

# Self-Binding Blanket and Lovies

Approximate Finished Size of Blanket: 36" x 36"

Approximate Finished Size of Lovey: 17" x 17"

## Fabric Requirements (for one blanket and two loviess):

Luxe Cuddle® or Cuddle® 3 (back) 1 1/2 yds

Embrace® Double Gauze or Cuddle® 3 (front) 40" x WOF

## Suggested Notions:

Walking foot (recommended)

90/14 Stretch needle

Coordinating polyester thread

Flat, flower head pins

Fabric clips (optional)

**Shannon**  
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The information in this pattern is presented in good faith.

Every effort has been taken to assure the accuracy herein.

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Approximate Finished Size of Blanket: 36" x 36"

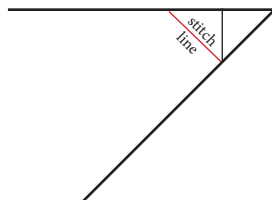
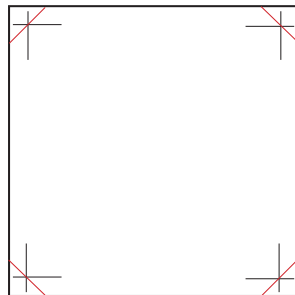
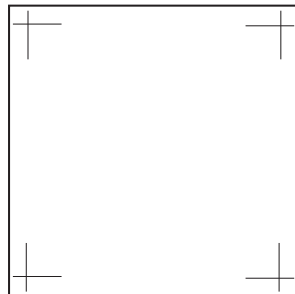
Approximate Finished Size of Lovey: 17" x 17"

## Cutting instructions:

1. Mark the wrong side of backing fabric with a 40" square (20" for lovey), using a felt tip pen or ballpoint pen. Cut along lines with a craft knife, box knife, or with a rotary cutter.
2. Mark the wrong side of the inside fabric with a 34" square (16" for the lovey) and cut along lines with a rotary cutter or craft knife.

## Assembly instructions:

1. Using an acrylic ruler and marking pen, on the back of the backing fabric draw a 2" border (1 1/2" for lovey) from the raw edges at each corner.
2. Using those lines as guides, draw a 45-degree line that intersects the guides as shown to the right. This will be your stitching line. Repeat on all four corners.
3. Fold corner, right sides together to create a point, matching the stitching line. Pin and stitch along marked line. Use 3.5mm stitch length and a walking foot for best results. Repeat on all four corners.
4. Turn corners in and make sure the corners are mitered and lay flat. Trim seam allowance to 1/2".

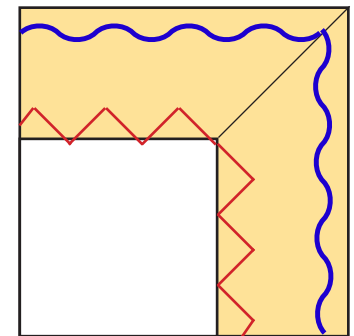
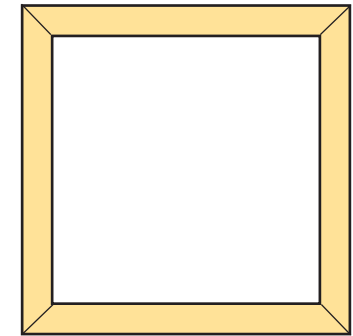


5. Lay inside fabric onto the backing, wrong sides together and tuck edges under the frame created above. Smooth out evenly.

6. Pin through all layers around the blanket. Using a wide zigzag (5mm wide, and 5mm long works well), stitch down raw edges around entire blanket.

7. Sew an additional 10" square in the center of blanket, if desired.

When using Cuddle® 3 for the backing, you can add topstitching along the outside fold/edge. Use a serpentine stitch for a nice, finished look.



Interested in a video tutorial?  
Check out our YouTube channel at:  
[www.youtube.com/ShannonFabrics](http://www.youtube.com/ShannonFabrics)

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For more tips on working with Embrace® Double Gauze and Cuddle® fabrics, visit [www.shannonfabrics.com](http://www.shannonfabrics.com)