

Each Zoom Class will meet prior to the class date and time to make sure all connections are good, and everyone has everything they need for the class.

Go to <http://www.zoom.com> prior to our first meeting to download the free APP.

Prior to the Practice Log In and class an email will be sent with a link to the meeting and Handouts for printout.

Zoom Beginning Westalee Ruler Work

2 hours - \$15.

with Linda Visnaw

Limit 6

Third Wednesday of the Month – 9am to 11am

Practice Log in Third Tuesday of the Month – 9am

Using rulers and free motion is the hottest thing in the Domestic Sewing World since Singer invented the sewing machine.

Take advantage of this great opportunity to become comfortable with your Sew Steady Ruler Foot and 12” Arc Template while loosing those first time jitters. Sew Steady Quilting Templates are like training wheels for free motion quilting. All the while you will be making fun stocking stuffer like Mug Rugs or a cute pocket for managing personal divice charging cables. Just purchase your sewing machine’s Ruler Foot Starter Package from Fabrics Unlimited (or if you have one already and don’t know how to use it, bring it along), gather the rest of the supplies listed below and sign up for this on-line class. The learning curve is very short with these fun tools. You **will** experience success.

In the months to come more Sew Steady rulers will be be showcased and classes for mastery will be offered. Fabrics Unlimited is your Sew Steady Table and Ruler support dealer.



\$\$\$ Kit contains:

- Westalee™ Ruler Foot Starter Package with Foot

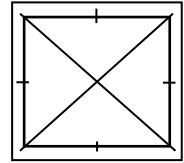
For the class you will need:

- ✂ Handout - Three-page Beginning Ruler Class
- ✂ Handout - Machine Set Up for Doodling/ Tie On and Tie Off
- ✂ Your sewing machine capable of dropping the feed teeth and power cord
- ✂ 100/16 Topstitch needles
- ✂ Easy Threading Needle
- ✂ Sew Steady Table
- ✂ Sew Steady Free Motion Teflon Glider, Easy Slider or Sew Slip
- ✂ Westalee™ Spacing Gauge
- ✂ Westalee™ Stitching Line Discs
- ✂ Machingers Gloves
- ✂ Isacord Polyester thread
- ✂ Twelve fabric pieces cut to 8” square (Light, solid reading colors work best – dark fabrics require contrasting thread)
- ✂ Six pieces of batting cut to 8” square
- ✂ 24” Golden Threads Paper
- ✂ Pencil
- ✂ Fabric friendly marker like Mechanical Pencil type – Bonin or Fons and Porter
- **During Practice Log In you will learn how to navigate the computer screen on your device and identify all the “buttons”. You will also learn how to sign in using your phone so it can be used for close up viewing when need be. When class time comes, we can hit the ground running.**

Prior to class:

- **Cut Golden Threads Paper, fabric, and batting into 8” squares**
 - **With pencil, mark one piece of paper, along one side, with a line one inch in from the edge**
 - **With pencil, mark one piece of paper with a border one inch in from edge**

- Mark diagonal lines from corner to corner
- Make a mark halfway between the corners as shown



- **Before sign in** please attach foot but **do not tighten** the screw
- **Print out Handouts**
- **Place a fabric sandwich under the foot**
- **Find a pencil that will fit into one of the Design Disks**

Beginning Westalee Ruler Class Outline:

- Go over Cheat Sheet
- Review three-page Class Handout and one-page Tie on Tie Off Handout

The 12" Arc Straight Edge:

- With quilt sandwich under foot adjust height of foot
- Take a close look at the 12" Ark Template/Ruler
- Use Design Disk, pencil, and 12" Arc to draw out the first block on page 2 of handout
 - Point out proper hand placement on ruler (same on paper or fabric)
- Practice Tie on, Check Tension, and Tie off (See Tie on Tie off Hand Out)
 - Check Tension
 - If thread lays flat and dots of bobbin are visible on top fabric – Then adjust Tension to a LOWER number in increment of one. Continue until dot disappears
 - If thread lays flat and dots of needle thread are visible on the back fabric – Then adjust Tension to a HIGHER number in increment of one
- Stitch out straight edge pattern

The 12" Arc Curved Edge:

- Use Design Disk, pencil, and 12" Arc to draw out the Practice Pattern One on page 3 of handout
 - Point out proper hand placement on ruler (same on paper or fabric)
- Tie on using Easy Threading Needle then follow the directions on the handout
- Sew out first pattern on page 3, Straight Edge Practice3 Handout

More Practice and Finishing Up:

- Practice more with the 12" Arc using the additional stitch patterns in the handout
- Check out WESTALEE BY ME and SEW STEADY WESTALEE on Facebook
- Register at Fabrics Unlimited for the Sew Steady Westalee LIVE Classes
- Finish off your practice pieces by finishing the edges using decorative stitches, bindings, and/or cutting with the Wave Cutter for the Rotary Cutter