

### Rules of play

1. Score will be kept in this recreational league, however wins and losses will not be recorded.
2. There will be backcourt violations.
3. Teams may full court press the last two minutes of each half, unless they are up 10+ points.
4. Teams can play Man-to-Man defense or **Zone Defense in this league.**
5. Fouls will be called and individual fouls will be kept. At seven team fouls. The one & one bonus is in effect. At 10 team fouls, two shots will be awarded.
6. Three seconds in the key violation will be called.
7. The referee will stop the play occasionally to work with the players and help them with the games.

### Volunteer Coaches responsibilities

1. Strive to set an example of good sportsmanship and conduct as a coach, as well as influence the proper attitude of all team members
2. Abide by the decision of the official.
3. At all times, win or lose, part with opponents on friendly terms.
4. Be kind and courteous with players, officials, other coaches and all spectators.

If at any time, the Program Coordinator or Supervisor feels like the coach is breaking these rules, or is not conducting him/herself in a positive manner, he has the right to ask the coach to leave at any time and will be done for the rest of the season.

Dear Coaches

The SSAFC would like to thank you for helping us out with the Jr. Jazz basketball program. Without your help we could not have a successful program. We hope to provide a positive experience for the youth and help them develop proper basketball skills. If you have any questions at all, please don't hesitate to give me a call at 783-2423.

Sincerely,

Christopher Burton  
SSAFC Program Coordinator

Games

Games will start on January 6<sup>th</sup>, 2018 and will run until February 24<sup>th</sup>. The games here will be played on Saturday mornings in the Middle School gymnasium. The games in Park City will be Thursdays at Ecker Hills Middle School.

## General Rules

1. An official game ball will be provided by the SSAFC. The official ball is an official size ball for boys and an official size ball for girls.
2. Officials and scorekeepers are representatives of the league and are responsible to the Program Coordinator. If you have any questions or concerns please bring those to the attention of the Program Coordinator or Supervisor.
3. Players will only be allowed to wear the 2018 Jr. Jazz jersey.
4. Timeouts – There will be three coaches' timeouts per game in this league.
5. Teams are allowed to start with four players.
6. There will be a five-minute grace period. After that teams without at least four players will forfeit.
7. There will be a four-minute halftime.
8. No jewelry will be allowed.

## Court and Equipment

1. Official (boys) size basketball will be used.
2. Baskets will be set at ten feet. (Regulation)
3. Free throw line is set at 15 feet from the basket. (Regulation)

## Timing Regulations

1. The game consists of four, eight minute running periods. The clock will also stop in this league for the last two minutes of each half unless one team is winning by 15 or more points.
2. Open substitutions will be allowed in this league. Substitutions are to be made during dead balls or during quarter breaks. Players must sub in at the score clock and wait until the official signals them in.

## Players

1. All players must play half of every game.
2. Nobody should play the entire game unless there are only 5 people on your team that day.
3. Each player must sit out at least four (4) minutes of the game. If a player does not sit out four minutes, that player must sit out the first half of the next game.



## **Mission Statement:**

**We take pride in offering leisure opportunities that serve our community beyond its expectations.**

## **Jr. Jazz Basketball**

**7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> grade basketball**

**Rulebook for volunteer coaches**