

**Level:** Beginner; ages 8 - 12

**Instructor:** Christina Harrigan

# **YOUTH BASIC SEWING SKILLS:**

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## **Messenger Bag**

### **WHAT YOU WILL LEARN:**

This 10-hour class will get the younger student familiar with their sewing machine while making a cross-body messenger bag. If time allows, we can also make hair scrunchies. An adult family member must accompany the student, and be willing to learn along with the student while providing safety checks and support with math calculations, equipment and tools. This class is a precursor to the 8-week “Intro to Sewing” course that we offer throughout the year. Only BASIC skills will be covered, which include the following topics: assembling a basic sewing kit; sewing safety; sewing terminology; understanding fabric, thread and needles; understanding the parts of your sewing machine; machine care and basic use techniques; and basic construction techniques.

PLEASE ensure your machine is in good working order **PRIOR** to the first day of class. See the attached Class Supply List – Berger’s has all items available. Fabric can be purchased the first day of class, as well as needed tools and notions.

### **YOUR SUPPLY LIST (WHAT YOU NEED TO BRING):**

***PLEASE ensure your machine is in good working order PRIOR to the first day of class.***

Bring your machine in to the store for a tune up if you are not sure how long it has been since it was used. Allow 1-2 weeks for servicing (times may vary).

All required supplies can be purchased at Berger’s (including sewing machines). Fabric can be purchased the first day of class, as well as needed tools and notions. If unsure, please stop by the shop and we will be happy to help you select the proper tools and fabric. Please do not buy generic items online or at a discount store without first understanding the purpose of their use. Poor quality supplies and tools will be frustrating to work with, and you will get discouraged from sewing. Good quality supplies and tools will make sewing easy, productive, and FUN!

- ✓ A **sewing machine** that is clean and in good working condition, which includes a power cord, foot pedal, several bobbins and bobbin case (These are all ***specific*** to your make/model of machine). The operating manual is also needed, and can be downloaded if you cannot locate the original.
  - Machine tool kit – small screwdrivers, other accessories that were included with machine
  - Cleaning brush
  - Universal Presser foot
  - Bobbins – at least 2 that fit your model
  - Schmetz machine sewing needles – Universal size 80/12

- ✓ **Sewing Kit** which includes the following notions:
  - Small 5” scissors, sharp point (not curved tip)
  - Glass head straight pins (**REQUIRED**) with pin cushion or magnetic pin catcher
  - 6” metal sewing gage
  - Fabric marking pencil (color should contrast your fabric selection)
  - Seam ripper
  - Mettler Metrosene Thread, 100% Polyester
    - one color to match your project fabric
  - A sturdy container or plastic box to organize and store sewing tools and notions
  - Small notebook & pencil for taking notes
  - Clean project tote bag to transport items (not used for groceries, homework or snacks)
  
- ✓ Fabric can be purchased the first day of class at the shop:
  - 1 yard of your focal fabric (outside of bag)
  - 1/2 yard of a coordinating fabric for the lining of the bag
  - 1 yard of Pellon 911FF fusible interfacing
  - Hair Scrunchie will use 1/4 yard of fabric and 1/4 yard of elastic 1/4” wide