

# SEW ON

THE MAGAZINE FOR QUILTERS  
FALL 2020



## HOT PICKS

See all the new must have items

## 5 QUILTY SUBSCRIPTIONS FOR 2021

Digital Fabric Printing 101  
Learn the advantages for quilters

FREE  
PATTERN

Friendship  
Abounds



# *Hello friend!*

What a year! Social distancing has encouraged Kindred to look for new ways to support you, so we've gone online! Our online store is always open for business with convenient pick up or shipping options, and telephone or email orders remain options too. Watch for more online classes and virtual events coming soon.

Thank you for your patience with supply shortages. Kindred's staff is working hard to make sure we have everything you need in stock but many supply chain interruptions are beyond our control. Watch your inbox and our FaceBook page for frequent updates as new fabric arrives at the shop.

This has undoubtedly been a challenging year for many small businesses but thanks to you, our loyal customers and friends, Kindred Spirits Quilt Co is alive and well!

Supporting you on your quilting journey is our greatest joy. We look forward to seeing you soon!

## IN THIS ISSUE

- 03** Cut Faster So You Can Quilt More
- 05** Meet a Kindred Spirit
- 06** New Must Haves
- 08** Digital Fabric 101
- 10** 5 Quilty Subscriptions for 2021
- 13** Overcome Overwhelm
- 15** Friendship Abounds: A Free Pattern



# CUT FASTER SO YOU CAN QUILT MORE

AccuQuilt die cutting systems allow quilters to cut fabric quickly and accurately.

AccuQuilt has created an innovative fabric die cutting system that is fast and precise. Quilters can cut fabrics as much as 90-percent faster than with scissors or rotary cutting. There are hand operated and electric versions of the cutters to support quilters with hand, wrist or shoulder issues. Plus a portable version is great for taking to classes or retreats!

There are hundreds of dies available to cut just about any size and shape you could need. Stop by Kindred Spirits for a one-on-one demo!

## RELEASED THIS FALL!

Experience the ease and accuracy that die cutting brings to the time-honored process of English Paper Piecing. You'll love using these four classic shapes to unlock endless design possibilities. Whatever your skill level, this GO! Qube set is your perfect match.

Visit AccuQuilt's website for lots of free patterns and inspiration overload!



### ENGLISH PAPER PIECING

just got *easier*

INTRODUCING THE **NEW**  
**GO! QUBE**  
English Paper Piecing Die Set

This versatile set includes:

- 4 fabric cutting dies
- 4 paper cutting dies
- 1 cutting mat
- 10 free patterns and a FREE 48-page pattern book
- 11 instructional videos

**AVAILABLE NOW**

## What is EPP?

English paper piecing (or EPP) involves stabilizing fabric around a paper shape before sewing the pieces together to create intricate designs. It is most effective for designs with short sides and numerous set-in corners, such as the hexagon shapes. Because it's done by hand, it makes the perfect on-the-go project.





Recent die releases included the Pickup Truck (far left), Cookie Decorations (left) and Courtyard 10" finished (bottom left). Dies released earlier in the year (below right) are also available.



**accuquilt**

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## MEET A KINDRED SPIRIT MICHELLE DENHAM

### PROFILES OF KINDRED SPIRITS STAFF AND INSTRUCTORS

Get to know Michelle Denham, the owner of Kindred Spirits Quilt Co.

Michelle opened the store in the early spring of 2010. She had big goals for a 10th anniversary celebration but unfortunately 2020 had other plans!

Before opening the quilt shop Michelle worked in the financial sector. She is married to Jim, has 4 children and 5 grandchildren.

### QUILT SHOP OWNER, LONG ARM INSTALLER, MATH WHIZ

#### When did you start at Kindred?

Feb 2010, I think we folded over 1500 fq's from all the new lines before we opened.

#### First quilt or sewing project?

A reversible tote in gr 7 home ec, just saw it at my mom's house last week! She keeps everything!

#### Most recent project?

Nova Scotia Strong Quilt, finished a layer quilt with Leslie G's Chopping Block pattern

#### Bucket list project?

Something really detailed like a Baltimore Album hand appliqué project.

#### Cat or dog?

More cat than dog, but we have both.

#### Early bird or night owl?

Used to be night owl, mostly mid day'er now!

#### Hobbies other than sewing and quilting?

Reading, knitting, working out

#### Favourite fabric lines/designers?

I like just about everything

#### What is your expertise in the shop?

Math, I can figure out anything!

#### Favourite quilt/sewn gift you've ever given?

I make knitted heart blankets for all the babies in our family (and a few other special people). I got the pattern from my best friend's mother-in-law. Everyone loves them and I love the story of how it all started.

#### Favourite patterns?

Well written ones!

#### Favourite part of job?

I love becoming part of our customers' lives and sharing their stories.

#### Least favourite part of the job?

There's never enough time to get it all done and enough money to buy ALL the fabric!



# Hot Picks!

## 1 Say It With Quilted Skinnies

This book is your answer to unique and beautiful wall hangings you can make in a weekend. Whether you are a sewer or a quilter, these eight clever designs will appeal to you. Create personalized wall art and add your own flair. Book of eight designs \$18.95. Fabric kits for select designs available for \$39.95 each.



## 2 InvisaFil by Wonderfil

Invisafil is an ultra-fine but surprisingly strong silk-like 100 wt cottonized polyester thread. InvisaFil makes for super low bulk stitches and virtually “disappears”, making it the ultimate choice for binding or English paper piecing, fine fabrics, or creating texture when micro quilting. \$6.49 for 400m.



## 3 Lined Drawstring Bag pattern

This pattern is perfect for beginners. It features eight sizes and clear instructions. We love to use these as re-usable gift bags, shoe bags or for kids' activity bags on road trips or in restaurants. Bag sizes range from 4-26" tall, or use the calculation chart to create your own size. \$11.95



## 4 Felted Virgin Wool Pressing Mat

This mat is great for pressing any pieced or embroidered quilt block. The dense felted wool allows both sides of the block to be pressed at once. Texture of the wool stops blocks from shifting so there is no distortion when pressing - great for beginners! Available in 3 sizes. 9 x 9" is \$22.95, 14 x 14" is \$44.95 and 18 x 24" is \$89.95. Custom sizes also available.

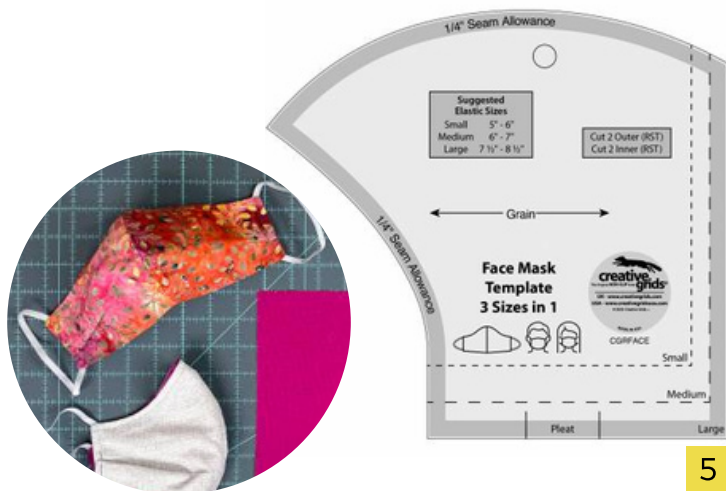






#### 4 Safety First Face Mask Panel - Holiday Edition

This 24" x 44" panel includes 10 kids masks and 8 adult masks with holiday themes. 200 thread count gives it a softer feel and better protection. Additional backing fabric and elastic is needed. Order today for delivery in late November.



#### 5 Creative Grids Acrylic Face Mask Template

This tool is a 3-in-1 template that makes a small, medium, or large sized mask.

To make the double layered face masks, simply stack 2 coordinating fabric pieces and cut around the template with a rotary cutter. We find that a 28mm cutter works best around the curves. This template also features pleat marks to give the mask a more custom fit after construction. It comes with fully illustrated step by step instructions or view a video demonstration.

#### 6 Metal Nose Strip for Masks

Customize your mask for a perfect fit. Made from durable aluminum, these flexible and non-rusting nose strips are great for all sizes and types of masks. They are .2" wide and 3.5" long. They do have an adhesive side, but we prefer to slip them into a sewn channel along the top of the mask to make permanent through washings. Strips are \$2 for a package of 5.



#### 7 Elastic for Masks

Kindred Spirits carries a variety of elastic for mask making. Choose between 3, 4 or 6mm widths and stretchy string-style or flat lingerie style elastic. Elastic is available in black and white and sold in 5 metre bundles or full spools of 200+ metres. \$3 per 5 metre bundle.



Digital fabric printers

Great Blue by Northcott. Coming soon.

# DIGITAL FABRIC 101

## What Quilters Need to Know



In recent years, we have seen more and more quilt fabric manufacturers use digital printing techniques. Quilters love the beautiful drape and vibrant colours, and silky feel of the fabric.

To understand a little more about this innovation, first let's look at the traditional printing method for quilters cotton. Conventional screen printing requires the engraving of one screen per color in a design. So, a design with 18 colors would require 18 screens. Additionally, 18 separate colors also need to be mixed and matched. With digital printing, there are no screens or colors to mix.

Any image you can see on a computer can be reproduced on fabric in the same way as your desktop printer prints images on paper.

## Key Advantages of Digital Printing

### Environmentally Friendly

Digital printing is more environmentally sustainable, as it eliminates the need for cleaning multiple screens and rinsing out inks. It typically takes 60 liters of water per meter of fabric for screen printing and only 20 liters of water per meter for digital printing. In addition, digital printing uses



smaller quantities of ink, typically 10% less, when compared to screen printing. Reports show that digital textile printing helps reduce water consumption by 60%, chemical usage and power consumption by 55%.”

### **Infinite Number of Colours**

The current method of screen printing can manage up to 18 different colors. The digital printing method is similar to how an inkjet printer works; the only limitation to the colors are the number of inks used. Even at 40, 70, 100 (or more!) different color combinations, the ability to print the design is not affected. Unlimited shades of a variety of colors create depth-of-field and perspective – artistic elements that were not available with traditional screen-printing.

### **Precision and Scale**

Digital printing allows flexibility in changing original artwork. For example, it is possible to increase the length between repeats or even completely eliminate them. Digital printing also allows highly detailed panoramic or photographic prints. We see this in our nature and landscape-themed panels. Fabric designers love the flexibility of digital printing, anything they dream up can look great on fabric.

## **MYTH**

Digital fabric is not the same quality as traditionally printed fabric.

## **FACT**

No matter the fabric printing method, strict standards are met for high-quality quilting fabrics. All our digitally printed fabric scores well on testing for fading, shrinking, colour bleeding and overall wear.

## **Characteristics of Digitally Printed Fabric**

- smooth, almost photographic, images
- silky smooth feel to the fabric
- rich depth of colour
- hundreds of colours on a single fabric
- can be very large repeats (we’ve seen panels up to 60” wide)

# 5 QUILTY SUBSCRIPTIONS FOR THE NEW YEAR

With lots of exciting programs, there is sure to be something for every quilter and sewist. Treat yourself! You deserve it.



As a machine quilter, I love the sheen of Glide and how it adds an extra special touch to my quilts. It's the perfect blend of beauty and strength.

ANGELA WALTERS

**S**ubscriptions are an exciting way to build your stock of basic supplies. A little treat each month will lift your spirits and encourage you to keep sewing!

## 1 Glide Thread Club

Domestic machine quilters, longarm quilters and machine embroiderers can't get enough of Glide thread! This 40wt trilobal polyester thread comes in a rainbow of colours and two spool sizes: 1,000 metre Mini Spool or the 5,000 metre King Spool.

Join our new Glide Thread Club! Your monthly subscription is for a set of Mini or King Spools or maybe even both!

You will love building your thread collection over time. Imagine never having to go shopping for the perfect thread colour again! It will already be in your stash!

### Glide Mini Spool Club

10 Mini Spools each month in a plastic case  
\$59.95 per month

### Glide King Spool Club

6 King Spools each month in a plastic case  
\$89.95 per month

## Top 5 Things We Love About Glide Thread

### **SHEEN**

Glide utilizes special technology to capture a beautiful luster within the fibers of a colorfast polyester. It has excellent wash-fastness and strong resistance to bleaches and laundry products.

### **CONSISTENT**

Glide thread will maintain consistent tension throughout each & every spool. The results are high quality, consistent stitch formation, less thread breaks and fewer machine stops.

### **COVERAGE**

Glide offers superior coverage for all your sewing applications. Uniform & complete coverage (fill) provides a unique look. The thread appears to melt into the fabric.

### **STRENGTH**

Glide thread is strong and will last. Fewer thread breaks and long lasting stitches for your favourite projects.

### **LINT FREE**

Glide runs virtually lint-free through your machine's needle & tensioners. Less lint means your machine will stay cleaner and run better for longer.



## 2 Aurifil Thread Club

We are big fans of Aurifil thread at Kindred Spirits! Build your collection in 2021 with our exclusive Aurifil Build Your Basics program.

This year we highlight the essential basic colours you will reach for again and again. Let us help you build a beautiful thread stash.

**Aurifil Thread Club**  
**3 Spools each month**  
**\$42.95 per month**

### Club Benefits

- Receive 3 colour coordinated 1,300 metre spools of thread each month during the 12-month program
- Club members receive 10% off any additional Aurifil thread purchased in 2021.
- It's easy! Leave your credit card on file with us and we'll email you each month when your thread arrives.

## 3 Beyond the Qube: AccuQuilt Block of the Month

We've never done this before! AccuQuilt owners will be thrilled to participate in this block of the month exclusively for AccuQuilt!

Beyond the Qube is a 10-session program by renowned designer Kaye England. It will take your quilting to a whole new level by using the 8" GO! Qube plus Companions Angles and Corners sets to complete the project.

Purchase a fabric kits or use your stash. A monthly block tutorial will be available to all Block of the Month subscribers. These meetings will be on Zoom (with recordings available afterward) until our classroom re-opens.

One-Time Class fee: \$59.95  
 Fabric kits: \$329.95 for all fabric for the 96" x 96" quilt top & binding  
 Begins: January 2021



## 4 BLOCK MAGAZINE

There is always something fantastic in Sewlebrity Jenny Doan's Block Magazine!

Each edition includes 10 projects, many of which are precut friendly. Most projects are supported by one of Jenny's famous online video tutorials.

Subscribe with Kindred Spirits to receive 6 issues per year.

**\$12.95 per issue**

**6 magazines per year**



## 5 CELEBRATIONS IN QUILTING

Celebrating the holidays, seasons and life's special occasions through quilting and creativity.

Subscribe with Kindred Spirits to receive the quarterly magazine. Each issue features 12 projects including quilts, table runners, wall hangings and other home decor. You'll be inspired to create something new each season. Perfect projects for gift giving.

**\$16.95 per issue**

**4 magazines per year**



Live out of town? Shipping is available on all subscriptions for an additional fee.





Kindred Spirits has  
been a proud  
Baby Lock retailer  
since 2011.



# OVERCOME OVERWHELM

## Purchasing a sewing machine at Kindred Spirits



Buying a sewing machine can be intimidating. We get it. There are so many options and features to consider. You want to feel confident that you are buying the right machine at a fair price.

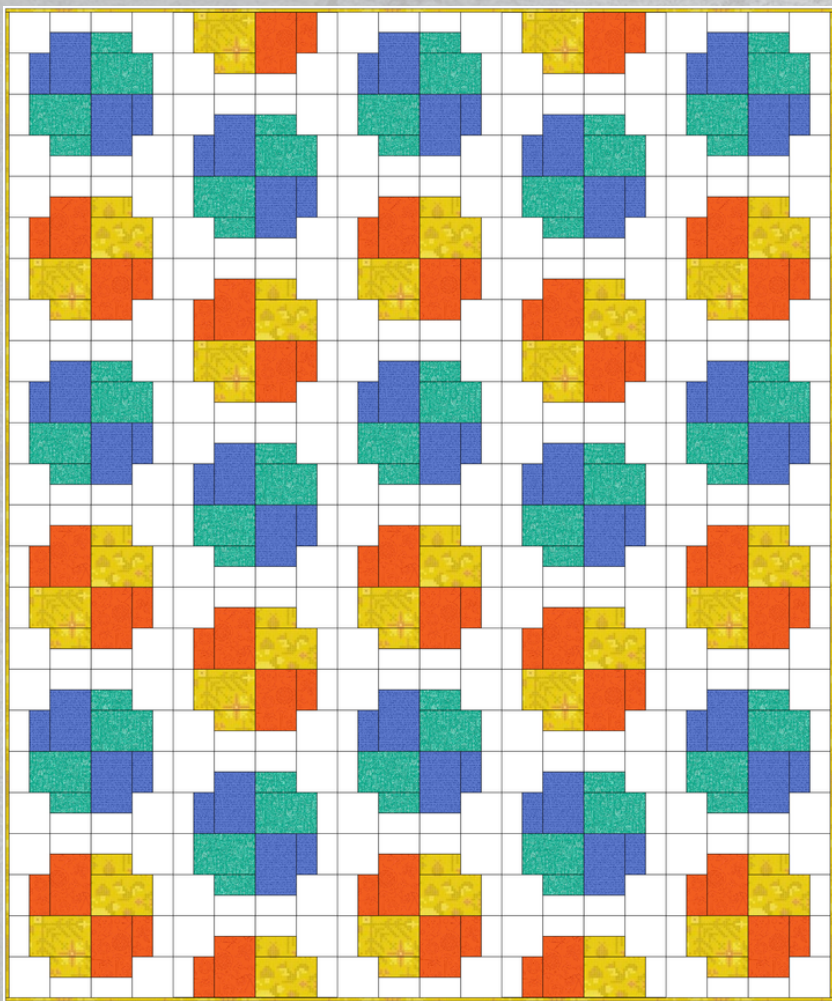
Kindred Spirits is here to help you sort through all the information and decide on the perfect machine for your needs.

After nearly 10 years of selling Baby Lock machines, we can assure you that they are the most reliable brand on the market today.

When you purchase a Baby Lock from Kindred Spirits, you get:

- one-on-one training session when you pick up your machine
- coaching as long as you need it
- full service dealership with accessories, plus cleaning and repair services by a Baby Lock Certified Technician
- Baby Lock warranty (25 years limited, 10 years parts, 5 years computer circuit, 5 years electrical, 1 year labour)

**Most important, we're in your community and we  
love sewing as much as you do!**

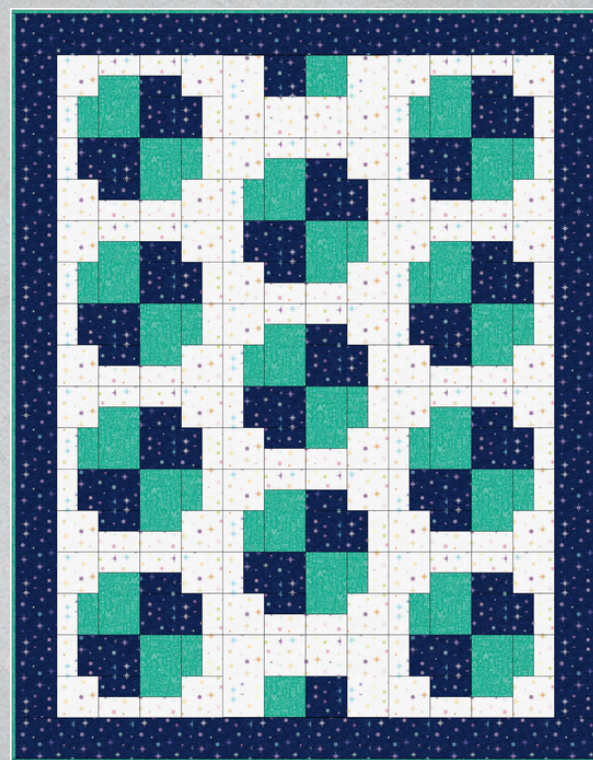


This version is in the original pattern size of 62.5" by 72.5" and features cheerful Sun Prints fabrics by Alison Glass.

# FRIENDSHIP ABOUNDS

A simple but effective free pattern that is sure to inspire.

PATTERN BY PAT SLOAN  
FOR AMERICAN QUILT RETAILER  
USED WITH PERMISSION



Make 42" x 54" version for baby by reducing the number of blocks and adding a 3" border.

There are few things more satisfying than finding a simple quilt pattern that makes up quickly. This pattern works very well for almost any fabric combination you can imagine. With a classic pattern like this, you can get important wedding or graduation gifts done quickly and easily. If you are looking to

adjust the size a little, just drop by Kindred Spirits and our staff will help you figure out any pesky quilt math so you go home with just the right amount of fabric. We love to help you select fabric and supplies to create quilts that mark the most important milestones.



# Friendship Abounds

Flaunt your favorite bold prints in a simple-to-sew quilt. The big pieces in each block give the maximum punch to your finished project.

Designer Pat Sloan (patsloan.com) • Machine quilter Linda K. Leathersich

Finished size: 60½x72½" • Finished block: 12" square

## SUPPLIES NEEDED

Yardages are based on 42" of usable fabric width. Fat eighths measure 9x21".

Light solid.....2¾ yards

Assorted medium prints .....2½ yards total or 12 fat eighths

Assorted dark prints .....2½ yards total or 12 fat eighths

Binding.....⅝ yard

Backing .....4 yards

Batting .....68x80"

## CUT FABRICS

Measurements include ¼" seam allowances.

From light solid, cut:

- 23—3½x42" strips; crosscut into 120—3½" squares and 240—2x3½" rectangles

From assorted medium prints, cut:

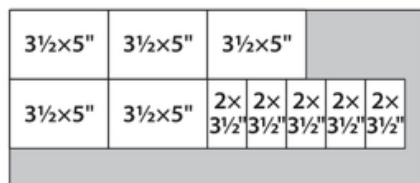
- 60 sets of a matching 2x3½" rectangle and 3½x5" rectangle (or follow *Fat-Eighth Cutting Diagram* below)

From assorted dark prints, cut:

- 60 sets of a matching 2x3½" rectangle and 3½x5" rectangle (or follow *Fat-Eighth Cutting Diagram* below)

From binding fabric, cut:

- 7—2½x42" binding strips



FAT-EIGHTH CUTTING DIAGRAM

## ASSEMBLE BLOCK UNITS

Sew with right sides facing unless otherwise indicated. Press seam allowances in directions indicated by arrows.

1. For one medium block unit, gather a light solid 3½" square, two light solid 2x3½" rectangles, and one set of matching medium print pieces (a 2x3½" rectangle and 3½x5" rectangle).

2. Sew together a light solid 2x3½" rectangle and a medium print 2x3½" rectangle to make a 3½" pieced square (Diagram 1).



DIAGRAM 1

3. Referring to Diagram 2, join the Step 2 pieced square and a light solid 3½" square to make subunit A. Subunit A should be 3½x6½" including seam allowances.



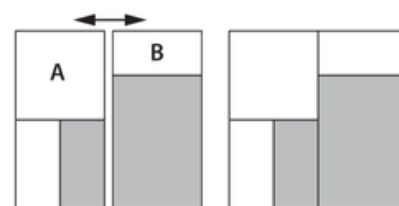
Subunit A  
DIAGRAM 2

4. Join a light solid 2x3½" rectangle and a medium print 3½x5" rectangle to make subunit B (Diagram 3). Subunit B should be 3½x6½" including seam allowances.



Subunit B  
DIAGRAM 3

5. Sew together subunits A and B to make a medium block unit. The unit should be 6½" square including seam allowances (Diagram 4).

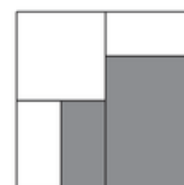


Medium Block Unit  
DIAGRAM 4

6. Repeat steps 1–5 to make 60 medium block units total.

7. For one dark block unit, gather a light solid 3½" square, two light solid 2x3½" rectangles, and one set of matching dark print pieces (a 2x3½" rectangle and 3½x5" rectangle).

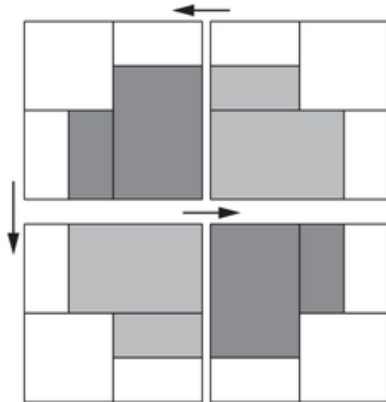
8. Repeat steps 2–5 to make 60 dark block units (Diagram 5).



Dark Block Unit  
DIAGRAM 5

## ASSEMBLE BLOCKS

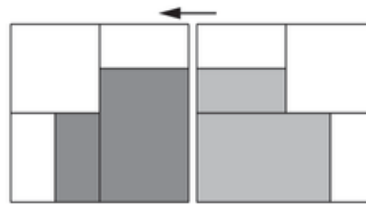
For one block, lay out two medium block units and two dark block units in two rows (**Block Assembly Diagram**). Sew together pieces in each row. Join rows to make a block. The block should be  $12\frac{1}{2}$ " square including seam allowances. Repeat to make 28 blocks total. You will have four medium block units and four dark block units remaining.



**BLOCK ASSEMBLY DIAGRAM**

## ASSEMBLE HALF BLOCKS

For one half block, lay out a medium block unit and a dark block unit in a row (**Half Block Assembly Diagram**). Join units to make a half block. The half block should be  $6\frac{1}{2} \times 12\frac{1}{2}$ " including seam allowances. Repeat to make four half blocks total.



**HALF BLOCK ASSEMBLY DIAGRAM**

## ASSEMBLE QUILT TOP

1. Lay out blocks in three vertical rows of six blocks each (**Rows 1, 3 & 5 Assembly Diagram**). Lay out blocks and half blocks in two vertical rows of two half blocks and five blocks each (**Rows 2 & 4 Assembly Diagram**).

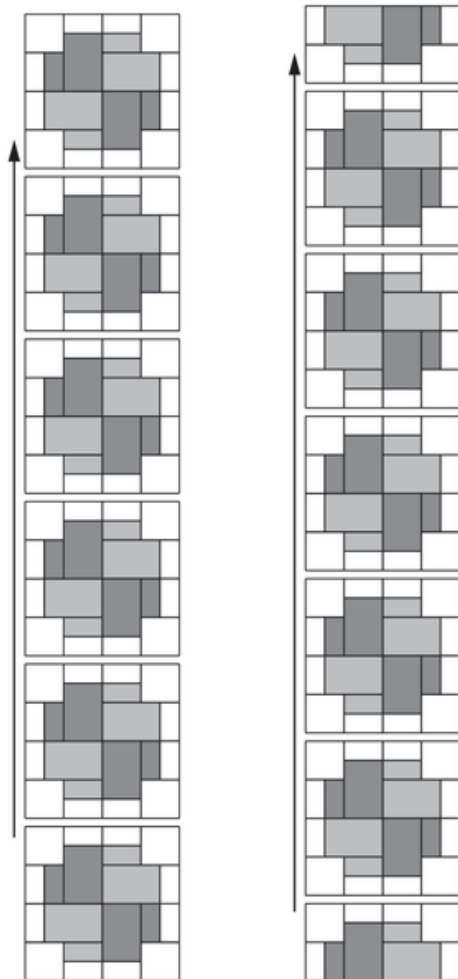
2. Sew together pieces in each row. Press seams open.
3. Join columns to make quilt top (**Quilt Top Assembly Diagram**). Press seams open.

## FINISH QUILT

1. Layer quilt top, batting and backing; baste.
2. Quilt as desired. Quiltmaker Linda K. Leathersich machine-quilted a feather pattern across the quilt top.
3. Bind with binding strips.

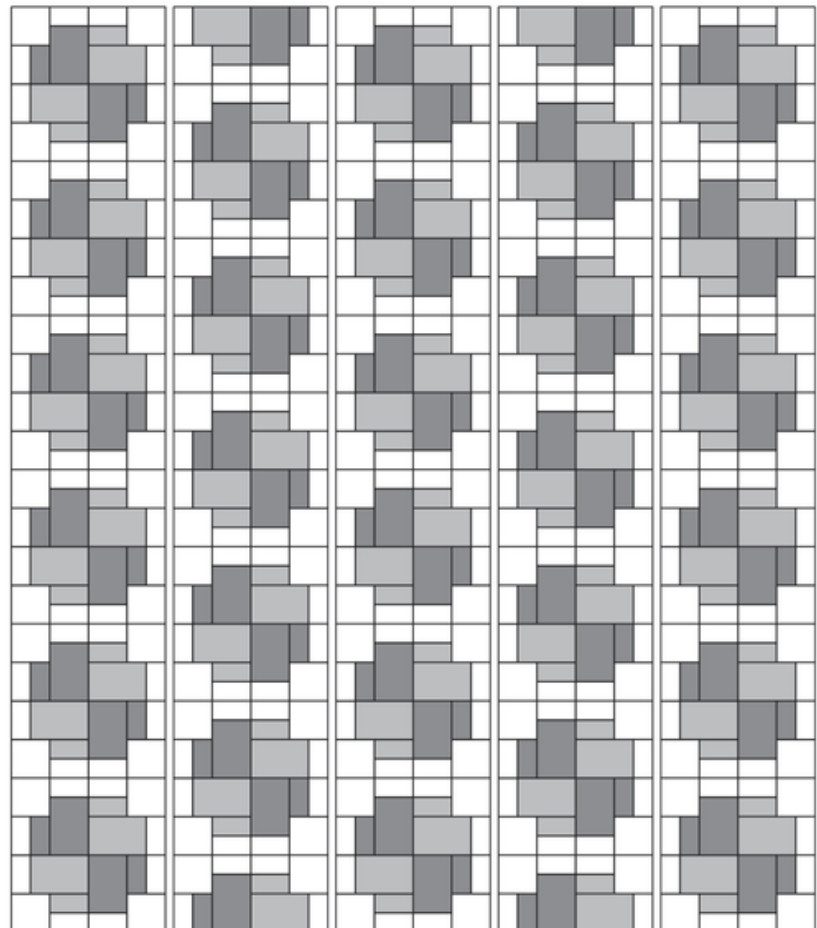
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**ROWS 1, 3 & 5  
ASSEMBLY  
DIAGRAM**

**ROWS 2 & 4  
ASSEMBLY  
DIAGRAM**



**QUILT TOP ASSEMBLY DIAGRAM**