

**Level:** Beginner

**Instructor:** Gail Reinke

# **Inserting Sleeves Made Simple**

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## **WHAT YOU WILL LEARN:**

When you are just starting out on your sewing journey, sewing in sleeves can be a bit frustrating. But with a little knowledge, and experience, they will become much easier. In this class you will be doing a sample of 2 different techniques, this will give you alternatives to use when doing future projects. And remember, this class is about learning new techniques, not that you will have a mini bodice with sleeves.

In this class you can use either a sewing machine or a serger, your choice. Either method can be adapted to either machine; so, if you are comfortable using your sewing machine to insert sleeves, but not your serger, then bring your serger and become more adept with that machine also. In class you will be cutting out a small bodice and sleeves, then use method 1 on one sleeve, and method 2 on the other, giving you a sample of both to reference in the future. You do need to know how to use/thread your machines for this class.

## **YOUR SUPPLY LIST (WHAT YOU NEED TO BRING):**

### **Machine & Accessories**

- Sewing machine OR serger in good working order
- Power cord and foot control for your machine
- All tools that came with your machine, especially the screwdriver needed to change your needles
- Regular sewing foot for your sewing machine
- If using a serger, your regular, curve, or clear curve foot will work
- New size 80 universal or serger needles

### **Thread & Fabric**

- Good-quality sewing thread for your machine
- If using a serger, you will be using a 4-thread overlock stitch
- 1/2 yard of WOVEN fabric for your sample; muslin or quilting cotton will work great

### **Sewing Tools**

- Sharp scissors for clipping threads, curves, and seams
- Sharp fabric shears or a rotary cutter for cutting out your fabric (we do have some rotary cutters available for use in the classroom)
- Seam gauge
- Pins
- Fabric marking pen or pencil