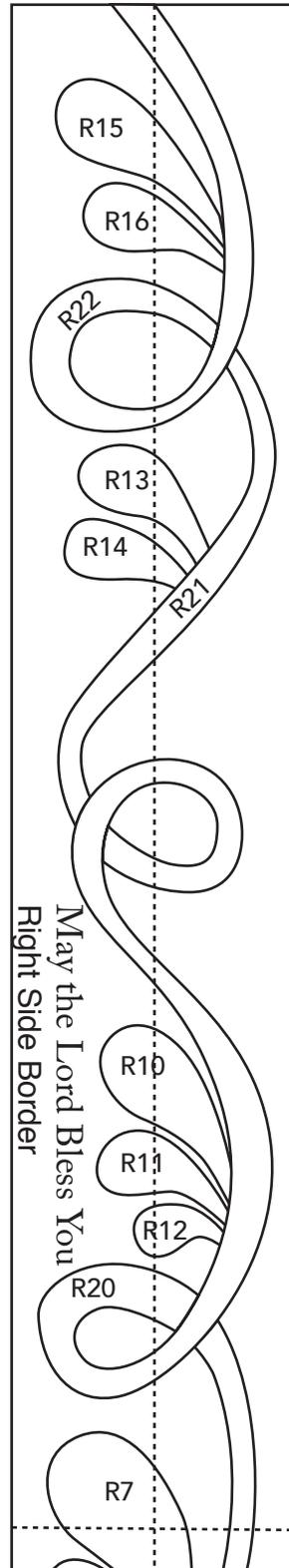
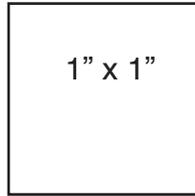
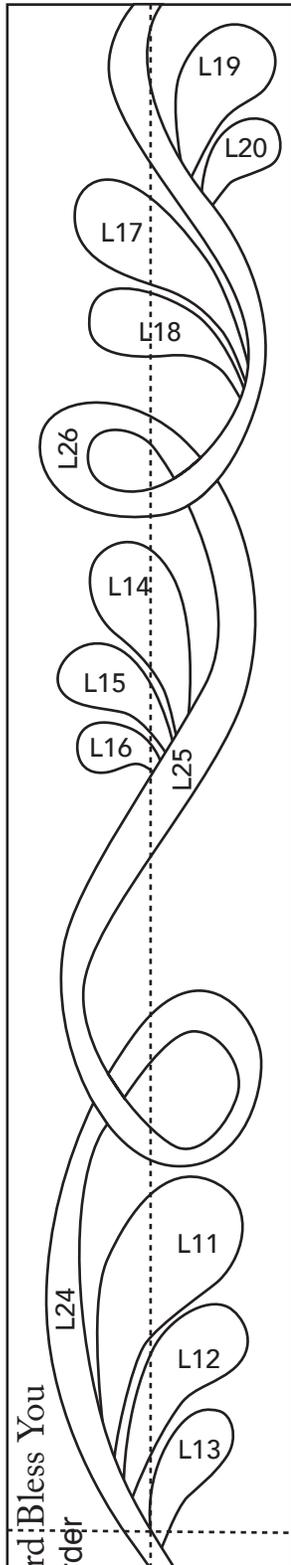
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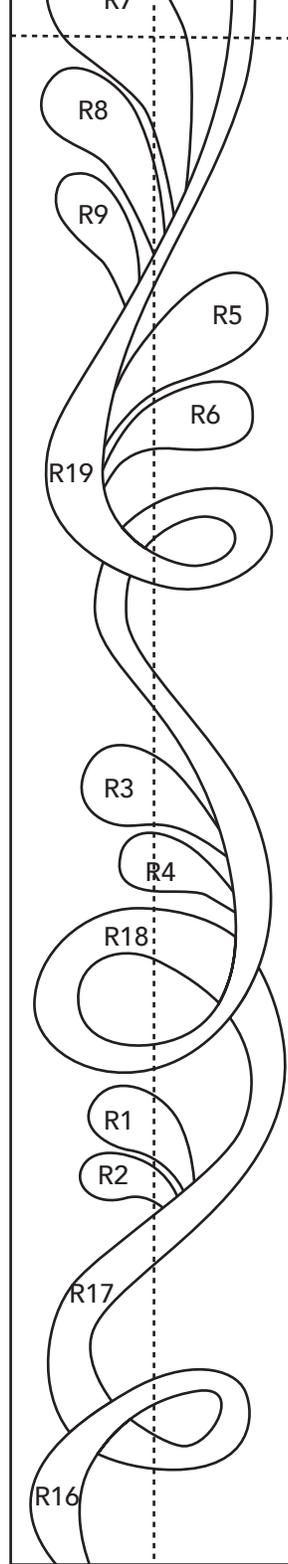
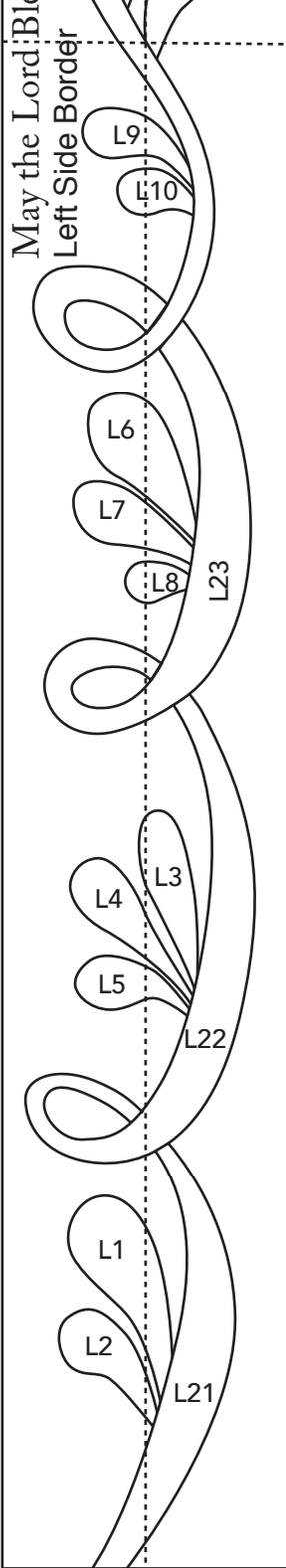


May He look on
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And give you



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you His peace.





May the Lord Bless You

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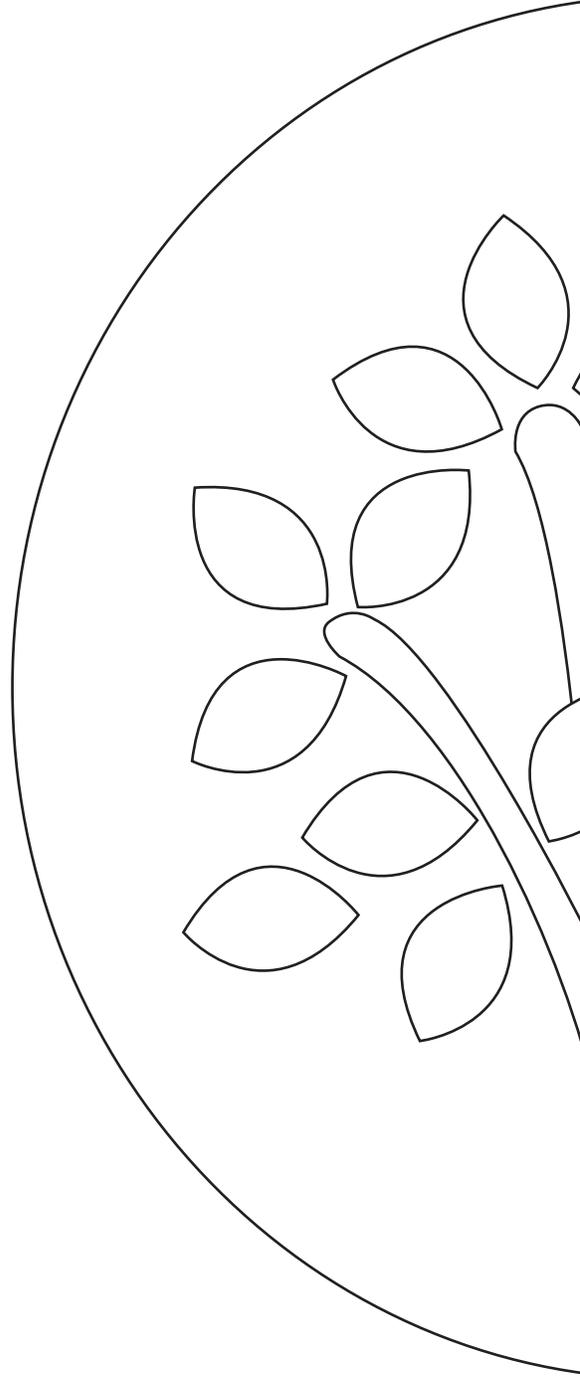
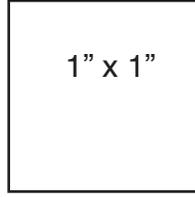
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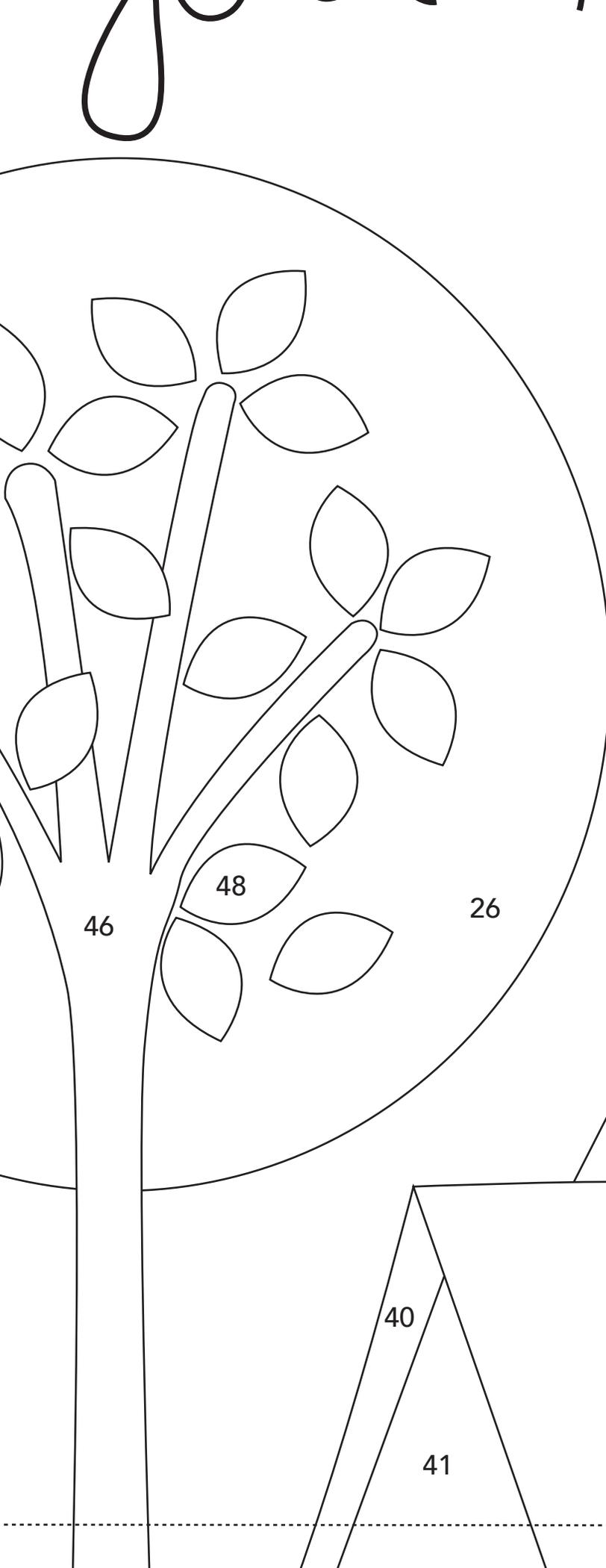
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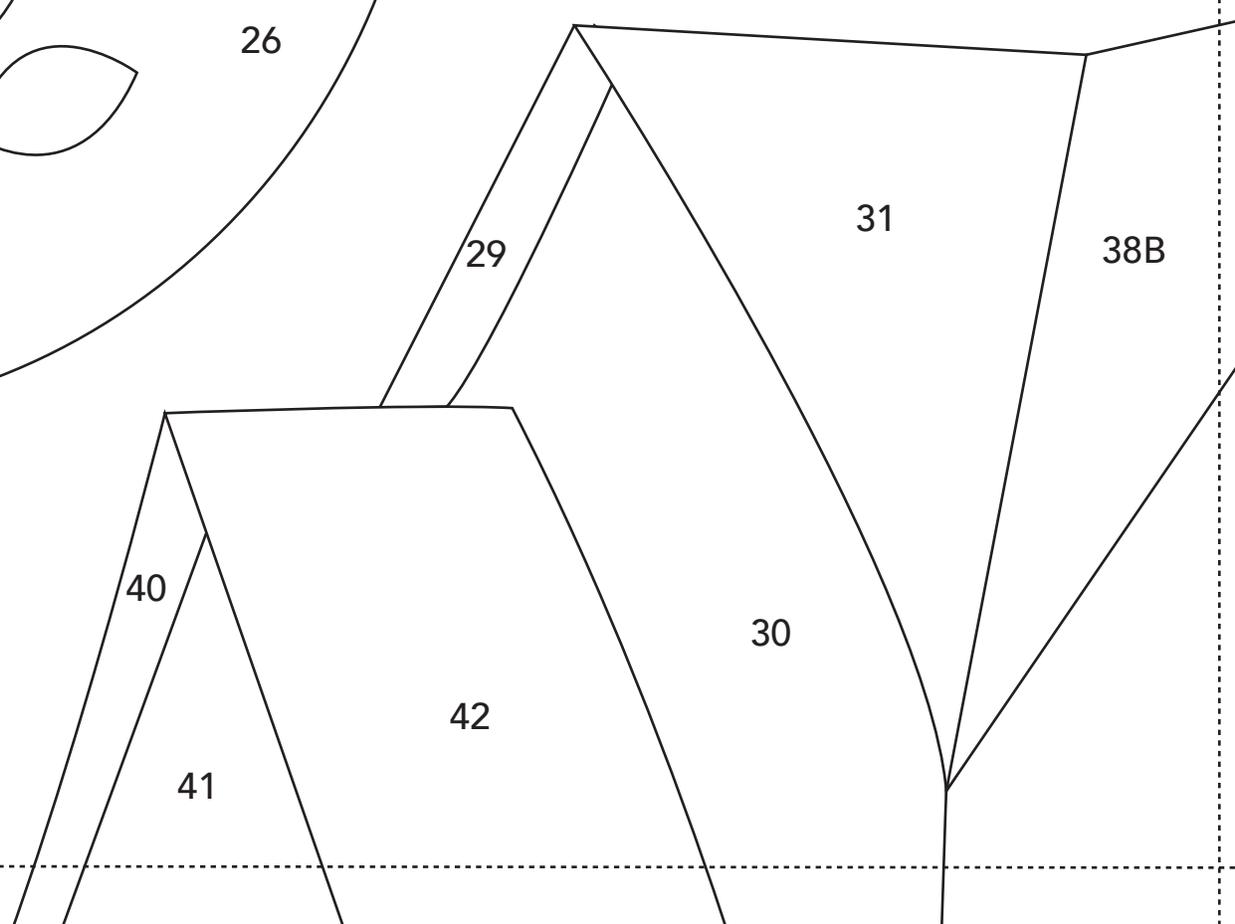
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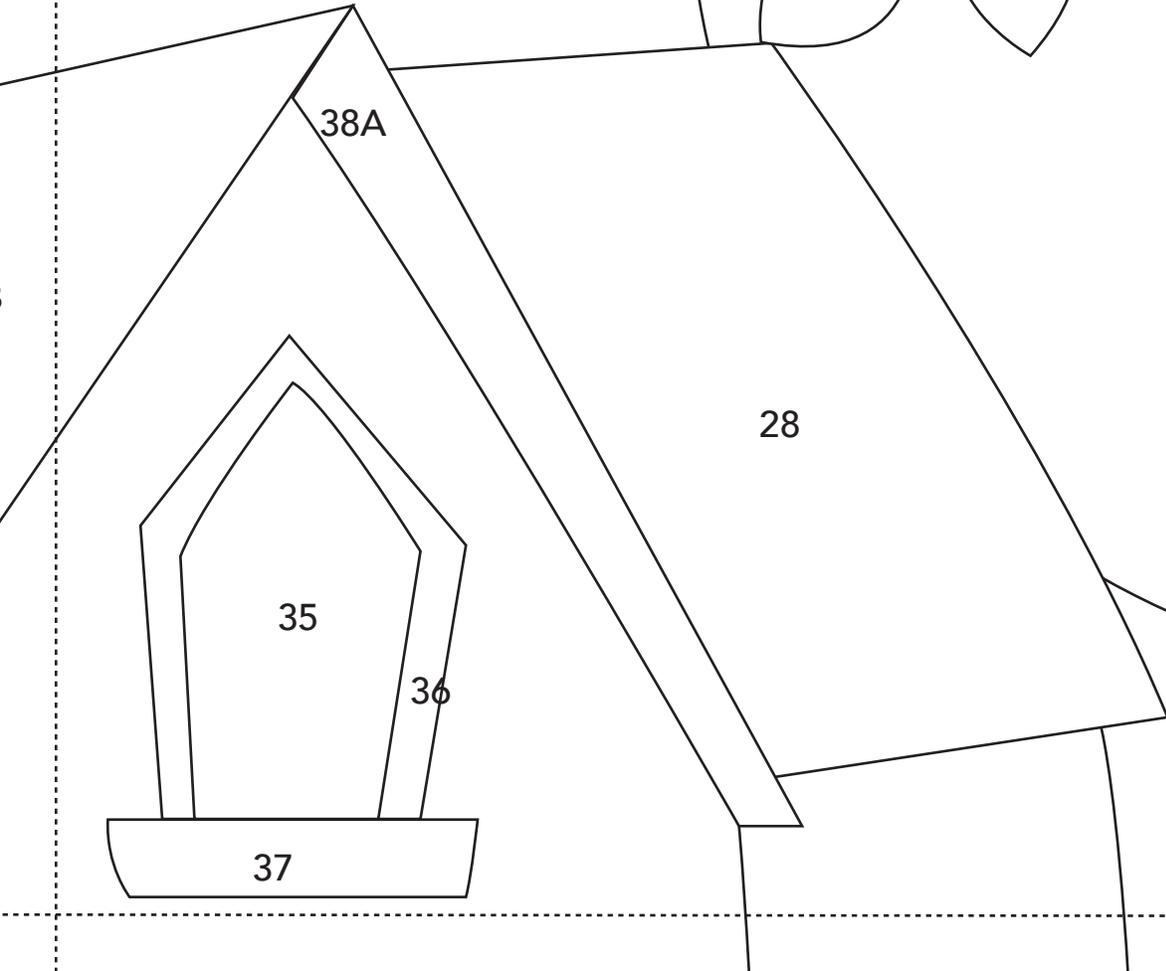
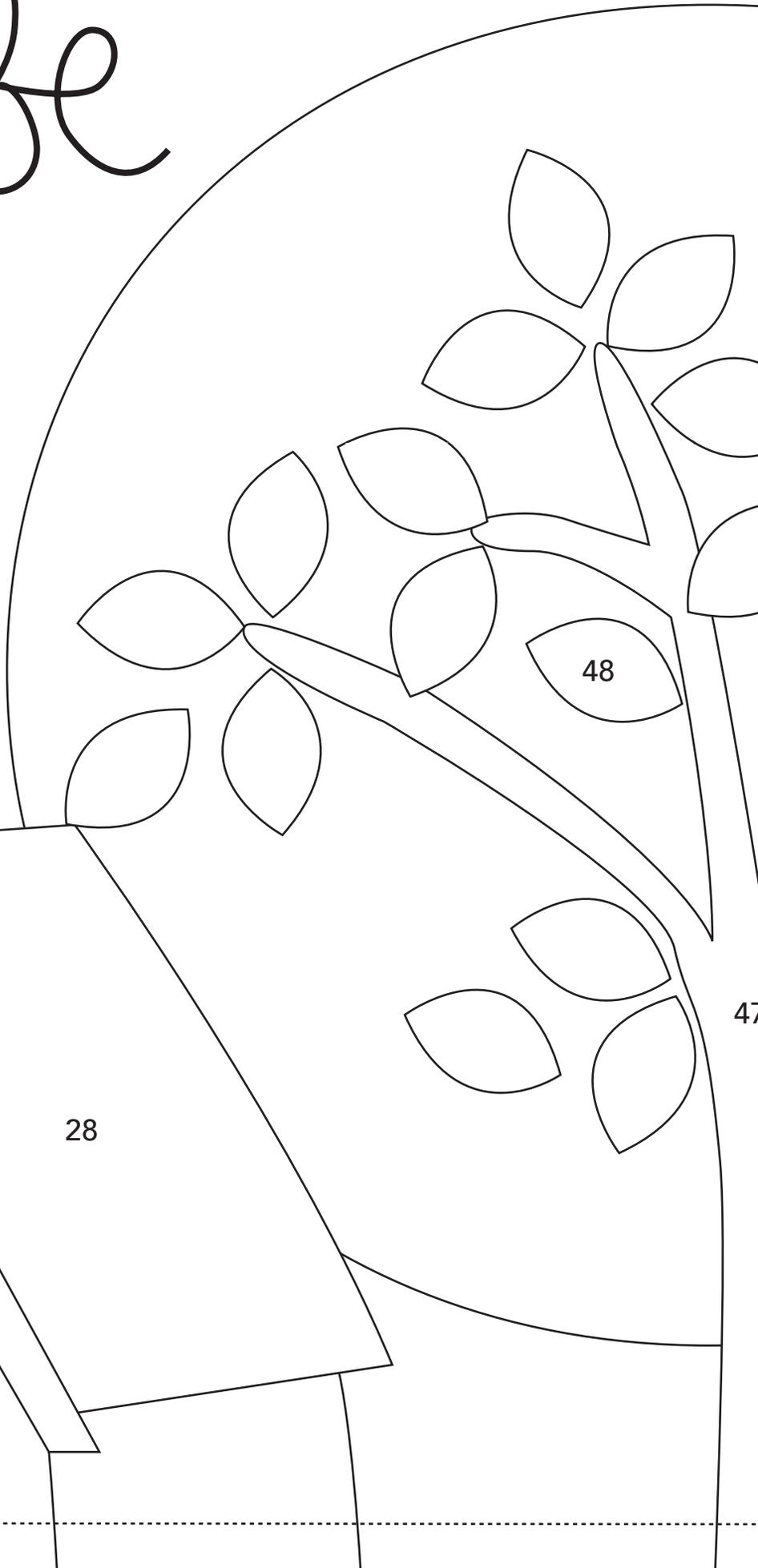


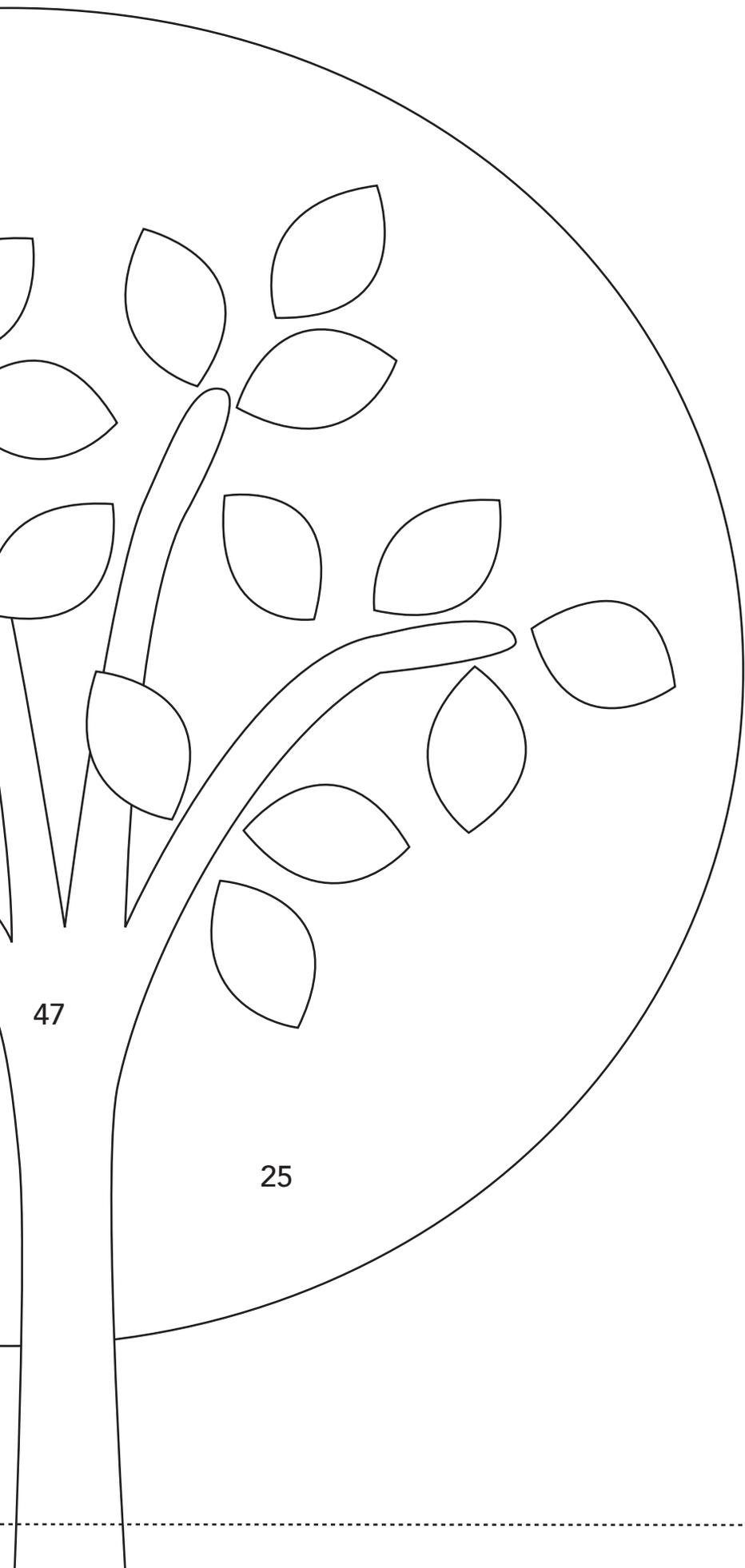


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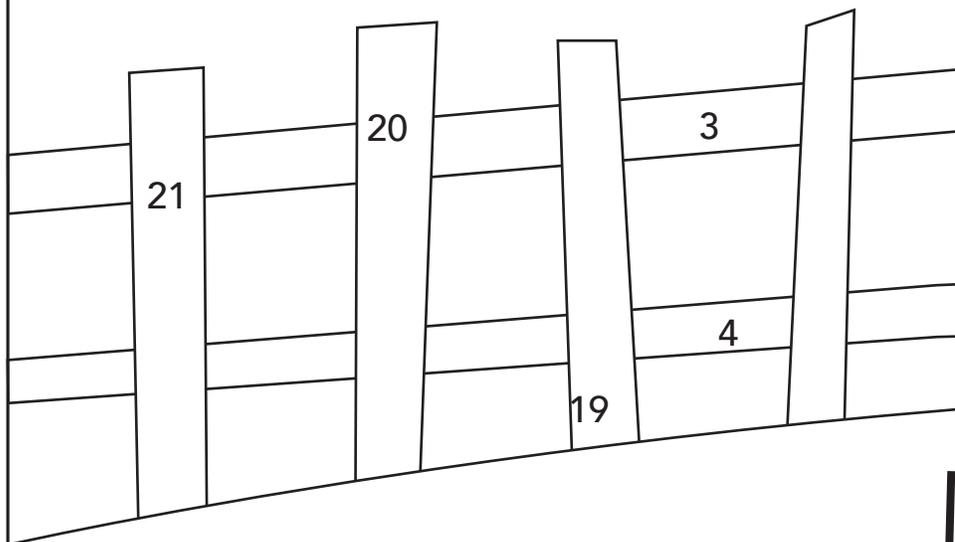
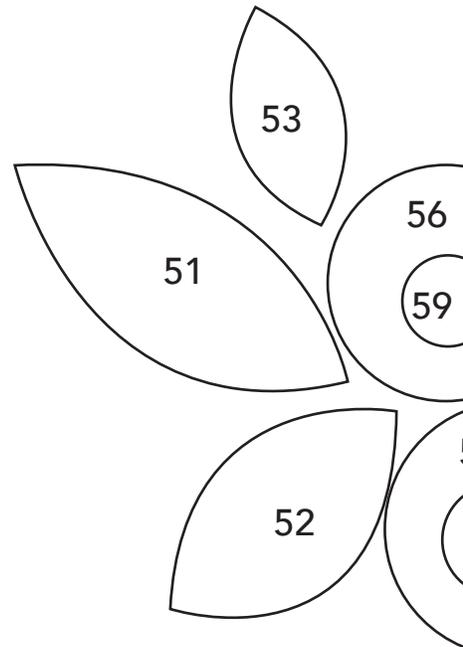




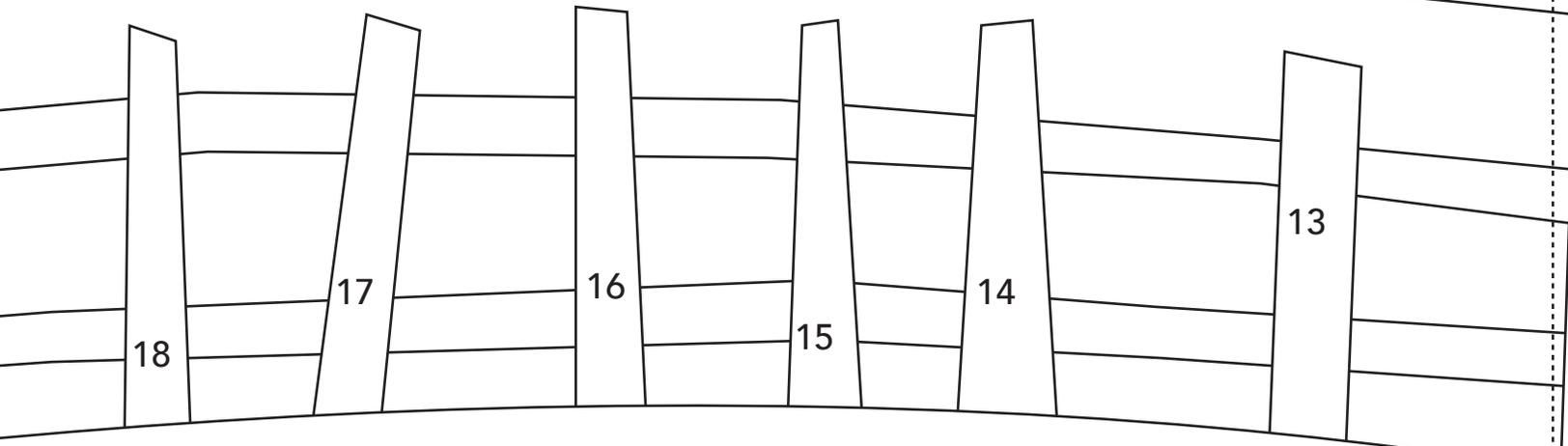
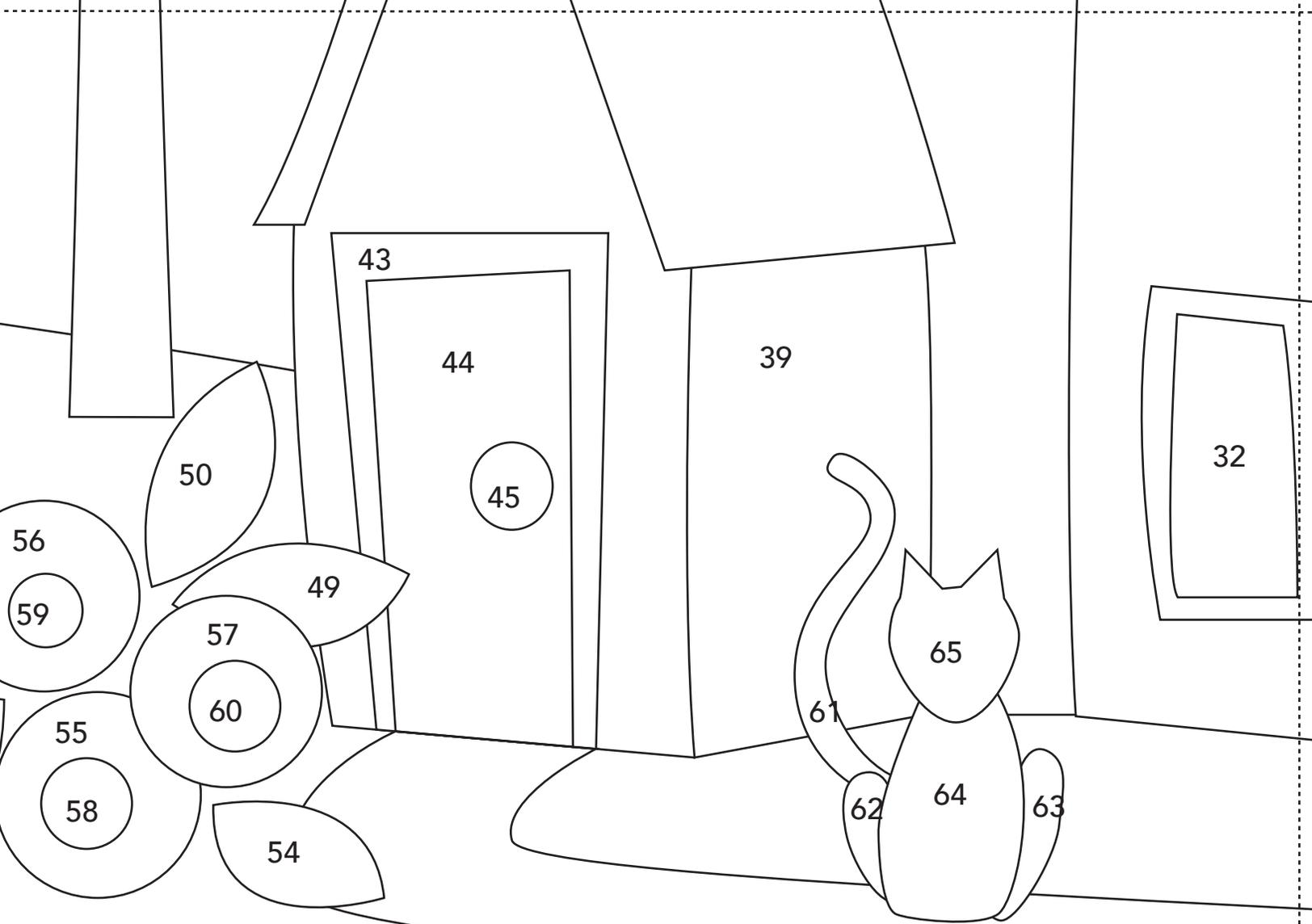
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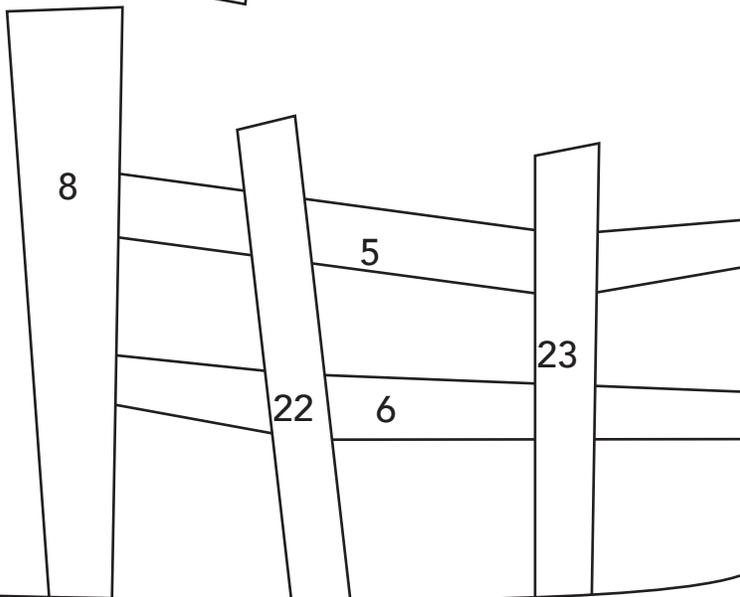
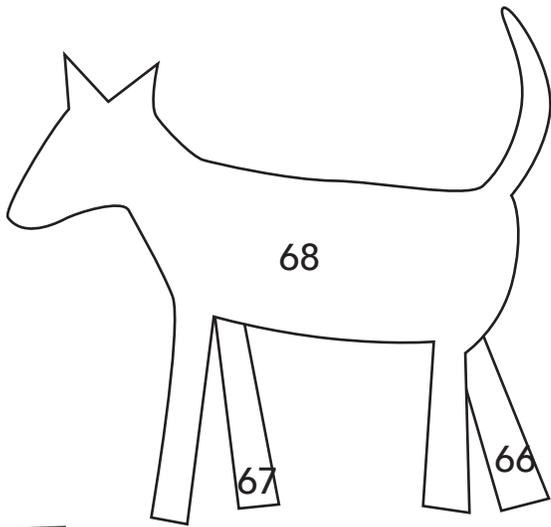


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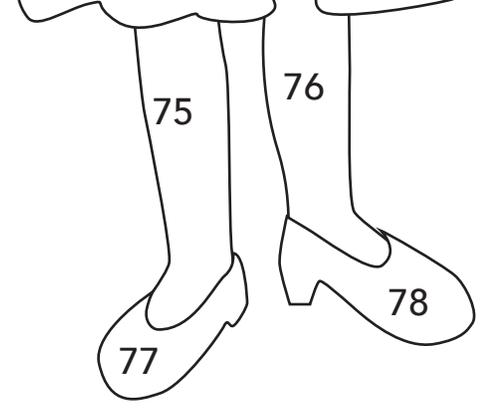
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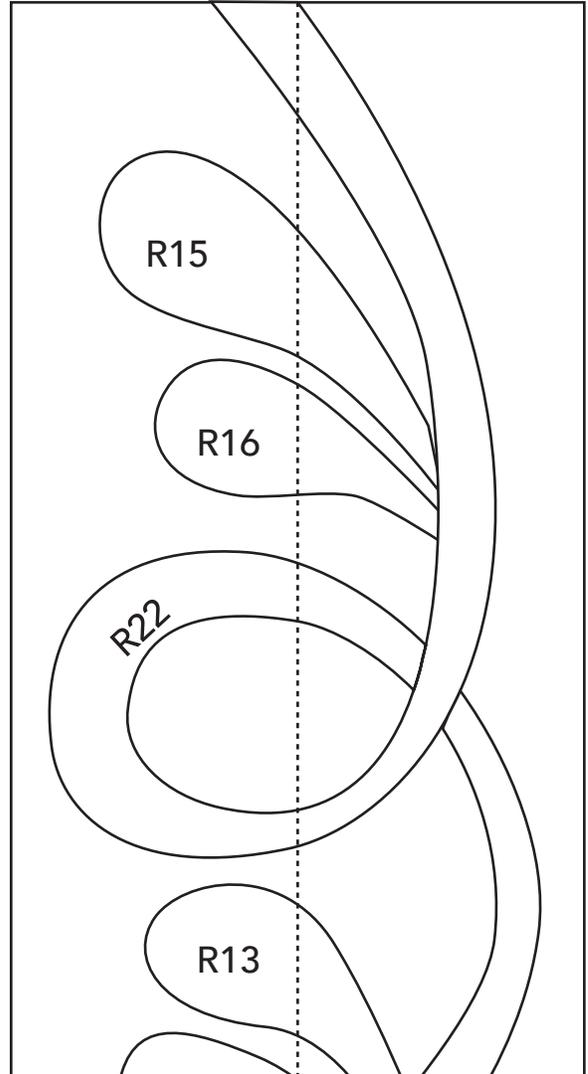
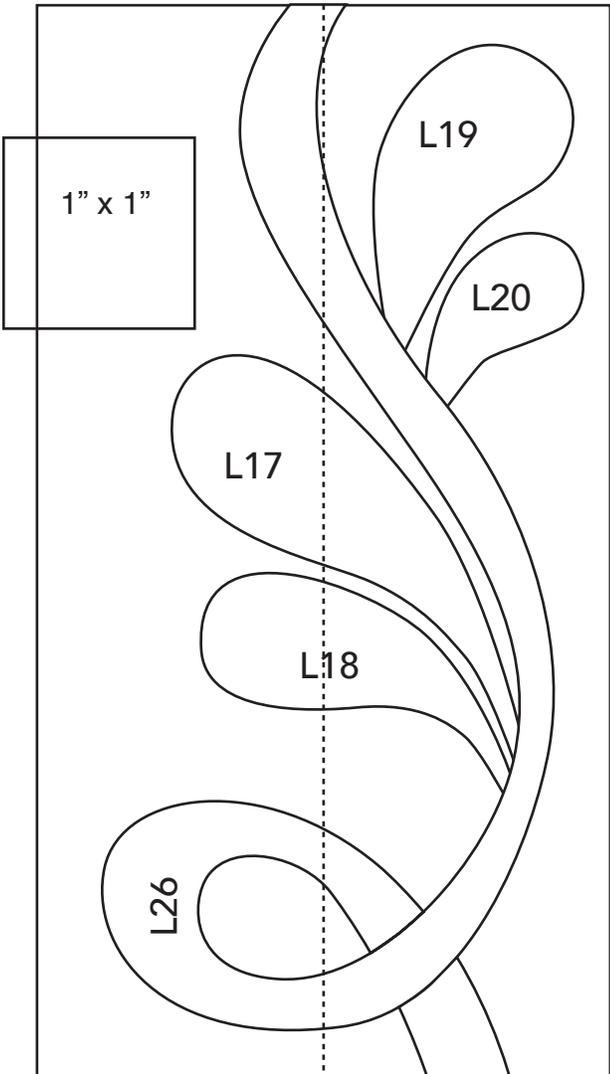


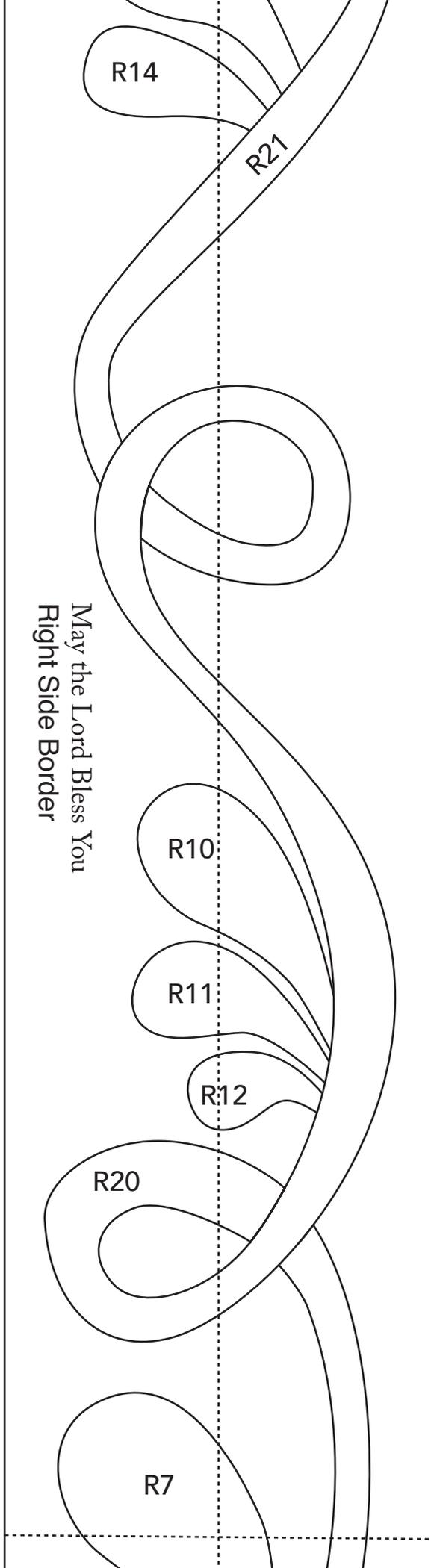
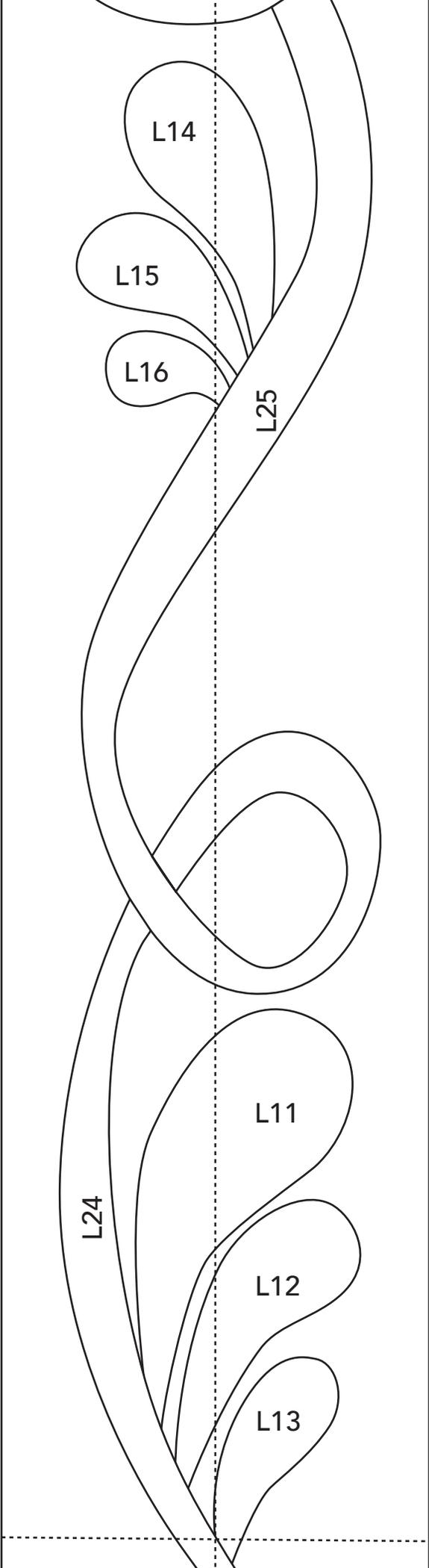
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May the Lord Bless You
Right Side Border

May the Lord Bless You
Left Side Border

