

# SEW ON

THE MAGAZINE FOR QUILTERS  
SUMMER 2021

STAFF PICKS  
FOR QUICK FIXES

Meet the Sewist Behind  
Gravelly Bay Designs

WHAT DOES IT TAKE TO  
BE A QUILT APPRAISER

Free Quilt Pattern Inside





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# Hello friend!

Warm sunny summer days usually means less time spent sewing. Don't you find you miss the creative outlet? Commit to a few minutes every day to let yourself play!

We love quick projects at this time of year. A new set of placemats for the patio table. Fun napkins for cocktails with the neighbours. A cheerful big tote bag for treks to the beach. A quick picnic quilt for relaxing in the shade while the kids play at the park. Custom embroidered beach towels for all your favourite swimmers. The options are endless!

We wish you a beautiful summer filled to the brim with happy memories!

Cover quilt pattern is Cabin Peaks by Cotton & Joy. Kits available.  
Gnome pattern on right is available on page 15.





# GRAVELLY BAY DESIGNS

Stefani Tworyczuck has combined her love of sewing with her passion for her pets! Meet the maker behind Gravelly Bay Designs.

Find Stefani at:

INSTAGRAM: GRAVELLYBAY\_DESIGNS

FACEBOOK: @GRAVELLYBAYDESIGNS



**What do you make?** Gravelly Bay Designs sells custom dog collars and leashes, and I also quilt in my spare time!

**Who are your customers?** Our favourite four-legged friends

**How did you get started in your business?** I wasn't able to buy anything new for my dogs because of the current state of the world, so I decided I would try to make them some accessories myself. They turned out really well, so I decided to do some quality testing and sell my creations to others!

**What are your favourite and least favourite parts of your business?**

Favourite: Seeing adorable pictures of dogs in their Gravelly Bay Designs gear!

Least favourite: Never knowing how much fabric to buy - some things take months to sell, while others have been so popular that I have gone through 3 yards in 3 days!

**What training have you done?**

I am self-taught. Thank you Google and YouTube!

**Where do you live and what is your favourite spot there?** I live in Port Colborne and I have tried to market my items as "Handmade with love in Port Colborne" so customers know they are buying local! My favourite place is West Street! There are so many small, locally owned businesses selling things from local makers, it's the best place to shop and walk my dogs along the canal.



**Do you have a great tip on either storage, organization, sewing, stitching?** I recently started making “mini bolts” by wrapping my yardage around 12”x5” pieces of acid-free card stock. It makes it so easy to store, find, and cut exactly what I need without unfolding and refolding.

**What advice would you give Kindred Spirits' customers?** Use the staff! I always ask for how-to tips, and opinions on pattern mixing. That’s what they are there for. They are awesome at what they do, and they are always so happy to help!

**What is on your quilting/sewing bucket list?** Though my business is pets, I am a quilter at heart. I have been making quilts for 4 years now, but I have yet to make a quilt for myself. One of these days I will get around to it, and when I do I want to make Postcard From Sweden. It has been on my to-do list since I first learned to use a machine!

**What project are you most proud of?** I made a summer scene with Elizabeth Hartman’s “Greenhouse pattern”, Violet Craft’s “Forest Abstractions”, and some other free FPP patterns.

Business-wise, I’m very proud of devising a way to customize dog collars by adding a patch with the dog’s name and owner’s phone number. No more jingling name tags! I know this is something that not many other makers offer.

**What are you working on at the moment?** I am always working on customer orders, and I also have a sampler baby quilt on the go!

**What area of your work has seen the most improvement recently?** In the last year I invested in a new machine (I upgraded from a bottom of the line Singer to a Babylock Brilliant) and it made all the difference in my work. I used to look at other people’s things and feel badly about myself because I thought I would never be able to do that. I realize now that my skills had outgrown my machine. I’m very picky about the quality of the items I sell, and I wouldn’t be 100% confident in my work if it weren’t for this great sewing machine!

**Do you watch TV, listen to music, or podcasts while you sew?** I switch between listening to true crime podcasts (I recommend Someone Knows Something, and Uncover. Both from CBC) and I also listen to the Harry Potter audiobooks on repeat. There’s something new each time!







## MEET A KINDRED SPIRIT AMY PETERS

PROFILES OF KINDRED SPIRITS STAFF AND INSTRUCTORS

### When did you start at Kindred?

I started working on Saturdays back in September 2010, just 6 months after Kindred Spirits opened. I moved to full time October 2012. One of my earliest memories was learning how to fold fat quarters with Marg!

### First quilt or sewing project?

I made my very first quilt when I was 5 years old. It was a doll blanket I sewed on my Mom's old Singer and then hand quilted.

### LONG ARM QUILTER, NUMBER CRUNCHER, BOY MOM, WORKOUT QUEEN

### Most recent project?

Between Kindred Spirits, longarm quilting and my boys, I haven't completed many projects recently so I've shared a couple photos of beautiful client quilts that I longarmed this spring.

### Bucket list project?

I would love to make a landscape art quilt some day incorporating different fibres and a ton of custom quilting using different thread weights/textures.

### Are you an early bird or night owl?

Early bird and night owl? I have 2 young boys - Declan is 2 and Kieran is

5. I like to get my workout in before they wake up but I also love my quiet time late at night!

### Hobbies other than sewing or quilting?

The last 2 years, I have learned to love working out, specifically weight lifting. I get some "me time" in the morning, I feel more energetic, and the results aren't terrible either! I also love being outside in the summer... hiking, gardening, playing with the kids.

### Favourite fabric lines/designers?

Anything modern with small prints. I love Sweetwater and Rifle Paper Co.

### What is your expertise in the shop?

I do a lot of the "boring" work - bookkeeping, paperwork, product re-orders, event planning. I help customers occasionally as well as longarm our sample quilts.

### Favourite part of job, least favourite part of job?

Favourite part of the job is connecting with customers. I have found and developed some of my closest friends through working at KS. Least favourite - filing! I love paperwork and numbers, but I hate filing!



Amy's first quilt, age 5



Beautiful custom design

# Staff Picks for Quick Fixes!

## MICHELLE'S STICKY SOLUTION

I have always struggled with borders, pinning, and working with my projects as they get bigger. My good friend Liz introduced me to Roxanne's Basting Glue for basting my rows and borders together. Roxanne's is a temporary basting glue that comes in bottles with a convenient small tip that delivers a narrow bead of glue. After glueing my border fabric to my quilt, I give it a quick press and head to the sewing machine where I can sew and don't need to stop or slow down to remove pins. If I make a mistake, I simply pull the fabrics apart, reposition, and start again. Roxanne's can also be used to secure binding while machine sewing and for paper piecing.



## JANE'S BATTING TIP

The Handi Batting Scissors are specifically designed to cut batting. They have a 5-inch straight-edge cutting blade, ergonomically designed handle for ease in cutting, and are precision-made from fine quality steel. The blunted tip means that you'll never catch your blades in the batting as you cut across the roll. Once you've tried batting scissors you'll never go back!







## SARA'S QUICK PRESSING FORMULA

Love paper piecing? Save time and energy by using the seam roller to avoid getting up and down to iron every little seam. The roller presses your projects flat without ever leaving your machine station. Also perfect for use with leathers or vinyls that can't be ironed. Help your projects get a professional flat look without risking melting. Take it with you for sewing in classes or at retreats!

## TORI'S QUICK FIXER

When mistakes happen, the Quick Ripper is my best friend! The electric seam ripper makes fast work of the dreaded task of unpicking a seam. It cuts through the seam quickly and easily so I can get back to sewing. The small teeth guide only the thread to the blades so you will never cut your fabric by mistake.



## AMY'S THREAD BURYING SOLUTION

These Easy Threading needles have a somewhat larger needle eye, with a smooth surface both inside and out. The thread slips in an opening at the top of the eye without snagging or shredding and stays in place while stitching.

These high-quality needles are made in Japan and milled to a perfect sharp, smooth tip. You'll love how smooth and slick these needles feel as they go through your quilt. The package comes with a variety of needle sizes so you will have a good selection for all your sewing projects. They are perfect for burying threads after machine quilting.





Hawaiian Flag Quilt c. 1890

# JUDY LYONS

## QUILT APPRAISER & LECTURER

This spring SEW ON magazine had the chance to chat with quilt appraiser Judy Lyons.

### What got you interested in becoming a quilt appraiser?

I first met an appraiser in an Oakville quilt shop. I had a two-hour appointment and a couple suitcases of quilts, but I didn't realize that each ½ hour of consultation was for one quilt! Not all my quilts got appraised that day.

The appraiser shared how she got her job and I went home excited! My husband encouraged me to pursue it. At the time (1999) I wanted to open my own quilt shop and I was having a hard time persuading my husband to do this. When I told him what was involved in becoming an appraiser he said "No problem! Go check it out."

### What was your route to becoming an appraiser?

There is no Canadian certifying body for quilt appraisers, so I attended the American Quilters Society Appraisal Certification Program at the National Quilt Museum in Paducah, Kentucky.

Certification requires a good knowledge of quilt history including styles, trends, fashion, and fabrics and must be renewed every three years.

I studied with other appraisal organizations to learn more about the methodology and attended many historical quilt lectures from various quilt and textile museums learning the importance of quilt documentation.

In addition to all the training, you need to spend time working with a mentor before being certified. I travelled around Canada and the US for two years leaving my young boys at home with their dad. I never looked back, and I am really happy I did it all.

### Why would someone have a quilt appraised?

Everyone has a different reason for appraisal. Some need an appraisal for insurance purposes. Your quilt could be lost or stolen in the mail or courier. You may wish to insure the quilts in your home in case of fire, or theft. This is called an insurance replacement value (IRV).



Some people need an appraisal for fair market value (FMV). This value is used when donating to organizations that issue tax receipts. FMV is also used when declaring items as Canadian Cultural Property for items of national importance or historic significance.

**What information is included in an appraisal?**

The full description of the quilt, current condition, the maker, the date made, the provenance if known, and the artist statement and/or credentials must be considered. The purpose and date of the appraisal must also be stated along with permission from the quilt owner or advocate. The most important part of an appraisal is the realistic value.

**What do people get at the end of the process?**

A typed document with photos and a value. I hope this makes people realize that their quilt is important.

**What are the differences between appraising a new quilt versus and an antique quilt?**

The procedures for appraising a new quilt, art quilt or antique quilt are all the same. The difference is the market being used and the type of value that is requested from the client.

**What are some of your favourite quilts that you've appraised?**

A highlight was a work by a San Quentin prisoner (see photo). Another favourite was a Hawaiian Flag quilt made c.1890 (see photo) that a client found in her mother's belongings. She tried to give it to a friend, but her friend wisely advised her to have someone look at it first.

**What advice or tips do you have for quilters making their own quilts?**

The quilts they make are of value. Think about the costs involved in producing your quilt and remember this is not a factory-made purchase, it's a handmade piece of art. Label and sign your quilt and record your work with photos and receipts.

**Where do most quilts gain or lose their value?**

Condition, condition, condition! It's like location in the real estate market. Keep your quilts safe from damage.

**I understand you have quite a quilt collection! Tell us about it.**

I have more than 75 quilts dating from c.1870 to current day art quilts. I have purchased them all over, some at quilt shows, some online, and some at antique markets. I have even been sent quilts from overseas by people that have heard about me and wanted the quilt to come home to Canada. The 1967 Centennial Quilt and the WWII quilt are part of my collection (see photos).



Judy's written appraisals meets the required specifications of the Uniform Standard of Professional Appraisal Practice (USPAP) and are recognized by insurance companies, Revenue Canada, IRS and other legal entities as a valid expression of an item's worth.



A c.1967 Canadian Centennial Quilt purchased in the US and brought home. Was made in the Ottawa area.





I appraised a quilt mural that used crewel work to make approximately 150 well known individual faces that included movie stars, musicians, and presidents. It was made by a prisoner in San Quentin Prison. This quilt lives in Canada and was brought to me at a guild appraisal day. This one required a lot of research and was a very exciting project for me. Needless to say, the owner was shocked!

### **Which came first for you, making quilts or appraising them?**

I grew up under quilts and started making them when I was 16. I learned to quilt from my mother's sister. She lived in Worcester, Massachusetts so we would talk on the phone after 11:00 p.m. when the long-distance rates were low!

Appraising came to me too late. I wish I had started in my 30s. There are so many quilts to be identified for people and so few appraisers.

### **What type of quilting have you done lately?**

During the pandemic, I have been clearing out the stash I collected over the years. In January 2020, I purchased the AccuQuilt system and told myself I was going to clean off the shelves and make quilts for my family. I did it! Piecing never worked for me in the past. Normally, I am a hand quilter and appliquér, so I took a leap doing this!

I made 20 quilt tops by August 2020. They were finished with help from my local long arm quilters and given out. Since then, I have made another 10 finished quilts and have a few more in the making. This was the best purchase I ever made.

### **What do you enjoy when you're not working or quilting?**

I love to read about old quilts, and I am working on my book about 1967 Centennial Quilt Documentation. I also enjoy travelling with my husband since his retirement.

A c.1940 World War II Victory Quilt found at an antique show. You can see the morse code for "V" (circle circle circle dash).





# NEW AT KINDRED SPIRITS

There is always lots happening at the store. Here are a few of our favourite new arrivals! Be sure to watch your inbox and follow us on Facebook to keep on top of what's new.



## CRYSTAL LANE BLOCK OF THE MONTH

Winter has arrived on Crystal Lane. It's a time for crisp mornings and cold nights. In shades of Crystal Blue, Winter White, and a touch of Nutmeg, this quilt will take you through the beautiful winter season. Nine-month block of the month in one pattern, with color photos and full-size applique drawings. A 62" x 70" applique quilt with a touch of embroidery.

By the end of the 9-month program, you'll have a finished quilt top! \$33.95 per month for pattern and all fabric for quilt top and binding. You will get a bonus introductory video full of tips and tricks for a successful project. Starting early summer pending fabric arrival. Backing fabric and batting are not included.

Do you live out of town? Ask us about shipping options.

## NEW CHARM PACKS



So many of our quilters love working with charm packs. Pick up a few for table runners or quick baby quilts. We love getting a little piece of each fabric in the collection! Visit the pre-cut page on our website to see the full selection.



## SHOW CANADIAN PRIDE

We love the great variety of fabric available to celebrate Canada. Why not sew up a canvas bag, quick panel quilt or cottage friendly throw in time for July 1! Just search "Canada" on our website.



## JUMP START YOUR PROJECT WITH A PANEL

There are so many beautiful panels on the market these days! Pick your favourite panel plus a coordinating print or two and you'll be well on your way to a finished project.



Left to right: Sweet Bee, Country Life, Wee Ones Jungle, Whaley Loved, Great Blue Heron, Harlequin Poppies and Magdalena.



# BABY LOCK GENUINE COLLECTION

Whether you are just starting out or rekindling your love of sewing, Baby Lock machines will help you bring your vision to life.



Baby Lock is known for its excellence and top-quality products. Their sewing machines are reliable and outstanding.

Kindred Spirits has been an award winning Baby Lock dealer for a decade. Our staff attend regular Baby Lock training sessions and sew on these wonderful machines in the store and at home in our own sewing spaces!

Let us introduce you to your next sewing machine! Read more about the Genuine Collection - perfect for new to intermediate sewists.

The Brilliant is ready to handle anything from garments to quilting to home décor to accessories with ease. It's also a feature-rich, sewing machine that does it all, making your next creation, no matter the size or the complexity, absolutely brilliant!





### JUBILANT

Want a machine that's a jack-of-all-trades yet small enough to take on the road, to a class or even to a friend's house? The Jubilent is ideal for a variety of sewing projects like quilt piecing, smaller home décor and even basic garments. It's a machine that gives you plenty of genuine opportunities to let your creativity shine and be jubilant.



### ZEAL

Even your smallest projects are made with genuine zeal, no matter what they are. Zeal is the perfect choice for DIY-ers, crafters or even someone who just needs to mend clothing. Regardless, you're sewing it and you're sewing it with genuine zeal.



### JOY

Having to sew on a patch or fix a hem used to be a hassle, now it's a joy! The Joy is the perfect choice for beginning sewers looking to add to their crafting opportunities or make small sewing projects around the house. You've just discovered the genuine joy of sewing!



### ZEST

If you're ready to find a new sense of excitement through sewing, you'll find a great place to start with Zest! Whether you're looking to put together simple craft projects or need a basic travel machine, the Zest is exactly what you need.



### VIBRANT

This is it: the place where serging begins, and it leads you and your sewing skills to a dynamic future. Vibrant is the perfect introduction to the art and craft of serging, especially for garment sewers who want truly finished edges. With Vibrant, serging isn't scary – it's genuinely exciting!



### ACCOMPLISH

The Accomplish is built for speed and ready to help you make projects like quilts and purses, but it's also tough enough to sew on thicker fabrics for upholstery and costuming. Choose your next project and then plan it, design it, make it and accomplish it with your new favorite machine.



# Welcome Gnome

The pineapple symbolizes the hospitable warmth we like to convey to those who come to our home. We hope this fun-loving Gnome will exude a welcoming spirit.

Designers Leanne Anderson and Kaytlyn Kuebler of The Whole Country Caboodle ([thewholecountrycaboodle.com](http://thewholecountrycaboodle.com)) • Finished size: 7x11"

## SUPPLIES NEEDED

*Yardages are based on fat quarters (18x22" pieces) and fat eighths (9x11" pieces) of 100% cotton fabrics. Fabrics used on model are from assorted collections from Henry Glass Fabrics ([henryglassfabrics.net](http://henryglassfabrics.net)).*

- Fat quarter each of tan print (mustache, background), tan muslin (nose, hand, and hand reversed), and teal print #1 (binding)
- 6" square of cotton batting, such as Warm and Natural (beard)
- Fat eighth each of green print (hat top, shoe top, and shoe top reversed), gold print (hat, shoe, and shoe reversed), light gold print (hat band), teal print #2 (coat), and blue-and-green stripe (2 legs)
- 1½ yards of green ½"-wide rickrack
- Lightweight fusible web (such as Heat n Bond Lite)
- Silicone mat or nonstick pressing sheet
- Air-soluble marker
- 8x12" piece of lightweight tearaway stabilizer, such as Stitch N'Sew Tear-Away Soft Perforated Stabilizer
- 8x12" piece of single-sided fusible foam stabilizer, such as In-R-Form Single Sided Fusible from Bosal Foam & Fiber ([bosalonline.com](http://bosalonline.com))
- ¾ yard of green ½"-wide twill tape
- 6x12" stand, such as Scroll Single Stand by Ackfeld ([ackfeldwire.com](http://ackfeldwire.com))

## CUT FABRICS

To use fusible web for appliqué pieces, complete the following steps.

1. Lay fusible web, paper side up, over patterns. Use a pencil to trace each pattern, leaving ½" between tracings. Cut out fusible-web shapes roughly ¼" outside traced lines.
2. Following manufacturer's instructions, press each fusible-web shape onto wrong

side of designated fabric (see Supplies Needed for list); let cool. Cut out fabric shapes on drawn lines, peel off paper backings.

### From tan print, cut:

- 1-7x11" rectangle for background

### From teal print #1, cut:

- 2-2½x22" binding strips

## ASSEMBLE APPLIQUÉ

1. Place Appliqué Placement Diagram on ironing surface. Lay silicone mat or nonstick pressing sheet atop diagram. Dotted lines on diagram indicate overlapping pieces. Assemble inner pieces of appliqué by positioning beard, mustache, and nose on mat. Tack pieces together with tip of iron. (Hint: Start by tacking appliqué pieces before fusing pieces together. It allows movement of pieces if needed.) Once pieces are in desired position, press as indicated in manufacturer's instructions to make nose/mustache/beard unit. When pieces are cool, pull appliqué off mat.

2. Repeat positioning and heat tacking with remaining appliqué pieces to make hat top/hat band unit, coat/hands unit, and leg/shoe/shoe top units. Then position all units in place on mat. Once all pieces are in desired position, press as done before. Allow to cool; remove from mat.

3. Detail stitching lines are shown by dashed lines on the Appliqué Placement Diagram. Secure the diagram to a light table or sunny window. Lay appliqué over diagram and mark detail lines with an air-soluble marker.

4. Center appliqué piece on tan print background. Fuse in place.

5. Pin stabilizer to wrong side of appliqué background. (Hint: The stabilizer prevents wavy edges and tunnels when stitching appliqué to background.)

6. With threads that match fabrics, use a blanket stitch to secure appliqué in place and to highlight detail lines. Use a backstitch to stitching crosshatching on hat.

7. When stitching is complete, remove excess stabilizer from around edges of the appliqué.

## COMPLETE QUILT

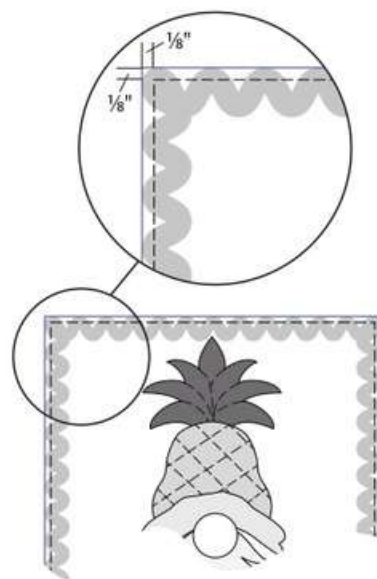
1. Lay appliqué piece, right side up, on top of the fusible side of foam piece. Tack in place on foam as done before. Trim foam even with appliqué piece edges. (Hint: Use this opportunity to square up appliqué piece if needed.) Fuse layered pieces.

2. Using thread that matches background, topstitch ¼" from outer edge of gnome.

3. Beginning at a lower corner, position rickrack on background with outer points even with background edges. Stitch in place ⅛" from outer edges of background (Rickrack Application Diagram), mitering corners as you go.

4. Join teal #1 binding strips with diagonal seams to make long binding strip; bind quilt edges.

5. Cut twill tape into two lengths, trimming ends on bias to prevent raveling. Fold one length in half and pin to top back of quilt, 1½" from one side edge. Stitch through fold of twill tape at binding inner edge. Repeat with remaining length of twill tape at opposite side of top edge. Secure hanging to frame with twill tape ties.



Rickrack Application Diagram



**This pattern has been  
provided to you by:**

Kindred Spirits Quilt Co.  
211 Martindale Road  
St. Catharines, ON  
[www.kindredspiritsquiltco.com](http://www.kindredspiritsquiltco.com)

*Designed by  
Leanne Anderson  
and Kaytlyn Kuebler  
of The Whole  
Country Caboodle  
exclusively for  
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