

Sunscreen Challenge

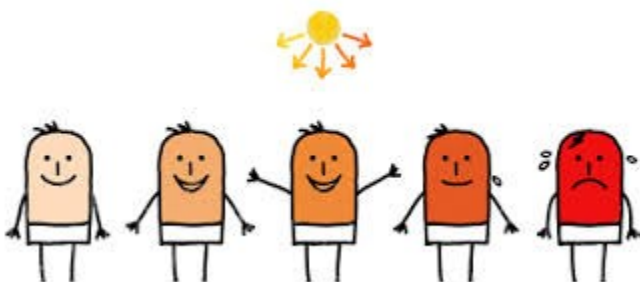
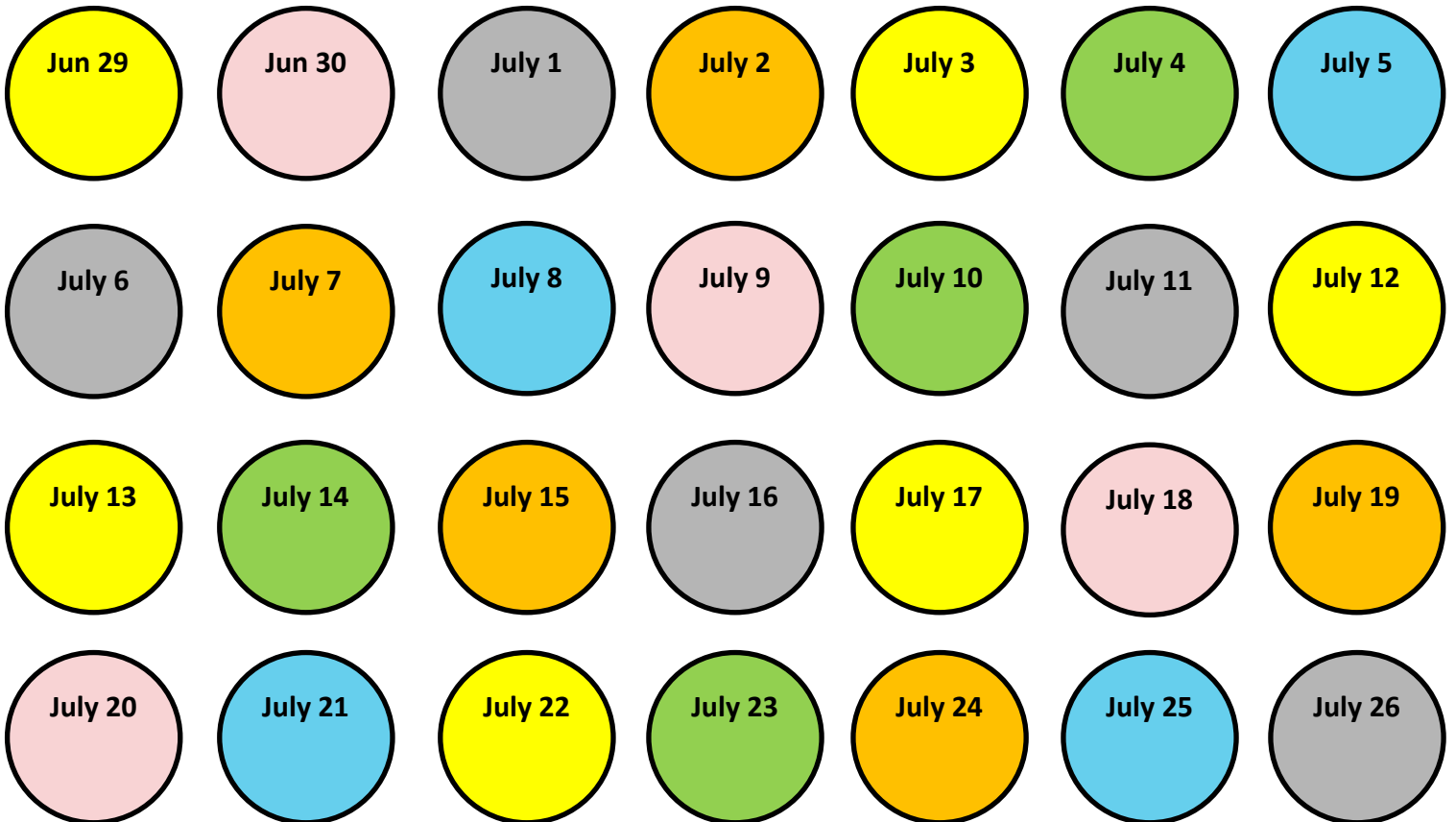
June 29—July 26 | 4 Weeks = 1 Point



Summer is here, and with more hours under the hot sun come anxieties about burning, peeling, wrinkles, and, worst of all, skin cancer.

To allow for sufficient UV protection throughout the workday:

1. Use the recommended amount of sunscreen; more is better
2. Re-apply sunscreen every 2-3 hours to guarantee continued protection, and more frequently if sweating or washing
3. Use sunscreens with a high Sun Protection Factor to reduce the risks associated with product underuse and increase the level of actual protection!



I've completed the challenge!

(Print Name)