

Level: Beginner; ages 12 and up

Instructor: Christina Harrigan

Intro to Sewing with a Project

WHAT YOU WILL LEARN:

This class meets once a week for 8 weeks, 2 hours per session. Topics will cover assembling a basic sewing kit (and why quality matters); sewing safety; sewing terminology; understanding fibers and fabrics; how to select fabrics, thread and needles; understanding the parts of your sewing machine and how they work; machine care and maintenance; measuring to fit a pattern; how to layout a pattern; fabric care; following pattern instructions; using a sewing machine and your tools to construct a simple garment (measuring, cutting, threading, stitch settings, construction techniques to include seams, narrow hems, stay-stitching, under-stitching, top stitching, easing & gathering, curves, grading, clipping curves, casings, ties, pockets and other skills specific to the designated project); pressing vs. ironing; various machine techniques; and hand sewing basics (mending, hems, and buttons).

YOUR SUPPLY LIST (WHAT YOU NEED TO BRING):

- **A sewing machine** that is clean and in good working condition, which includes a power cord, foot pedal, several bobbins and bobbin case (These are all *specific* to your make/model of machine). The operating manual is also needed, and can be downloaded if you cannot locate the original.
 - Machine tool kit – small screwdrivers, other accessories that were included with machine
 - Cleaning brush
 - Presser feet
 - Bobbins – at least 2
 - Schmetz machine sewing needles – Universal size 80/12
- **Sewing Kit** which includes the following notions:
 - 7-8” Fabric Cutting Shears
 - Small 3”-5” scissors, sharp point (not curved tip)
 - Glass-head straight pins (must indicate “heat resistant”)
 - Pin cushion or magnetic pin catcher
 - John James hand sewing needles, “Sharps” or “Milliners”
 - Measuring tape, 60” long
 - 6” metal sewing gage
 - Fabric marking pencil (color should contrast your fabric selection)
 - Seam ripper
 - Mettler Metrosene Thread, 100% Polyester
 - ▶ one color to match your project fabric
 - ▶ another color to contrast

- A sturdy container or plastic box to organize and store sewing tools and notions
- Small notebook & pencil for taking notes
- Clean project tote bag to transport items (not used for groceries, homework or snacks)
- **Optional Notions:**
 - Sewing Machine carrying case
 - Bent-nosed tweezers
 - Rotary Cutter and 6"x24" Rotary Cutting Ruler
 - Needle threader to help with hand sewing (and aging eyes)
 - Thimble, if you plan to do a lot of hand sewing or quilting
 - A few medium/large safety pins for running ties through a casing
 - Tracing wheel and tracing paper, used for transferring pattern markings to fabric
- An **iron and ironing board** for home use

*** All required supplies can be purchased at Berger's.**

ROTARY CUTTERS AND RULERS WILL BE AVAILABLE AT THE STORE FOR YOUR USE.