

# Gingerbread Cup Stitchery Pillow

Project designed by Meg Hawkey of Crabapple Hill  
Pillow top measures approx. 11" x 20"



Gingerbread Christmas fabric collection by Meg Hawkey for Maywood Studio

MAYWOOD  STUDIO

## COLORING THE STITCHERY

1. Using a fine point permanent fabric pen or pencil, trace the GINGERBREAD CUP OUTLINE (shown on next page) onto one 12" x 14" piece of Fabric 4, centering the design.



2. All elements of the design that will be tinted (see TINT in COLORING TIPS & GLOSSARY) should first be colored solidly BUT NOT HEAVILY with WHITE crayon.

3. Shade the candy canes' white stripes with TUMBLEWEED.

4. Shade the white areas on the cup with TUMBLEWEED. Shade a tiny bit more with BURNT SIENNA.

5. Shade the red stripes on the candy canes and the red hots on the cookie with CARNATION PINK. Shade them further with RED and SCARLET.

6. Tint the red areas of the cup with RED and SCARLET. Leave a little, vertical area mostly un-tinted to show a highlight/shine on the cup. Shade the cup with BRICK RED.

7. Add extra WHITE to the icing holly leaves and heart piping on the cookie. Shade very lightly in a few places on the icing using SILVER.

8. The cookie is tinted TUMBLEWEED and RAW SIENNA. Shade with BROWN and SEPIA. Highlight with TAN.

9. The bow is tinted YELLOW GREEN, and shaded with GREEN and FOREST GREEN.

## COLORING TIPS & GLOSSARY

**TINT:** An all-over light color. You can leave some areas un-tinted and let the fabric be a "highlight".

**SHADE:** Adding pools of darker color to show shape, curvature or shade where one element overlaps another.

**DARK SHADING** makes an area recede.

**LIGHT SHADING** makes an area come forward.

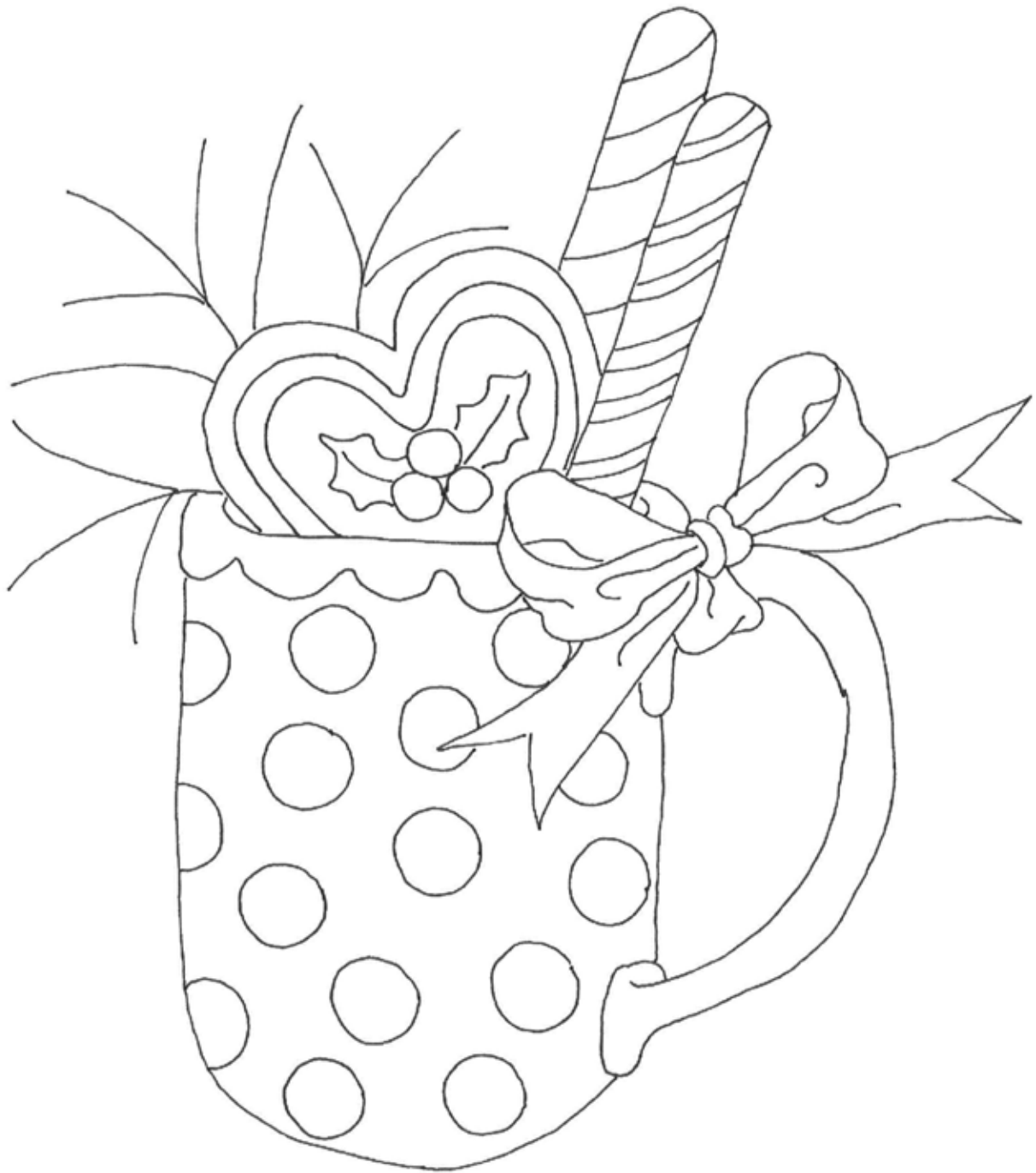
**CRAYON COLORS** are given to you with the light one 1st, the medium 2nd, the dark 3rd and so on.

**USE THE COLOR IMAGE** below for help in placing your colors (image shown smaller than actual size).





GINGERBREAD CUP OUTLINE (approx. 6¼" wide x 7" tall)



## **HEAT SET**

10. Place clean, white paper towels over the colored area and press well with a hot, dry iron. Check to see if any color has transferred to the towels. If it has, get clean towels and repeat the pressing process until no color transfers. You'll notice that the colors smooth and become transparent after heat setting.

## **BASTE**

11. Place the remaining 12" x 14" piece of Fabric 4 on the wrong side of the stitchery and hand baste the layers together. Baste close around the edges of the images, as well as through the center of the open spaces. You will embroider through both layers of fabric. (Note: This extra layer of fabric helps stabilize the work as you embroider. It also hides stray threads, keeping them from showing through in the final project.)

## **STITCH EMBROIDERY**

12. Stitch the elements listed for each color below. Use 2 strands of embroidery floss and a backstitch throughout, unless otherwise directed.

- Floss #5028: White cup handle, scalloped rim and polka dots using 2 strands of floss. The edges of the white candy cane stripes are stitched with only one strand of floss.
- Floss #8041: Gingerbread cookie outline.
- Floss #5015: Ribbon bow.
- Floss #5005: Outlines of the red stripes on the right side candy cane, and the buttonhole stitched red hots on the cookie.
- Floss #5006: Red outlines on cup, and outlines of red stripes on the left side candy cane.
- Floss #8002: Tiny chain stitch around the white icing on the cookie.
- Floss #8024: Green stripes on the right side candy cane, and fly stitch in the fir sprig.

13. Remove basting stitches.

## **TRIM STITCHERY (WITH FREEZER PAPER TEMPLATE)**

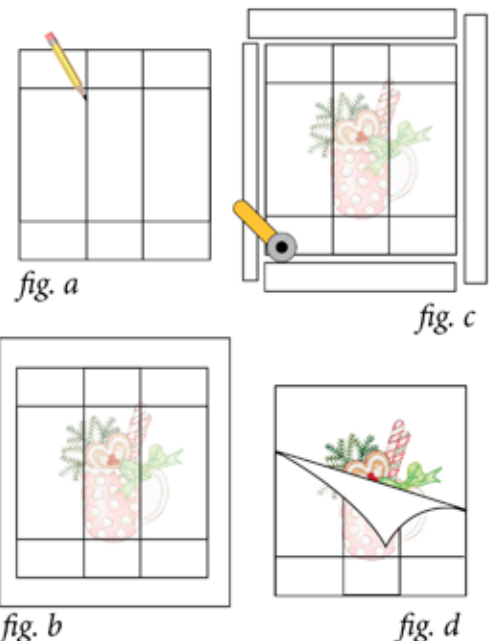
14. Cut a freezer paper template measuring 10" x 11" exactly.

15. On the dull side of the freezer paper template, mark lines 3½" in from the 11" long sides, and 2" in from the top and bottom edges using a ruler and pencil (*fig. a*).

16. Press the stitchery well, first from the back, then from the front.

17. Position the freezer paper template (shiny side down) over the stitched design (*fig. b*). Press in place with a dry iron (you can peel this off and reposition if needed. Freezer paper can be used several times).

18. Use a rotary cutter and ruler to trim the excess fabric from around the edges of the template (*fig. c*). Peel off the template (*fig. d*). Your 10" x 11" stitchery is ready for piecing!



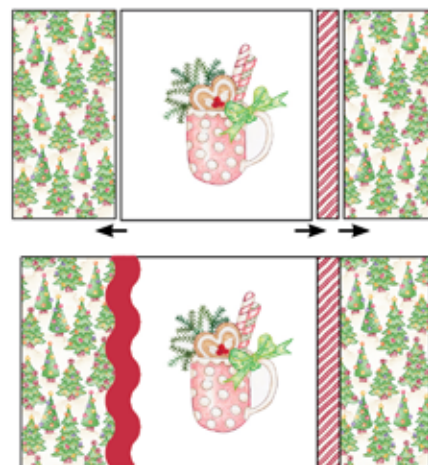
## **PILLOW PIECING (USE A ¼" SEAM ALLOWANCE THROUGHOUT)**

19. Sew the 5½" wide rectangle of Fabric 1 to the left side of the stitchery.  
Press toward Fabric 1.

20. Sew the 1¼" x 11" rectangle of Fabric 2 to the right side of the stitchery.  
Press seam toward Fabric 2.

21. Sew the 4¾" x 11" rectangle of Fabric 1 to the right side of Fabric 2.  
Press toward Fabric 1.

22. Arrange the ric rac so it just covers the seam on the left side of the stitchery.  
Pin in place. Use red thread to sew it down, just inside the wavy edge along both sides. Be careful not to stretch the ric rac, or it could pucker the pillow top.



## **PIPING AND PILLOW ASSEMBLY:**



fig. e

23. Join the Fabric 2 piping strips end-to-end with diagonal seams pressed open. Wrap the strip around the first several inches of piping cord with wrong sides of fabric facing and edges aligned (fig. e)

24. Choose a place to begin along the bottom edge of the pillow top. Lay the wrapped piping cord on top of the pillow top aligning all fabric edges and pin in place about 3" from piping edge as shown (fig. f). This is where you will begin sewing.

25. Using a zipper foot, sew along the piping cord, continuing to wrap the cord as you go. (At the corners, make a few snips to help the facilitate turning. At pivot points, turn the work with the needle in the down position.) Continue sewing in this manner and stop a few inches from your start point.

26. Trim the excess piping cord so that the ends meet perfectly when lying flat. Unfold the open ends of the piping strip and trim them 2" longer than the cord ends. Fold the open end of one flap onto itself with wrong sides together, about 1". Tuck the other flap raw end inside of the folded flap end. Holding both flaps together, fold the piping strip in half as before. Make sure everything lies flat, then continue sewing to complete the piping (see fig. g and fig. h on next page).

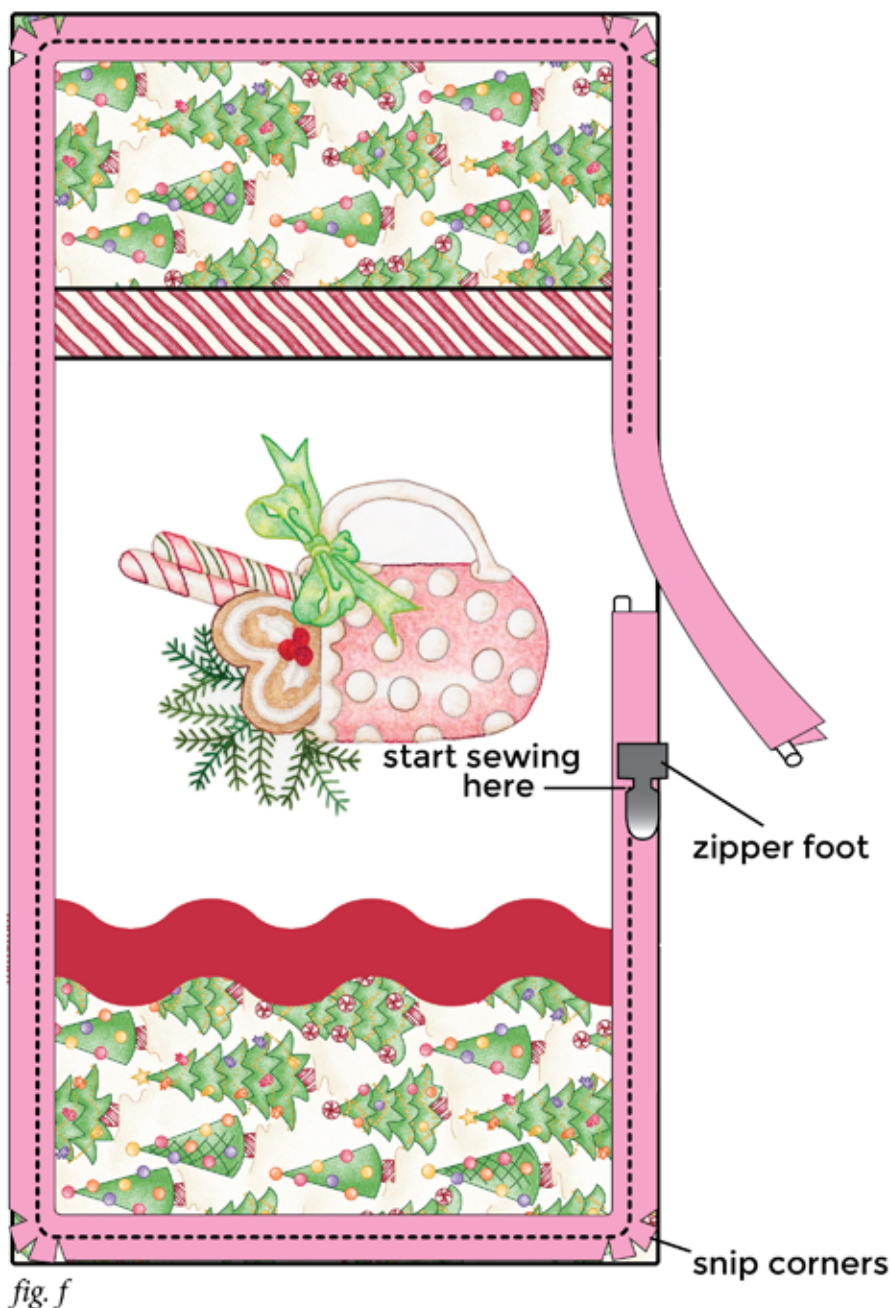
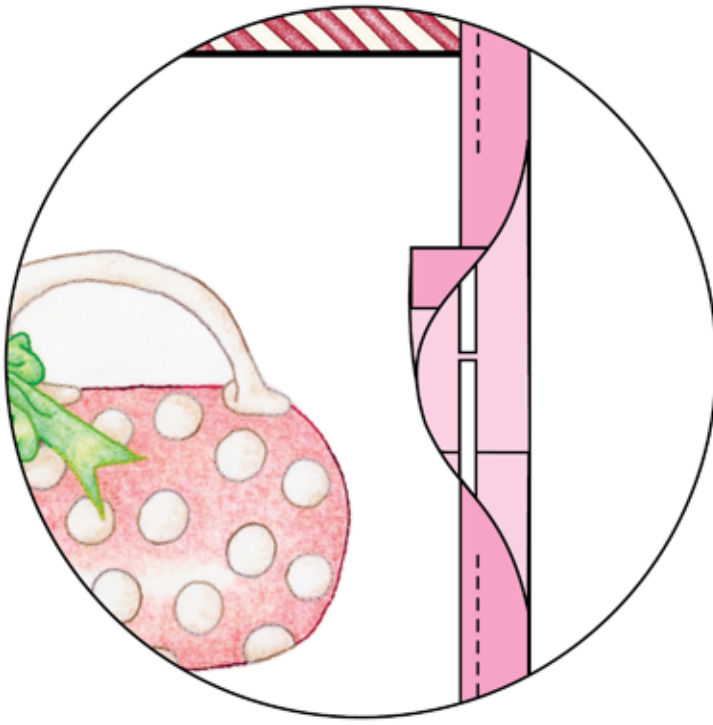
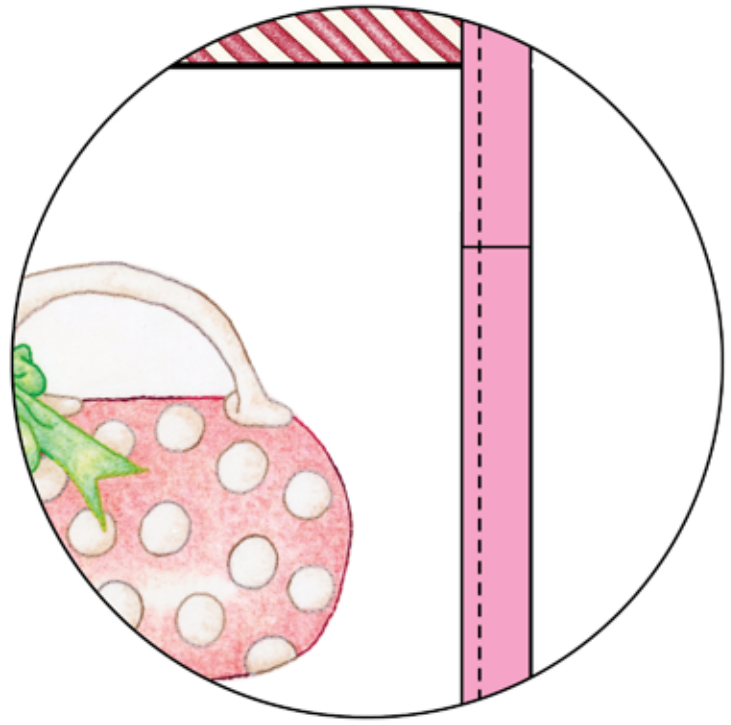


fig. f





*fig. g*



*fig. h*

### **PIPING AND PILLOW ASSEMBLY (CONTINUED)**

27. ON THE BOTTOM EDGE ONLY sew again inside or along the first line of stitching on the piping. Get as close to the piping as possible! This will determine the width of your final row of stitches around the entire pillow, and will be your final seamline for the bottom edge where the opening for turning will be.

28. Place the pillow backing on the pillow front, right sides together, and pin in place. It's important that you pin and sew from the already sewn side so you can see the stitching line that's already there.







29. Place pins to mark a 6" opening in the bottom edge of the pillow so you can turn and stuff it.

30. Now sew inside the already sewn line, snugging up as closely as possible to the piping. Backstitch securely at the beginning and end of stitching.



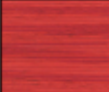



31. Turn the pillow right side out, and press the stitchery again if necessary.

32. Stuff the pillow with Polyfil. Fill the corners firmly and stuff the pillow firmly also so it's not floppy.... Floppy is never good!

33. Blind stitch/whip stitch/applique stitch the opening closed.

FABRIC		CUTTING	WOF = Width Of Fabric
	Fabric 1 MAS8144-T 1/3 yd	Note: Trees are directional, so make sure the 11" edges are cut parallel to the selvage. From Fabric 1, cut: 1 — 5 1/2" x 11" rectangle 1 — 4 3/4" x 11" rectangle	
	Fabric 2 MAS8145-R 1/4 yd	From Fabric 2, cut: 1 — 1 1/4" x WOF strip, into: 1 — 1 1/4" x 11" rectangle 2 — 1 3/4" x WOF strips for piping	
	Fabric 3 MAS8143-E 1/3 yd	From Fabric 3, cut: 1 — 11" x 20" piece for pillow back	
	Fabric 4 MASSEM-WHI 1/3 yd	From Fabric 4, cut: 2 — 12" x 14" pieces for stitchery (and stabilizing embroidery backing) Note: the final stitchery will be trimmed to 10" x 11"	
	Jumbo 1 3/8" Ric Rac GAN765054-180 3/8 yd		
	Piping Cord 1/2" OR SMALLER 2 yds		
	Freezer Paper		

#### COSMO EMBROIDERY FLOSS (VARIEGATED)

	5028
	8041
	5015
	5005
	5006
	8002
	8024

CRAYOLA CRAYONS	
	Tumbleweed
	Burnt Sienna
	Carnation Pink
	Red
	Scarlet
	Brick Red
	White
	Silver
	Raw Sienna
	Brown
	Sepia
	Tan
	Yellow Green
	Green
	Forest Green

## Gingerbread Cup Stitchery Pillow



by Meg Hawkey  
of Crabapple Hill Studio



This project is made with  
Gingerbread Christmas  
fabric collection  
by Meg Hawkey for

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