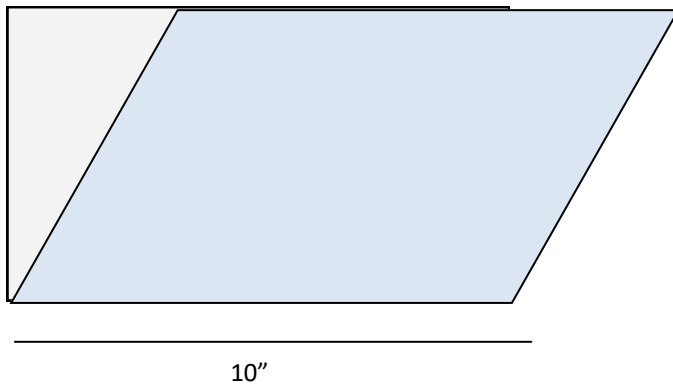
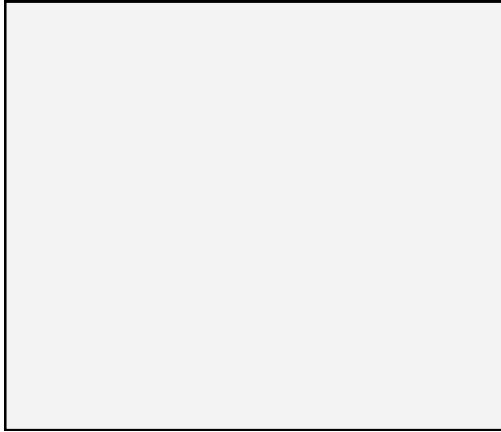


Super Simple Mask

For each mask, cut 1 10" by 12" rectangle.

1 yard of quilting cotton yields 12 masks. Cut as follows:

1. Cut 3 12" width-of-fabric strips
2. Cross cut 4 10" strips



Sewing Instructions

1. Fold each rectangle in half, right sides together, so the fold line measures 10".
2. Stitch across the opposite edge using a 1/4" seam to create a tube.
3. Turn the tube right side out and finger press the seam. Top stitch the seam.
4. Fold over each side edge to create a 1/2" casing and stitch.
5. Insert sewn 44" strap or a 1" by 50" wide piece of jersey knit. The knit needs to be a solid, without seams, strip. Cinch the strap for a great fit.

