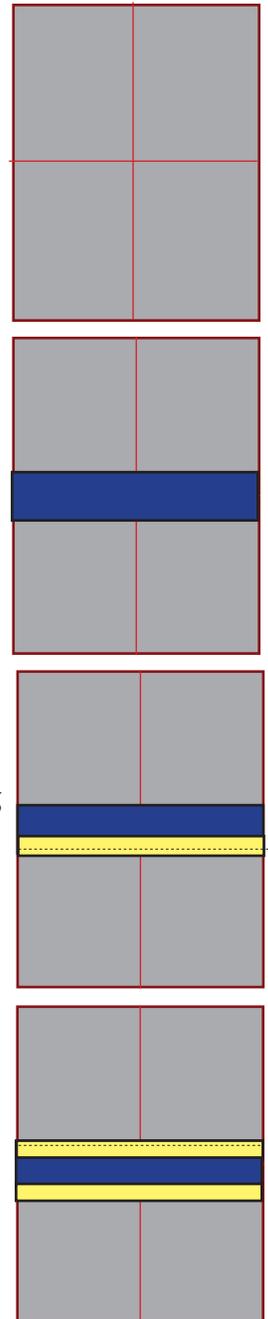


Cuddle[®] Stitch and Flip Method

1. Prepare backing and batting by cutting to size listed on pattern.
2. For accurate layout, draw lines with a permanent marker in the center of the batting both horizontally and/or vertically, as shown to right.
3. Flip over batting, laying it on flat surface, wrong side up. Center the backing fabric onto the batting.
4. Fold back the backing fabric 8" - 10" and spray the wrong side of fabric with adhesive.
5. Smooth the backing fabric over the batting, easing out wrinkles as you go.
6. Peel back the backing on the unglued side. Spray with adhesive and smooth the backing fabric back into place, easing out wrinkles as you go.
7. Flip pieces over so batting side is up. Markings should be visible on batting.
8. Find the center, both widthwise and lengthwise, of your first strip and mark with pins.
9. Place this strip, right side up, centering the pin on the vertical line, covering the horizontal lines. Make sure nap goes from top to bottom of quilt. Fold in half widthwise, and spray wrong side with basting adhesive. Press into place. Repeat with other half.
10. Place the second strip, right sides together, over the first, pin in place. Keep the nap going in the same direction (Note: It will be going in the opposite direction when sewing strips right sides together).
11. Stitch strip using a 1/2" seam allowance, sewing through all layers (backing, batting, and two strips).
12. Place paper strip behind the strip previously sewn and spray strip with adhesive. Begin in the center of the strip and smooth outward, turn second strip over (right side up) positioning it in place. Smooth out wrinkles as you go. Pat to secure.
15. Continue working from the center outward (in both directions). Continue adding strips as the pattern requires, being mindful of the nap. Strips may be a solid piece of fabric or pieced.



Shannon
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