Sweet & Spicy
Featuring Dit-Dot Flannel
by Laurie Shifrin
for In The Beginning Fabrics
**Sweet & Spicy**

Designed by Laurie Shifrin
Featuring Dit-Dot Flannels from *In The Beginning* fabrics

Finished Block Size: 8” x 8”
Finished Quilt Size: 40½” x 40½”

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**Materials** - Based on 40” fabric width. Note that the colors used in the 2 quilts are listed in parentheses next to each fabric number (pastel quilt on left and primary quilt on right). Pre-washing is recommended for baby quilts, especially with flannel.

**Sweet** (pastel quilt)

Fabric 1: Sky Blue (8AHF-1): ½ yard
Fabric 2: Light Periwinkle (8AHF-21): ⅔ yard
Fabric 3: Mint (8AHF-23): ½ yard
Fabric 4: Butter (8AHF-5): ½ yard
Fabric 5: Goldenrod (8AHF-6): ⅜ yard
Fabric 6: Dark Teal (8AHF-10): ⅜ yard
Binding Fabric: Mint (8AHF-23): ½ yard

**Spicy** (primary quilt)

Fabric 1: Flame Red (8AHF-7): ½ yard
Fabric 2: Rich Orange (8AHF-8): ⅔ yard
Fabric 3: Green Meadow (8AHF-12): ½ yard
Fabric 4: Dark Peacock (8AHF-16): ½ yard
Fabric 5: Deep Purple (8AHF-14): ⅜ yard
Fabric 6: Goldenrod (8AHF-6): ⅛ yard
Binding Fabric: Rich Royal (8AHF-17): ½ yard

**For Both versions:**

Backing: 1½ yards if your fabric will be at least 44” wide after pre-washing. If not, consider piecing in some of the leftovers from the front to get the needed width.

**Cutting** - Cut strips across width of fabric.

*From Fabric 1, cut:*
1 strip, 8½” x 40”; crosscut 2 A squares, 8½” x 8½”, and 6 B rectangles, 2½” x 6½”
1 strip, 2½” x 40”; crosscut 6 C rectangles, 2½” x 4½”

*From Fabric 2, cut:*
2 strips, 8½” x 40”; crosscut 8 A squares, 8½” x 8½”

*From Fabric 3, cut:*
1 strip, 6½” x 40”; crosscut 4 D rectangles, 6½” x 8½”, and 2 B rectangles, 2½” x 6½”
2 strips, 2½” x 40”; crosscut 1 strip into 6 more B rectangles, 2½” x 6½”. Crosscut the other strip into 4 C rectangles, 2½” x 4½”

*From Fabric 4, cut:*
1 strip, 8½” x 40”; crosscut 4 A squares, 8½” x 8½”

*From Fabric 5, cut:*
1 strip, 6½” x 40”; crosscut 2 D rectangles, 6½” x 8½”, and 2 B rectangles, 2½” x 6½”

*From Fabric 6, cut:*
1 strip, 4½” x 40”; crosscut 5 E squares, 4½” x 4½”
1 strip, 2½” x 40”; crosscut 16 F squares, 2½” x 2½”

*From Binding fabric, cut:*
4 strips, 2½” x 40”. You may need a fifth strip.
**Assembly** - All seams ¼". Press seams in direction of arrows unless otherwise instructed. Illustrations are colored for the pastel version.

1. Using 1 E square, 2 matching F squares, 2 B rectangles and 2 matching C rectangles, assemble the blocks below, making the required number from each fabric combination.

![Assemble blocks diagram](image)

Make 3 using Fabric 1 and Fabric 6.

Make 2 using Fabric 3 and Fabric 6.

2. Using 1 B rectangle, 1 matching D rectangle, and 1 F square, assemble the blocks below, making the required number from each fabric combination.

![Assemble blocks diagram](image)

Make 4 using Fabric 3 and Fabric 6.

Make 2 using Fabric 5 and Fabric 6.

3. Arrange the plain A squares and all of the pieced blocks made in Steps 1 and 2, as shown in the quilt diagrams below. Sew the blocks into horizontal rows. Press seams toward the A squares for opposing seams. Sew the rows together to complete the quilt top. Press seams away from the center.

**Finishing**

1. Layer your quilt top, batting, and backing. Quilt as desired and bind using the 2½" strips.