

Scrap & Sew



Making Face Masks

Supplies:

2 - 6" X 9" (7" x 9" for larger masks) pieces of 100% cotton fabric for adult size masks

2- 6.5" (7" for larger masks) pieces of 1/4" elastic

Sewing machine, matching thread and appropriate notions.

All Seam allowances are 1/4"



Instructions

1. Sew the 2 pieces of cotton, RST (right sides together) leaving a opening for turning at bottom. ****Insert elastic in corners as you sew. See picture. Reinforce the elastic in corners by back stitching over the elastic.
2. Turn and press
3. Make a pleat, about 3/8", in center of short end. Make 2 more pleats above and below the center making sure they all go the same way. Pin in place. Repeat on the other short end making sure your 3 pleats go the same way as the pleats on the other side.



4. Top stitch all around the outside. Reinforce the sides around pleats and elastic with double stitching. I turn fabric and go back over sides and then turn again and come back.



5. Your mask is DONE!!!!
6. These masks can be washed in hot water and detergent....no bleach though. The washing and detergent will destroy the outer shell of virus particles but you can put a little Dawn in your wash load!!!