

Pattern Fitting

Taught by Janet English

Session 1:

- We will take measurements to adjust a purchased pattern to your real body measurements. Please wear a form fitting bodice.
- Learn to record on a chart.
- Transfer your measurements to a purchased commercial pattern. Please purchase McCall's M757 shirt pattern in the size with the bust measurement close to your own. To find this information, look at the pattern envelope tab. Please don't be alarmed at the larger size than purchased garments. Patterns are uniform since the 1960's Roughly cut the pattern out with as much tissue outside as possible.
- We will adjust the pattern to accommodate all changes found.
- We will duplicate the pattern onto heavy craft weight paper.
- Using the skills learned in class you will transfer sewing lines and add seam allowances.
- Cut out a muslin from the adjusted pattern.

Session 2:

- Muslin should be basted together for fitting.
- We will again adjust the muslin to a perfect fit. Transfer any change to the paper pattern. You now have what they call a "Block". There is no ease. The amount of ease is to your personal requirements, comfort and fabric of garments you wish to make.
- You will also learn how to use sewing lines and adjust your sewing technique with variable width seam allowances.

Pattern Fitting supply list:

- A purchased pattern McCall's M7575 for a shirt bodice.
- See thru ruler at least 12" long
- (Dressmakers Curve, optional)
- Cloth tape measure
- Pins
- Scissors and/or rotary cutter if you have one
- Marking pencil or pen
- Tracing wheel and dress makers carbon
- 2-3 paper grocery bags or craft paper
- 2-3 yards of muslin fabric

All materials may be purchased at Pacific Fabrics with a 10% discount. Please mention that you are buying supplies for this class at the register to receive this discount.



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