

Face Mask Step by Step Instructions

What you need: (See photo below)



(2) 7 1/2" squares of fabric

I prefer to use batiks as they have a tighter weave, but any high quality quilting fabric will do.

(1) 7 1/2" square of Pellon 911 Featherweight stabilizer (PP911FF-W)

(2) 1.5" X 36" strips of fabric for straps or Premade Bias Tape can be used. You can also use elastic if you do not want to have the ties. I have found the ties are more adjustable to size and more comfortable over time.

(1) 6" piece of wire or anything you can use that is strong enough for the nose and machine washable. (I used 18 gage thermostat wire because we had a roll of it)

Other tools recommended: Sewline Fabric Glue stick, Frixion Pen, pins, basic sewing supplies, and sewing machine.

I used 1.5" stitch length on my sewing machine for a tighter stitch. These masks will be used and washed a lot, so I wanted to make it as durable as possible.

I recommend whomever receives the masks, wash them prior to the first use as we are all touching the fabric they will be placing on their face.

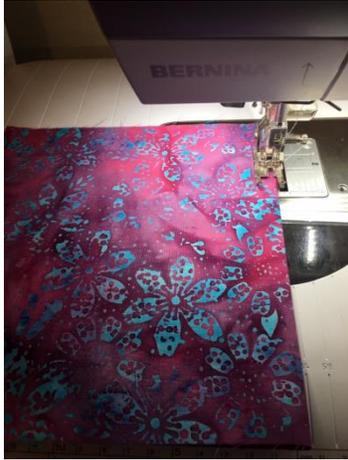
Making the body of the mask:



Iron Pellon to the wrong side of 1 7.5" square

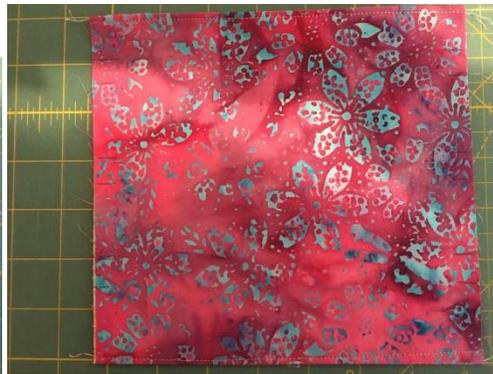


Place both 7.5" Squares right side together and sew 1/8" on top and bottom. Turn right side out and press.



Sew 1/8" in from bottom and top.

Marking for the pleats:



Using a Frixion Pen mark 1 1/2" from the bottom on both the left and right sides.

Then mark 1/2" inch up from those lines.

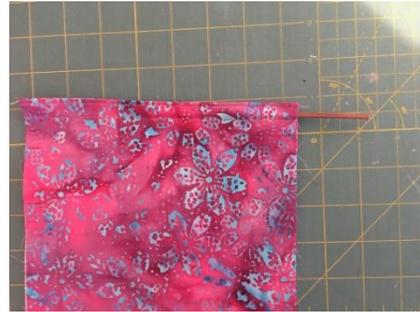
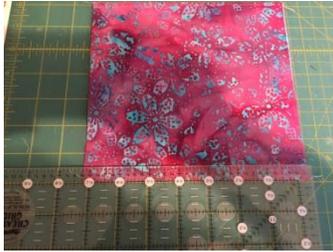
Mark another 1 1/2" mark up from the second line

Mark 1/2" up from that line.

Mark another 1 1/2" up from the 4th line

Mark the last 1/2" up from the 5th line

Measure 1/2" down from the top edge and draw a line. Sew across this line. This will make a pocket for the wire

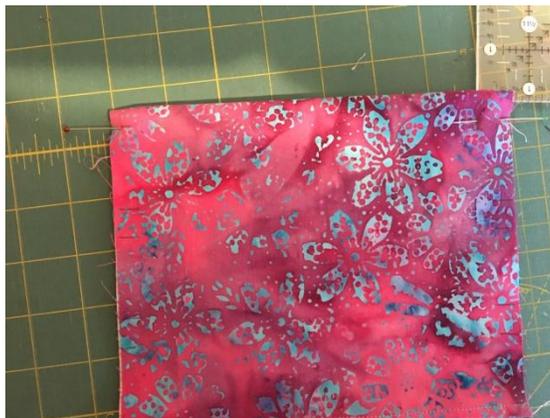


Fold to make the pleats:

Fold at first mark (starting from the top to make sure your pleats will be facing down)



Flip over and put a pin in the 2nd mark



Flip back to the front and fold using the pins as your guide



Fold to the third line and continue this process until the pleats have been formed
(There is a video on our FaceBook page if you would like to watch this process)



Sew 1/4" inch from either side creating the pleats and securing the wire inside the mask



Making the straps:

Take both of the 1.5" X 36" string to the ironing board.

Iron in half.

Open you strip back up and fold each edge in to the center and then iron closed:



Fold the strap in half to find the middle. Line this up with the center of the mask.



Use the Fabric glue to hold the mask in place until sewn.



Sew down the edge to close the straps and secure them to the mask. Finish by folding the ends over 1/4" and another 1/4"

