

Bee-utiful Sunflower Runner



Design files

SunFlw.###
FlwBud.###
FullBee.###
LtScroll.###
RtScroll.###
SunFlwQu.###
FlwBudQu.###

Where ### is the extension of the file format for your embroidery machine.



Shopping List

- Good Quality Tear Away Stabilizer
- 1 yard of background fabric
- 1-1/2 yards of Pellon Fusible Shape-Flex SF101
- 1/4 yard sunflower fabric
- 1/4 yard leaf fabric or scraps
- 1/8 yard centers of sunflower fabric
- 1-1/3 yards (30" x 48") backing fabric
- Craft size batting (Quilter's Dream Blend was used on ours)
- Six 6" squares of scrap batting
- 1/4 yard binding
- Temporary Spray Adhesive or basting pins
- Embroidery thread: gold, green, black, white and silver-gray
- Water soluble pen
- Painter's tape (helpful)

Read before you start

There are three sections to this pattern: the appliqué stitch outs, the table runner assembly, and the custom quilting.

Press Fusible Pellon Shape-Flex SF101 to the back side of all background fabric pieces. This will help will puckering around the appliqué and give you a much more professional look.

You may need to match the bobbin color to the top thread color. It all depends on your machine. However, I would definitely use a black bobbin when using black thread and a white bobbin when using white thread.

Use a good quality tear away stabilizer like one by Floriani or OESD. It needs to support the layers of your block.

For quilting, mark the centers before you assemble the table runner. I will remind you. This is important!!!! If your 1/4" seam is generous on one side, it could throw off the placement of the quilting around the appliqué.