## **Hospital Mask Instructions**

### Contact information: Mercy Health Foundation: 417-820-6111

Pattern folds & stitch lines do not need to be exact. Make 3 good pleats, the ties secured and the metal twist tie in place (metal twist tie optional.) It needs to work and hold, not be perfect.

#### Step 1

Cut out your fabric as follow.

#### Cut for each mask

- 1 rectangle (7" x 8")
- 2 strips (36" x 1/2")

#### Step 2

Place rectangle piece in front of you with 7" wide by 8" tall

Fold the top edge over about  $\frac{1}{2}$ " with one of the long strips inserted in the fold. Then stitch close to the raw edge to form a pocket for the metal twist tie (**twist tie metal optional**.) The long strip should be centered on the top of the mask giving it a length on each end to tie around the face.

#### Step 3

Bend (fold) the metal wire in half and flatten. (If not using wire, proceed to step 5)

#### Step 4

Insert the metal twist tie into the pocket, center it and stitch the sides closed.

#### Step 5

#### (If using metal, see step 4)

Fold 3 pleats in the mask as shown on the pattern and sew each side of the mask to hold the pleats

- Metal rod should be at the top of the mask and the 3 pleats should fold down from the top.



#### Step 6

Fold the bottom edge over about  $\frac{1}{2}$ " with one of the long strings inserted in the fold. Then stitch close to the raw edge catching the strip in the seams. The long strip should be centered on the mask giving it a length on each end to tie around the face.

#### Step 7

Finished dimensions should roughly be  $3 \frac{1}{2}$ " x 7".

#### Step 8

 Place all finished masks in a bag and bring to Mercy Hospital, Springfield or your local Mercy Hospital – Mercy Springfield use Main Entrance, through revolving door



# 7" wide

