



## **Materials, Supplies, and Class Outline:**

### **Required book for all students:**

"First-Time Quiltmaking: learning to quilt in six easy lessons". Second Edition Revised and Expanded.

Purchasing your book in advance and reading over it will give you a head start in understanding the process of quiltmaking.

### **Homework:**

There will be homework between classes to ensure you complete your quilt.

### **Materials** (also listed on page 60 of the book):

*TIP:* if you buy a little extra, you will set yourself up for success. This is just a suggestion, add at least an eighth to a quarter of a yard to the focus fabric and rail fence fabrics in case of miscuts.

- $\frac{3}{4}$  yard of focus fabric
- $\frac{2}{3}$  yard of fabric for three-rail blocks
- $\frac{1}{3}$  yard of fabric for three-rail blocks
- $\frac{1}{3}$  yard of fabric for three-rail blocks
- 1  $\frac{1}{2}$  yards of fabric for backing
- $\frac{1}{3}$  yard for binding
- 40" x 52" rectangle of quilt batting (not needed until 5th class)

## **Supplies Needed:**

Large cutting mats (2) and irons (2) are provided for use at the shop, but bring your own personal cutting mats (at least 18" x 24") for your table

- Sewing machine in good working order (you must know how to operate the machine), cords to operate your machine, foot pedal, ¼" foot (also known as a patchwork foot), a walking foot and/or free-motion quilting foot
- User manual for your machine for troubleshooting, if needed
- 80/12 or 90/14 Microtex needles, hand-sewing needles
- Thread of appropriate color for quilting your quilt and 50 wt. thread in a neutral color for piecing
- Pins, 505 Basting Spray, clips
- 45 mm Rotary cutter – each student must have their own
- Rulers – 6 ½" x 24 ½" and 6 ½" square
- Personal cutting mat (at least 18" x 24")
- Scissors and thread snips
- Washout or air-erase fabric marking pens or pencils
- Stiletto
- Glue stick or alternative
- Seam ripper
- Best Press or starch alternative, Flatter (optional)
- Small personal iron and wool mat (optional)
- Safety pins for quilting (optional)

## **OUTLINE:**

### Lesson 1 *Topics:*

- Fabrics
- Color
- Tools
- Supplies
- Preparing fabrics

### Lesson 1 *Homework:*

- Purchase fabrics and supplies
- Press all fabrics prior to Lesson 2 to prepare for cutting



### Lesson 2 *Topics:*

- Using a rotary cutter and rulers to cut fabric
- Sub-cutting fabric following pattern directions
- Focus on cutting strips of fabrics

### Lesson 2 *Homework:*

- Complete cutting of fabrics to be sewn according to pattern measurements



### Lesson 3 *Topics:*

#### Sewing accurate ¼" seams

- Using a ¼" foot
- Stitch length
- Thread weight
- Pressing seams
- Cutting squares
- Squaring up blocks

### Lesson 3 *Homework:*

- Complete squares and squaring up blocks



Lesson 4 *Topics:*

- Assembling the quilt top

Lesson 4 *Homework:*

- Complete quilt top



Lesson 5 *Topics:*

- Hand quilting techniques
- Machine quilting with a walking foot
- Free-motion quilting a quilt

Lesson 5 *Homework:*

- Complete quilting your quilt



Lesson 6 *Topics:*

- Binding your quilt

**CONGRATULATIONS ON COMPLETING YOUR THREE-RAIL FENCE QUILT**