

Designed by Margrit Hall



# IN LOVE WITH NATURE



www.rjrfabrics.com  ME SWEET  ME IS  MEMADE!





# Morning Science

SPEAK TO THE EARTH  
& IT SHALL TEACH THEE.  
JOB XII.8

Every morning, for years & years & in all seasons, Joe & I walk the same walk ~ out a dirt road that meanders through the woods & around the pond, to road's end, where the pond opens to the sea ~ a place known locally as "the creek." Every season is wonderful there, but in the fall the woods dazzle us in reds & golds & wood smoke spices the crisp ocean air. We bundle up, me in my green plaid scarf & Joe in his black beret.

After so many seasons, we feel intimate with every stick, tree & critter on the road. Over the years we have seen hawk, osprey, egret, owl, wild turkey, swan, deer, snake, Canada goose, bunny, lobster, skunk & of course, dog.

As we walk along we ask each other questions, trying to divine the secrets of nature. It's become a kind of game we call "Morning Science," which is FUNNY to us because we know NOTHING about science, something that has really come to light out there. That doesn't stop us ~...

For example: MORNING SCIENCE, OCT. 12

ME: Look at the BIG hole in the trunk of that tree. Look how PERFECT it is ~ what do you s'pose made it?

JOE: A woodpecker?

ME: A WIDE-MOUTHED woodpecker?

JOE: How 'bout a beaver?

ME: Silence (I know there's no beavers here.)



(NOW I SEE WHY PEOPLE LIKE TO PAINT THESE ADORABLE CREATURES...

I HAD TO STOP MYSELF FROM PUTTING LITTLE CLOTHES ON THEM. ♡)

Continued on back page.



# Garden of Flower Delights

Finished Quilt: 55" x 55"  
Instructions by Margrit Hall

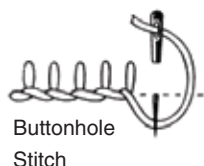
All strips are cut width of fabric unless directed otherwise. All seam allowances are 1/4". Before cutting out appliqué see appliqué directions.

Fabric #	Swatch	Style #	Cutting Directions	Yardage
1		7443-2	Cut 1 square 40 1/2" x 40 1/2" <b>Hint:</b> Cut square 42" x 42" and cut down to 40 1/2" x 40 1/2" after appliqué is finished. This will allow for any distortion that might take place during appliqué.	13/8 yards
2		7439-02	Cut 24 of Template A. (Before cutting out appliqué see appliqué directions.)	1/4 yard
3		7440-01	Cut 36 of Template A. (Before cutting out appliqué see appliqué directions.)	1/4 yard
4		7442-02	Cut 36 of Template A. (Before cutting out appliqué see appliqué directions.)	1/4 yard
5		7440-02	Cut 44 of Template A. (Before cutting out appliqué see appliqué directions.)	3/8 yard
6		9617-132	Cut 140 of Template B. (Before cutting out appliqué see appliqué directions.)	1/4 yard
7		7445-03	Cut 168 of Template C. (Before cutting out appliqué see appliqué directions.)	3/8 yard
8		7445-04	From the 1/2 yd of fabric, cut off a 14" piece. From the 14" x 1/2 yd piece cut 4 of Template D. (Before cutting out appliqué see appliqué directions.) Set the remainder of the fabric aside for making bias strips. <div style="display: flex; align-items: center; justify-content: center;"> <div style="text-align: center; margin-right: 10px;"> ↑ 1/2 yd ↓ </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <div style="display: flex; justify-content: space-between; width: 100%;"> <span>← 14" →</span> </div> </div> </div>	1/2 yard
9		9617-197	Cut 10 strips 1" wide for first and third borders.	3/8 yard
10		7444-01	Cut 5 strips 2 1/2" wide for second border.	1/2 yard
11		7430-02	See fourth border instructions for cutting directions and illustrations.	17/8 yards
12		7440-03	Cut 6 strips 2 1/4" wide.	1/2 yard
13		7432-01	suggested backing	3 1/2 yards
			Fusible webbing	4 yards



## Fusible Web Appliqué Directions

1. Layout the fusible webbing, paper side up. Place the template face down on the paper. Using a soft pencil, trace around the template. Leave  $\frac{1}{4}$ " yard to  $\frac{1}{2}$ " between each appliqué.
2. Cut out the appliqué leaving a small border of paper around each piece.
3. Follow the manufacturer's directions, iron the fusible side of the web to the wrong side of the appliqué fabric.
4. Cut out the appliqué on the pencil lines. Remove the paper, and using the manufacturer's directions press the appliqué in place, fusible side down.
5. Machine or hand sew a buttonhole stitch around the appliqué. Use your choice of matching, contrasting or invisible thread.



**Hint:** If doing multiples of the same appliqué, draw several of the templates on to the fusible webbing and cut out as a group and iron to the back of the fabric.

## Layout Diagram Directions

1. Tape the layout diagram sections together matching the notches. Turn the diagram over and trace image to the reverse side of the paper. Use a light-box or tape the diagram to a window so the drawing will be visible.

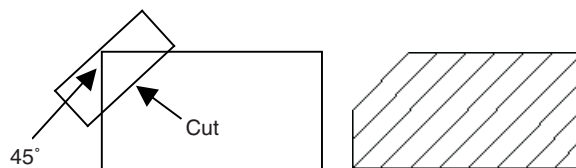
## Appliqué Layout

1. Draw a light pencil line 1" up from the bottom edge of the 42" square of background fabric. If using 40 $\frac{1}{2}$ " square, draw  $\frac{1}{4}$ " up from the bottom edge of the fabric. Draw the line around the entire perimeter of the fabric.
2. Place the layout diagram under the fabric, lining up the bottom line of the diagram 1" above the pencil line on the background fabric. Trace the appliqué design onto the fabric. Trace one section on the fabric, flip the diagram over and continue tracing the layout diagram on the fabric. (Do not trace the flower centers on the fabric, as they will be centered on the flowers when appliquéing)

## Constructing Bias Strips

1. Trim the selvage from the remaining section of Fabric 8. The piece will be approximately 18" x 28". Trim the top and bottom of the fabric to straighten the edges.

2. Iron a piece of fusible webbing to the back of the fabric.
3. Lay the 45° angle line of your ruler against the edge of the fabric as illustrated. Cut off the corner at a 45° angle.
4. Cut  $\frac{1}{4}$ " wide bias strips from the remainder of the fabric.



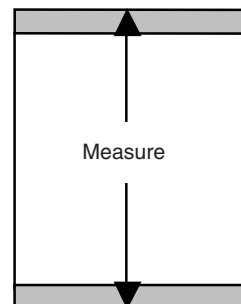
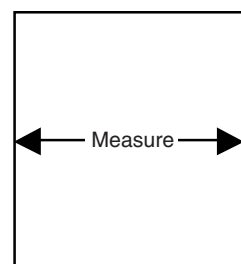
## Appliqué

1. Layout the vine and basket handles on the background fabric, cutting the bias strips to fit. Vine can be placed in sections. Ends of vines should be placed under the flowers. The flowers will cover the vine ends. When laying out basket handles make sure that the basket will cover the handle ends. Fuse in place. Machine appliqué the vine to the background.
2. Using fusible appliqué, layout and appliqué the baskets, flowers, and leavers to the background.

**Border Directions** (If your measurements are different cut to your measurements) Press seams away from the body of the quilt.

## How to measure quilt for borders

1. Measure the width of the quilt at the center of the quilt. Cut the top and bottom border to that measurement, and sew to the top and bottom of the quilt.
2. Measure the length of the quilt at the center to include the top and bottom borders. Cut the side borders to that measurement. Sew to the sides of the quilt.
3. Repeat measurement process for each border.

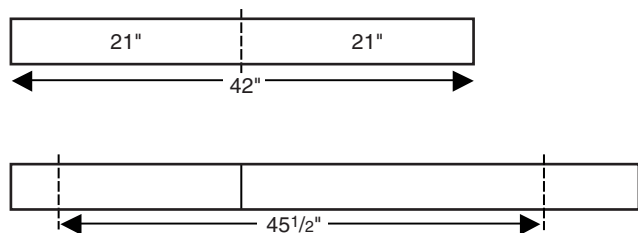


### 1st Border

1. Cut 2 of the 1" wide Fabric 9 strips down to measure 1" x 40 $\frac{1}{2}$ ". Sew to the top and bottom of the quilt. Cut 2 of the 1" wide Fabric 9 strips down to measure 1" x 41 $\frac{1}{2}$ ". Sew to the sides of the quilt.

### 2nd Border

1. Cut 2 of the 2 $\frac{1}{2}$ " wide Fabric 10 strips down to measure 2 $\frac{1}{2}$ " x 41 $\frac{1}{2}$ ". Sew to the top and bottom of the quilt.
2. Cut 1 of the 2 $\frac{1}{2}$ " wide Fabric 10 strips in half to make 2 strips 2 $\frac{1}{2}$ " x 21". Sew one of the 2 $\frac{1}{2}$ " x 21" strips end-to-end with a 2 $\frac{1}{2}$ " x 42" Fabric 10 strip. Make 2. Cut each of the 2 long strips down to measure 45 $\frac{1}{2}$ ". Make sure to cut strips so that the seam is a least 6" from the end of the border strip. Sew to the sides of the quilt.

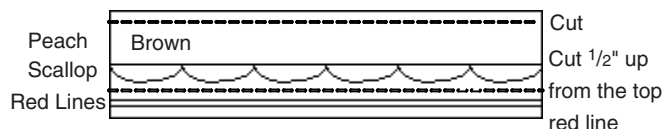


### 3rd Border

1. Cut 2 of the 1" wide Fabric 9 strips in half to make 4 strips 1" x 21". Sew each of the 1" x 21" strips end-to-end with a 1" x 42" Fabric 9 strip. Make 4.
2. Cut 2 of the long strips down to measure 45-1/2". Sew to the top and bottom of the quilt. Cut the 2 remaining long strips down to measure 46-1/2". Sew to the sides of the quilt.

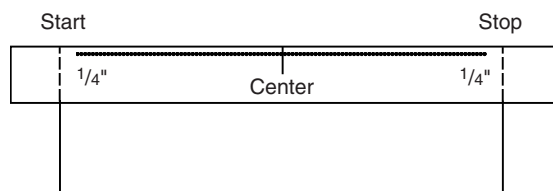
### 4th Border

1. From the Fabric 11 Border Print, carefully cut 4 strips 5" wide x length of fabric where indicated. Cut 1/2" up from the top red line. Measure up 5" and cut.

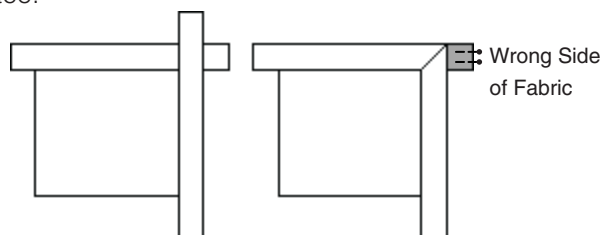


2. Fold border in half, adjusting so that the peach motif is centered. Press on fold. Repeat for remaining 3 borders. (see color photo)

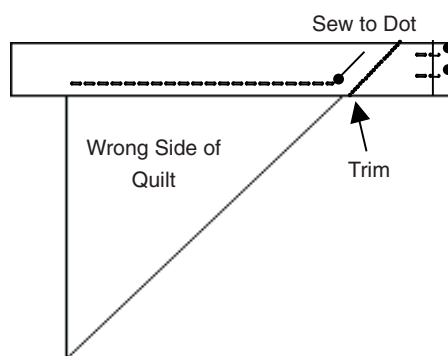
3. Match the center of the border strip to the center of the quilt and pin.
4. Sew each border strip to the quilt, starting and stopping 1/4" from the edge of the quilt. Press seams toward border. Repeat with the remaining 3 border strips.



5. To create the miter, place the border strip on the right over the top border strip.
6. Fold the right border strip under itself at a 45° angle, press and pin border ends together to hold them in place.



7. Fold the quilt on the diagonal as illustrated. Draw a line on the crease and sew on the line. Backstitch at both ends. Repeat for the remaining 3 corners. Do not sew through the seam allowance where you sewed the border to the quilt.

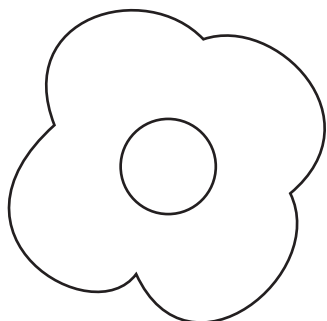


8. Remove pins and turn the quilt to the right side. Check to make sure that the corners lay flat. Trim 1/4" away from the seam line.

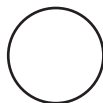


## Templates

(Shown at 100%, DO NOT scale when printing)



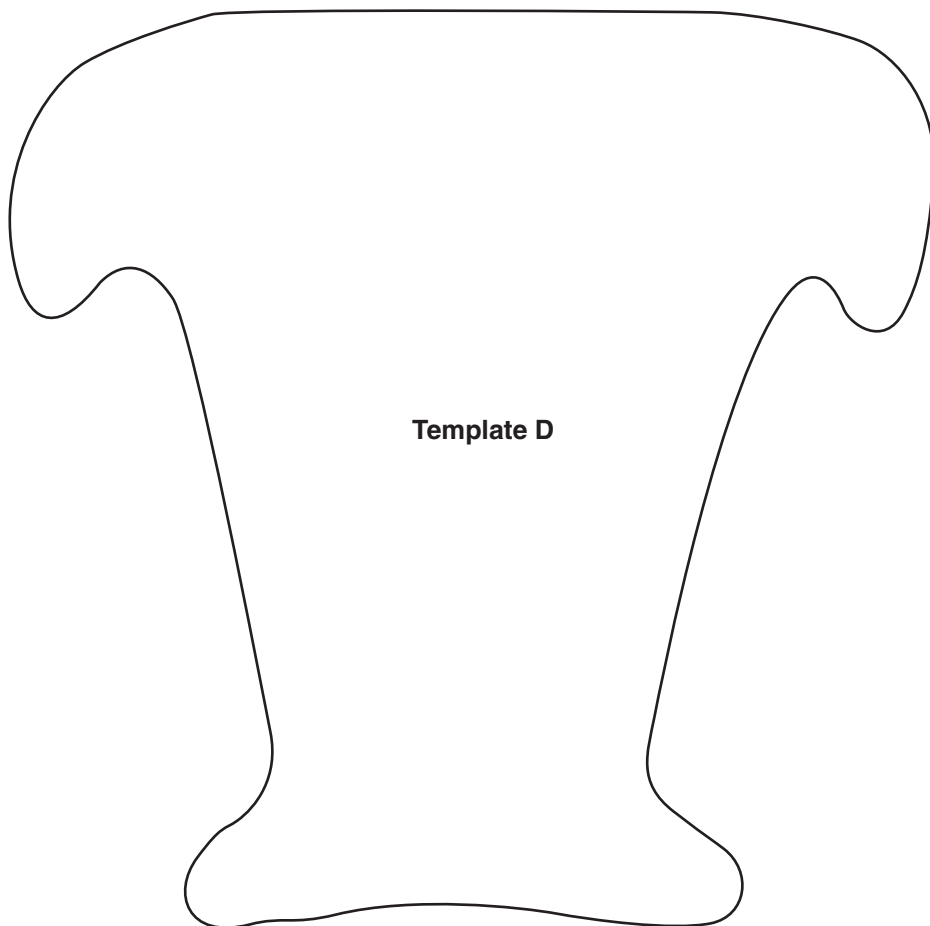
Template A



Template B



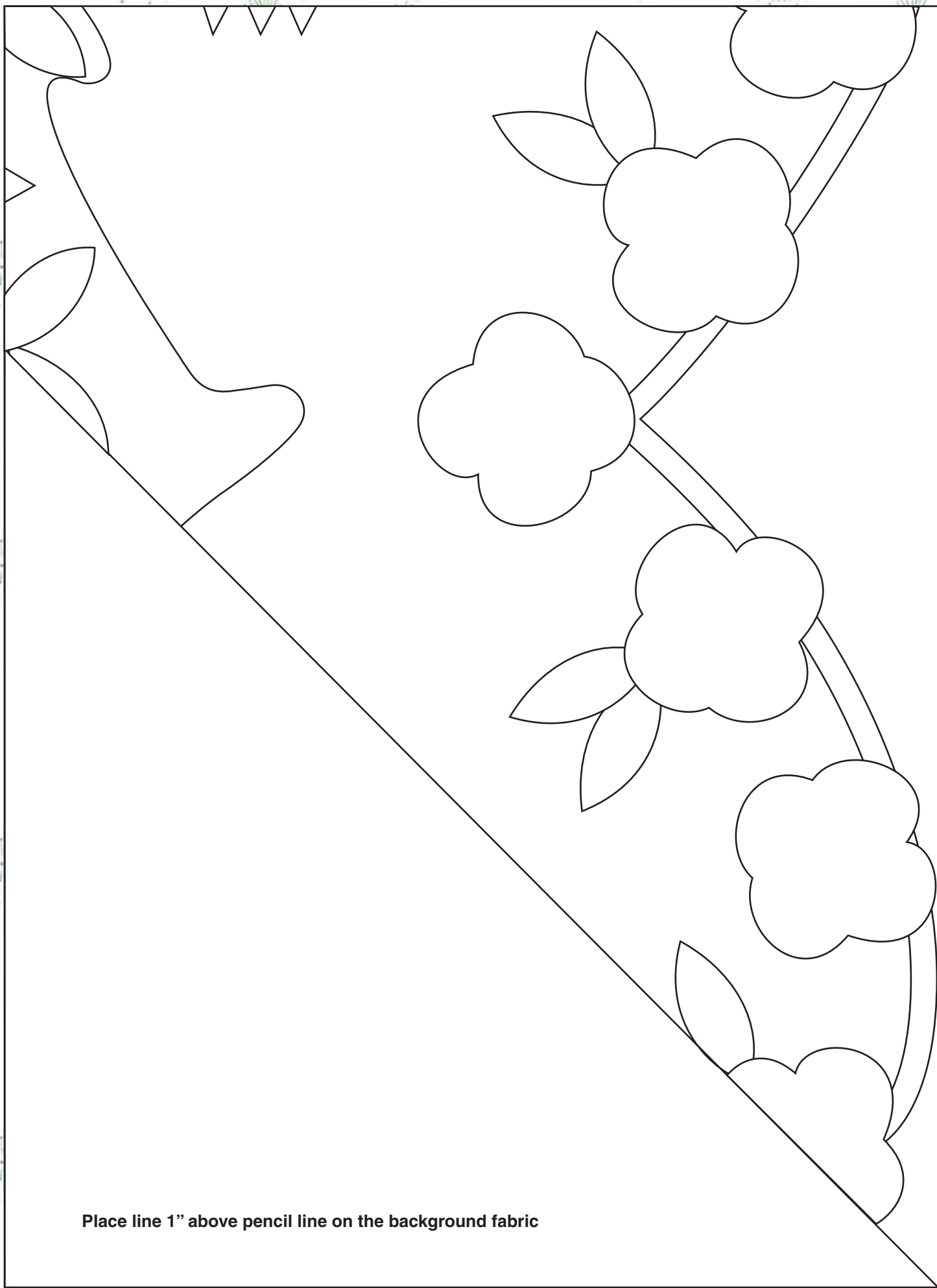
Template C



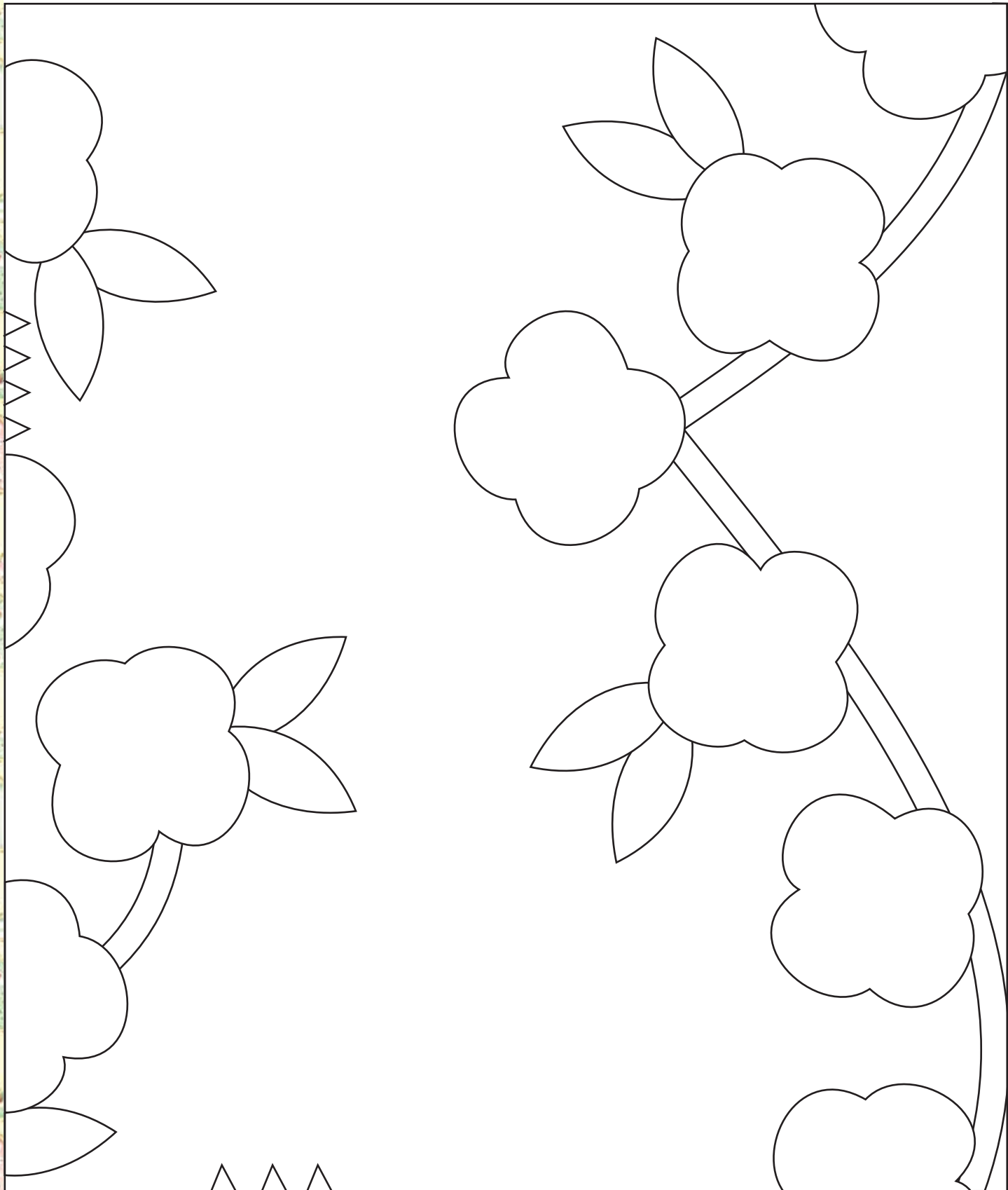
Template D



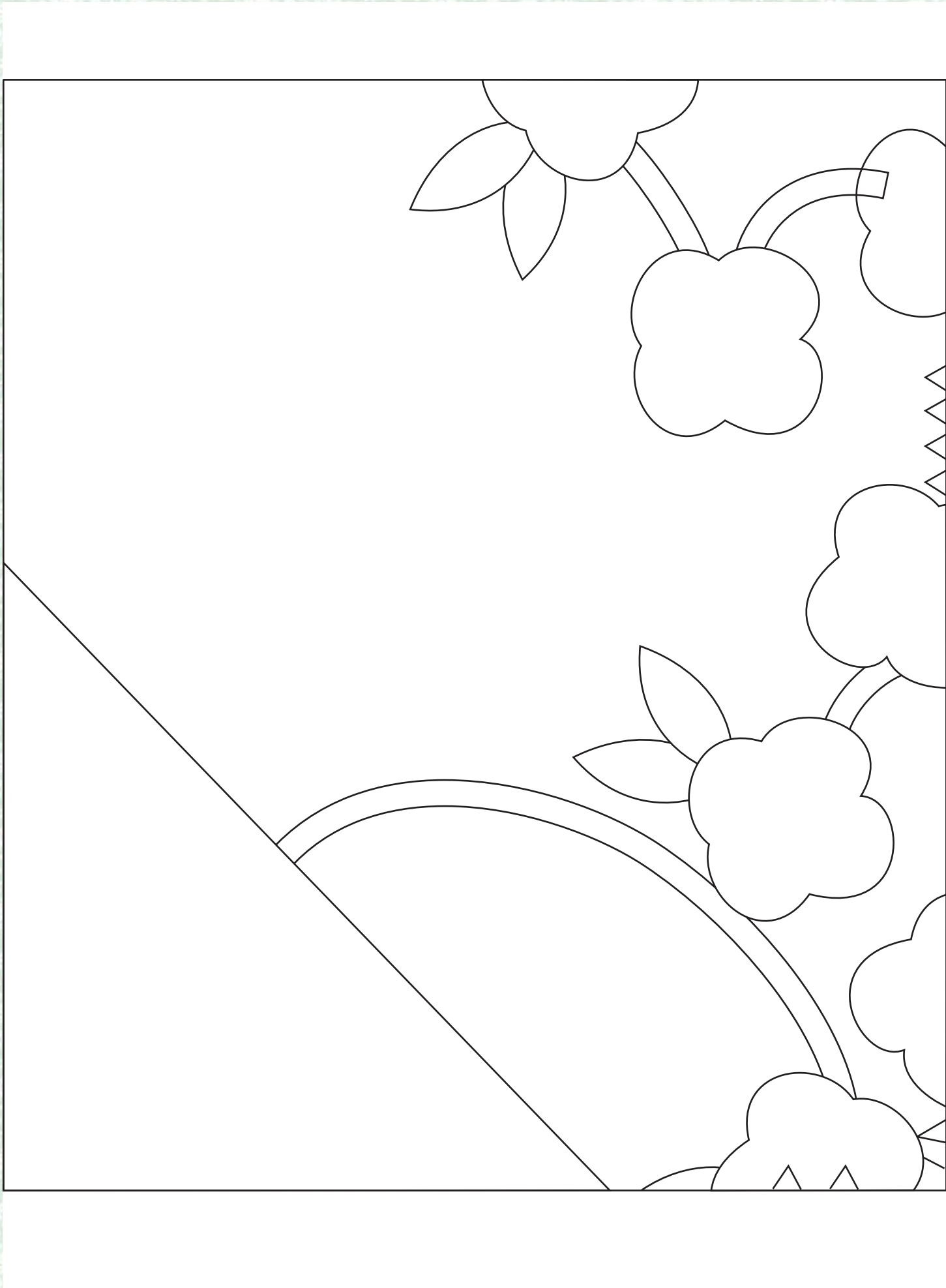
Use this 3" scale to insure the accuracy of your printout.



**Place line 1" above pencil line on the background fabric**



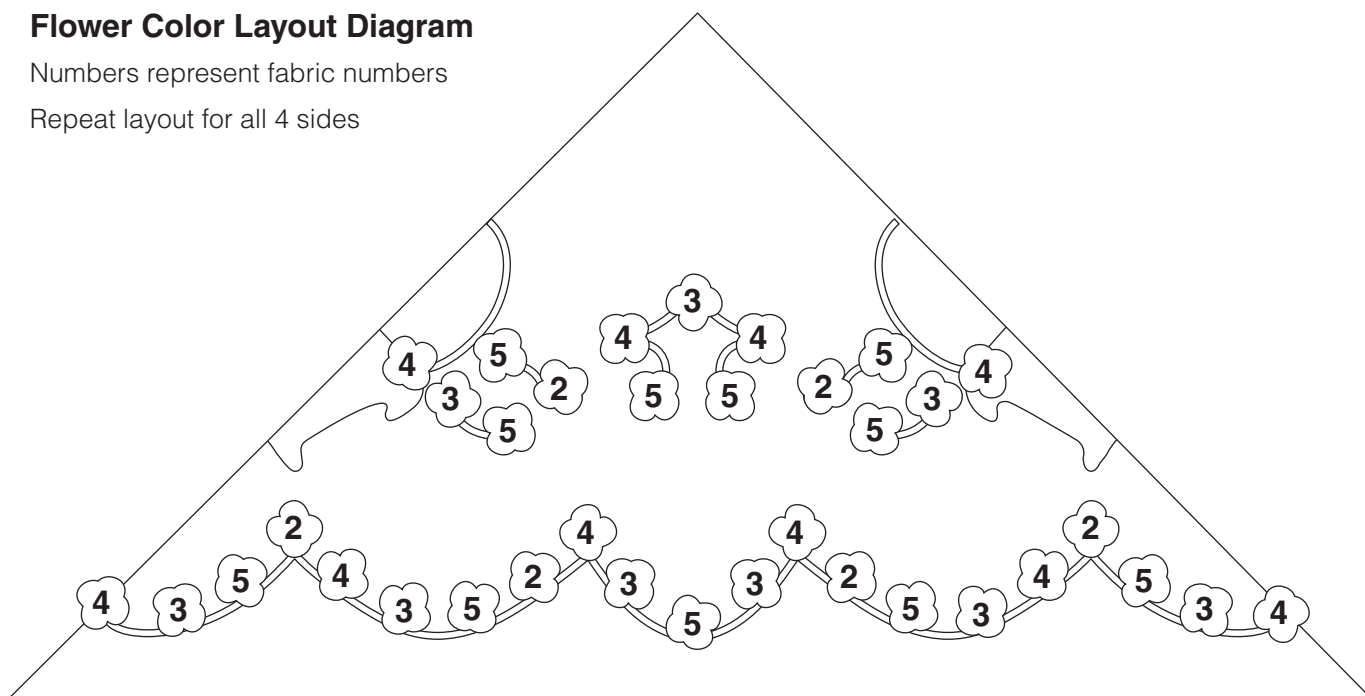




## Flower Color Layout Diagram

Numbers represent fabric numbers

Repeat layout for all 4 sides



Colors in layout may slightly differ from quilt on cover.




Portion of layout diagram



IT'S ASTONISHING HOW SHORT A TIME IT TAKES FOR VERY WONDERFUL THINGS TO HAPPEN. *Frances Burnette*

# Gingerbread Cake

9 Servings

**AROMATHERAPY**  Tender, fragrant deliciousness, served warm in a puddle of LEMON SAUCE & topped w/WHIPPED CREAM.

## Lemon Sauce

~ MAKE THIS FIRST:



- 1/2 c. sugar
- 1 Tbsp. cornstarch
- 1 c. boiling water
- 3 Tbsp. fresh lemon juice
- 1 tsp. lemon zest
- 2 Tbsp. butter
- dash of nutmeg

In a small saucepan, combine sugar & cornstarch. Gradually stir in boiling water. Cook & stir over med. heat 'til clear & thick. Blend in rest of ingred. Cover & refrigerate.

## Whipped Cream

Just before serving, in a chilled bowl, using cold beaters, whip 1/2 pt. whipping cream w/ 1 Tbsp. sugar & 1 tsp. vanilla 'til soft peaks form.

## Cake:


PREHEAT 400°

- 1 c. sugar
- 2 Tbsp. molasses
- 1 Tsp. cinnamon
- 1 Tsp. salt
- 1/2 Tsp. cloves
- 1/4 Tsp. ginger
- 4 1/2 Tbsp. melted butter



- 1 egg
- 2 c. unbleached flour
- 1 Tsp. baking soda
- 1 c. buttermilk



**P**reheat oven to 400°. Stir together first 7 ingred. Beat in egg. Sift flour & soda together & add alternately w/buttermilk. Butter an 8" baking pan. Pour batter into pan & bake for 35 min. Cool slightly before serving (5 min.). Spoon Lemon Sauce onto dessert plates, set a square of warm cake in it & top w/a dollop of whipped cream. 





JOE: How 'bout a man with a buzz saw?

END OF MORNING SCIENCE

Oh

MORNING SCIENCE, SEPT. 17

ME: Look honey ~ look at the egret!  
He's got part of his bill just SITTING in the water. What do you think he's doing?

JOE: Eating.

ME: Possibly just imbibing? Don't they have to put their heads under the water to SEE the food?

JOE (man of few words, especially in the morning): I don't know.

END OF MORNING SCIENCE



And so it goes...we should probably call it "MORNING STUPID."  
We may not know much about science, but we know what we like. ♥ Critters do funny things in the fall, things that don't happen any other time of year. One of the hallmarks of the season is the giant flocks of starlings that show up to hang out in the huge tree down the street from us. They do it every year. They make so much noise I can hear them from inside the house! I don't know how the people down there sleep! I know they must wake up early, the bird clatter starts before sunrise. When they aren't in that tree screaming at each other, they are swooping & diving in unison through the neighborhood, up over the paint-spattered maple trees & down to the low picket fences, just skimming the tops of everything in a giant undulating black cloud of birds. It's beautiful, but WHY DO THEY DO IT? I'll ask Joe... :-)



I hope you love birds, too.  
It is economical. It saves  
going to Heaven.

♥ Emily Dickinson

