

Dental

Check up



10 BENEFITS OF CHECKUPS:

- **Prevent Oral Cancer.** Reports show one death every hour of every day.
- **Prevent Gum Disease.** Floss once and brush twice daily!
- **Help Maintain Good Physical Health.** Healthy teeth and gums help reduce risk of heart disease and strokes.
- **Detect Dental Problems Early.** Early detection could save you from root canals.



- **Maintain Good Oral Health.** Gum disease is linked to heart disease, strokes, cancer and more.
- **Use Your Dental Insurance Plan.** Take advantage of the plan you're already paying for by getting regular check ups.
- **Treatment Plans.** If there are problems, you can discuss plans with your dentist.
- **A Bright / White Smile.** Remove coffee and tea stains with a good polish!
- **Prevent Bad Breath.** Good oral hygiene helps prevent bad breath.

