H Story S

UNDERSEA ADVENTURES

TITAN I MISSILE SILO COMPLEX

Statement of Understanding

I understand that:

- 1. Because I will be diving in an environment of total darkness, I have a primary dive light and a back up dive light in good working condition with fully charged batteries. A glow stick in a visible place is required.
- 2. Access to the dive site involves climbing ladders, walking on uneven surfaces, stepping over, onto and down from obstructions. Access and exiting can be strenuous. I must be physically fit and able to carry my equipment to and from the dive site.
- 3. This is a salvaged missile silo and has many sharp jagged pieces of metal that may damage equipment if snagged. I am responsible for any damage to my gear.
- 4. I am aware that there are vertical drops in excess of 100 feet and mastery of buoyancy control is essential.
- 5. The missile silo is an underground, completely closed area and that there is only one way in and one way out of the dive site and that I will be walking through 8 foot corridors to access the launch tube.
- 6. These structures in the launch tubes contain many swim-throughs. There are also doorways and passage ways in and out of the tube. These are smaller than they appear to be under water. I understand that I must determine the actual size of the opening before attempting to enter. I will not enter areas with overhead environments unless trained to do so, then only with permission and under the supervision of the Dive master in charge.
- 7. In all diving activities, the buddy system is important. It is especially so in this dive because of the possibility of disorientation.
- 8. UnderSea Adventures' Dive masters have full authority over all diving activities within the silo.
- 9. Excess and bulky equipment may limit my accessibility into certain areas of the silo. Redundant air supply is recommended. Dive computers are required. Decompression dives are not allowed.
- 10. When diving, vehicles are unattended, and I am responsible for any loss or damage.
- 11. Buddies stay together; if you need to leave before the group exits, you must leave with your buddy and tell your Divemaster that you are leaving.
- 12. I have an Advanced Open Water certification or higher and have logged two or more cold, deep and night open water dives within the last year.

Diver name	Signature	Date
Certification level	Agency & Certification #	
Witness name	Signature	Date

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UNDERSEA ADVENTURES TITAN I MISSILE SILO COMPLEX

Liability Release and Assumption of Risk Agreement

Please read carefully and	fill in all blanks before signing.		
Silo and acknowledge that understand that these risk associated with this dive, I	I have been fully informed of the inherest s can lead to severe injury and even dea wish to proceed and I freely accept and	aware that there are risks in diving the Titan ent hazards and risks associated with it. I full ath. Despite the potential hazards and dange I expressly assume all risks, dangers, and haz onal injury, death and property damage.	y ers
·	II liabilities arising as a consequence of	empt and release UnderSea Adventures and any acts or omissions on their part, including	
	that my Divemaster(s) for any injury, death or other damages t	may not be	held liable
	g allowed to participate in Missile Silo d nat may befall me while I am a participa	ives, I hereby personally assume all risks, whnt in these dives.	ether
4. I further release, exemp or assigns, arising out of the		om any claim or lawsuit by me, my family, es	tate, heirs
•		om any claim or lawsuit by me, my family, es al, at the Missile Silo site above or below wa	
6. I further state that I am written consent of my par		sign this liability release, or that I have acquii	red the
7. I have read and agree to	o Titan I Missile Silo Complex Statemen	of Understanding.	
UnderSea Adventures, the liability or responsibility w but not limited to, the neg	ir facilities, officers, directors, employed hatsoever for personal injury, property ligence of the released parties, whether	e) by this instrument agree to exempt and reles, representatives, agents and volunteers, from damage or wrongful death however caused, repassive or active. I have fully informed myster by reading it before I signed it on behalf of the second secon	rom all including, elf of the
Participant name	Signature	Date	
Address			
Cell	Email		
Signature of Parent or Gua	ardian (where applicable)	Date	
Witness name	Witness signature	Date	



(Print)

Date (DD/MM/YY)













Diver Medical | Participant Questionnaire

Recreational scuba diving and freediving requires good physical and mental health. There are a few medical conditions which can be hazardous while diving, listed below. Those who have, or are predisposed to, any of these conditions, should be evaluated by a physician. This Diver Medical Participant Questionnaire provides a basis to determine if you should seek out that evaluation. If you have any concerns about your diving fitness not represented on this form, consult with your physician before diving. If you are feeling ill, avoid diving. If you think you may have a contagious disease, protect yourself and others by not participating in dive training and/ or dive activities. References to "diving" on this form encompass both recreational scuba diving and freediving. This form is principally designed as an initial medical screen for new divers, but is also appropriate for divers taking continuing education. For your safety, and that of others who may dive with you, answer all questions honestly.

Directions

Complete this questionnaire as a prerequisite to a recreational scuba diving or freediving course.

Note to women: If you are pregnant, or attempting to become pregnant, do not dive.

1	1 I have had problems with my lungs, breathing, heart and/or blood affecting my normal physical or mental performance.	□ Yes	□ No
		Go to box A	
2	I am over 45 years of age.	□ Yes	□ No
	Talli over 43 years or age.	Go to box B	□ NO
3	I struggle to perform moderate exercise (for example, walk 1.6 kilometer/one mile in 14 minutes or swim 200 meters/yards without resting), OR I have been unable to participate in a normal physical activity due to fitness or health reasons within the past 12 months.	□ Yes *	□ No
А		□ Yes	- N
4	I have had problems with my eyes, ears, or nasal passages/sinuses.	Go to box C	□ No
5	I have had surgery within the last 12 months, OR I have ongoing problems related to past surgery.	□ Yes *	□ No
		□ Yes	
6	I have lost consciousness, had migraine headaches, seizures, stroke, significant head injury, or suffer from persistent neurologic injury or disease.	Go to box D	□ No
7	7 I am currently undergoing treatment (or have required treatment within the last five years) for psychological problems, personality disorder, panic attacks, or an addiction to drugs or alcohol; or, I have been diagnosed with a learning or developmental disability.		N-
/			□ No
		□ Yes	
8	I have had back problems, hernia, ulcers, or diabetes.	Go to box F	□ No
		□ Yes	□ No
9	I have had stomach or intestine problems, including recent diarrhea.	Go to box G	
10	I am taking prescription medications (with the exception of birth control or anti-malarial drugs other than mefloquine (Lariam).	□ Yes *	□ No

Participant Signature

If you answered NO to all 10 questions above, a medical evaluation is not required. Please read and agree to the participant statement below by signing and dating it.

Participant Statement: I have answered all questions honestly, and understand that I accept responsibility for any consequences resulting from any questions I may have answered inaccurately or for my failure to disclose any existing or past health conditions.

Participant Signature (or, if a minor, participant's parent/guardian signature required.)	Date (DD/MM/YY)
Participant Name (Print)	Date of Birth (DD/MM/YY)
Instructor Name (Print)	Facility Name (Print)

Version date: 2022-02-01

^{*} If you answered YES to questions 3, 5 or 10 above OR to any of the questions on page 2, please read and agree to the statement above by signing and dating it AND take all three pages of this form (Participant Questionnaire and the Physician's Evaluation Form) to your physician for a medical evaluation. Participation in a diving course requires your physician's approval.



(Print)

Date (DD/MM/YY)

Diver Medical | Participant Questionnaire Continued

·		
BOX A – I HAVE/HAVE HAD:		
Chest surgery, heart surgery, heart valve surgery, an implantable medical device (eg, stent, pacemaker, neurostimulator), pneumothorax, and/or chronic lung disease.	□ Yes*	□ No
Asthma, wheezing, severe allergies, hay fever or congested airways within the last 12 months that limits my physical activity/exercise.	☐ Yes *	□ No
A problem or illness involving my heart such as: angina, chest pain on exertion, heart failure, immersion pulmonary edema, heart attack or stroke, OR am taking medication for any heart condition.	□ Yes *	□ No
Recurrent bronchitis and currently coughing within the past 12 months, OR have been diagnosed with emphysema.	☐ Yes *	□ No
Symptoms affecting my lungs, breathing, heart and/or blood in the last 30 days that impair my physical or mental performance.	☐ Yes *	□ No
BOX B – I AM OVER 45 YEARS OF AGE AND:		
I currently smoke or inhale nicotine by other means.	☐ Yes *	□ No
I have a high cholesterol level.	☐ Yes *	□ No
I have high blood pressure.	☐ Yes *	□ No
I have had a close blood relative die suddenly or of cardiac disease or stroke before the age of 50, OR have a family history of heart disease before age 50 (including abnormal heart rhythms, coronary artery disease or cardiomyopathy).	□ Yes*	□ No
DOV.C. LUAVE/UNITUAD		
BOX C – I HAVE/HAVE HAD:		
Sinus surgery within the last 6 months.	☐ Yes *	□ No
Ear disease or ear surgery, hearing loss, or problems with balance.	☐ Yes *	□ No
Recurrent sinusitis within the past 12 months.	☐ Yes *	□ No
Eye surgery within the past 3 months.	☐ Yes *	□ No
BOX D – I HAVE/HAVE HAD:		
	□ V *	
Head injury with loss of consciousness within the past 5 years.	☐ Yes *	□ No
Persistent neurologic injury or disease.	☐ Yes *	□ No
Recurring migraine headaches within the past 12 months, or take medications to prevent them.	☐ Yes *	□ No
Blackouts or fainting (full/partial loss of consciousness) within the last 5 years.	☐ Yes *	□ No
Epilepsy, seizures, or convulsions, OR take medications to prevent them.	☐ Yes *	□ No
BOX E – I HAVE/HAVE HAD:		
Behavioral health, mental or psychological problems requiring medical/psychiatric treatment.	☐ Yes *	□ No
Major depression, suicidal ideation, panic attacks, uncontrolled bipolar disorder requiring medication/psychiatric treatment.	☐ Yes *	□ No
Been diagnosed with a mental health condition or a learning/developmental disorder that requires ongoing care or special accommodation.	☐ Yes *	□ No
An addiction to drugs or alcohol requiring treatment within the last 5 years.	□ Yes *	□ No
The desired of the desired requiring a countrie to the last of years.		
BOX F – I HAVE/HAVE HAD:		
Recurrent back problems in the last 6 months that limit my everyday activity.	☐ Yes *	□ No
Back or spinal surgery within the last 12 months.	☐ Yes *	□ No
Diabetes, either drug or diet controlled, OR gestational diabetes within the last 12 months.	☐ Yes *	□ No
An uncorrected hernia that limits my physical abilities.	☐ Yes *	□ No
Active or untreated ulcers, problem wounds, or ulcer surgery within the last 6 months.	☐ Yes *	□ No
BOX G – I HAVE HAD:		
Ostomy surgery and do not have medical clearance to swim or engage in physical activity.	☐ Yes *	□ No
Dehydration requiring medical intervention within the last 7 days.	☐ Yes *	□ No
Active or untreated stomach or intestinal ulcers or ulcer surgery within the last 6 months.	☐ Yes *	□ No
Frequent heartburn, regurgitation, or gastroesophageal reflux disease (GERD).	☐ Yes *	□ No
Active or uncontrolled ulcerative colitis or Crohn's disease.	☐ Yes *	□ No
Bariatric surgery within the last 12 months	□ V _Φ ς *	П №

^{*}Physician's medical evaluation required (see page 1).

(Print)

Date (DD/MM/YY)

Diver Medical | Medical Examiner's Evaluation Form

The above-named person requests your opinion of his/her medical suitability to participate in recreational scuba diving or freediving training or activity. Please visit uhms.org for medical guidance on medical conditions as they relate to diving. Review the areas relevant to your patient as part of your evaluation.

Evaluation Docult

	Evaluation	nesuit	
☐ Approved – I find no conditions	that I consider incompatible with recrea	cional scuba diving or freediving.	
□ Not approved – I find conditions	that I consider incompatible with recrea	tional scuba diving or freediving.	
Signature of certified medical doctor of	or other legally certified medical provider	Date (DD/MM/YY)	
Medical Examiner's Name			
	(Print)		
Clinical Degrees/Credentia	als		
Clinic/Hospital			
Address			
Phone	Em	ail	
_	Physician/Clinic St	amp (optional)	
L			
C	reated by the Diver Medical Screen Co	nmittee in association with the	

following bodies:

The Undersea & Hyperbaric Medical Society

DAN (US)

DAN Europe

Hyperbaric Medicine Division, University of California, San Diego