

Muslin Dress Fitting

Supplies:

McCall's 2718 in your HIGH BUST size (wrap the tape measure around under your armpits, put your arms down, and use that measurement instead of your full bust measurement).

3 yards muslin (Pacific Fabrics has some inexpensive muslin on a big roll)

NON-matching thread. Trust me.

Sewing machine, with power cord, pedal, bobbin, all that jazz

Fabric scissors

Pins

Paper scissors

Ruler (the clear gridded ones are by far the easiest to use, but any one will do)

Seam gauge if you have one (not NECESSARY, but will make your life much easier)

Sharpie

Scotch tape. And more scotch tape.

Gridded pattern paper (you can find this over by the interfacing. If you don't want to get it, you can just bring some regular printer paper or even notebook paper, but again, it will make your life much easier)

Measuring Tape

VERY IMPORTANT NOTE:

You're going to be trying on your dress muslin IN CLASS. So you need to be wearing something on the second day of class that you can put your muslin on over. People's first thought is often exercise clothes, but the thing is that you can't be wearing something that changes your shape. You need to wear the same underwear and bra that you'll be wearing with a dress (and spanx, if you wear those too!). So exercise wear for the top won't cut it. My recommendation would be a camisole or a fitted t-shirt over the tightest pair of leggings (or biker shorts, fitted yoga pants, running base layer, etc.) that you have that doesn't change the shape of your body. On that note, please bring a sense of humor! I know how easy it is to be sensitive about our measurements. We're going to spend a fair amount of time talking about many many measurements on all of you, so don't sweat it—there's no judging of others or of yourself in my class! Just lots of laughing as we talk about everything from knock-knees to "the girls". It'll be fun!

Contact: Denise Stevenson at denisestevenson@gmail.com or (801)400-7731.

All materials may be purchased at Pacific Fabrics with a 10% discount. Please mention that you are buying supplies for this class at the register to receive this discount.



Northgate 206-362-0111