

## How to calculate for your binding

- $(\text{Width} + \text{Length}) \times 2$
- Divide by 40 (for decimal, always round up)
- Equals number of cuts
- Times width of binding
- Equals yardage needed

Example:

For a quilt size 54" x 60"

- $(54+60) \times 2 = 228$
- $228 / 40 = 5.7 \rightarrow$  round up  $\rightarrow 6$
- $6 \times 2$  (width of binding)  $2 \frac{1}{2}$  or  $2 \frac{1}{4} = 15"$  or  $13 \frac{1}{2}"$
- If you use a  $2 \frac{1}{2}$  width of binding, you will need 15" of fabric  
If using a  $2 \frac{1}{4}$  width of binding, you will use  $13 \frac{1}{2}"$  fabric

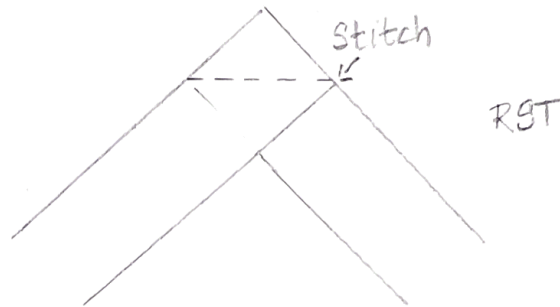
## Binding Your Quilt

### CUTTING BINDING STRIPS

- Cut 2-1/4" strips for binding on quilts with thin batting
- Cut 2-1/2" strips for binding on quilt with thick puffy batting
- Cut enough binding to go around the perimeter of the quilt plus 12 -18"
- Cut bias binding if your quilt edge is curved or if you want a special effect from your fabric being cut on diagonal

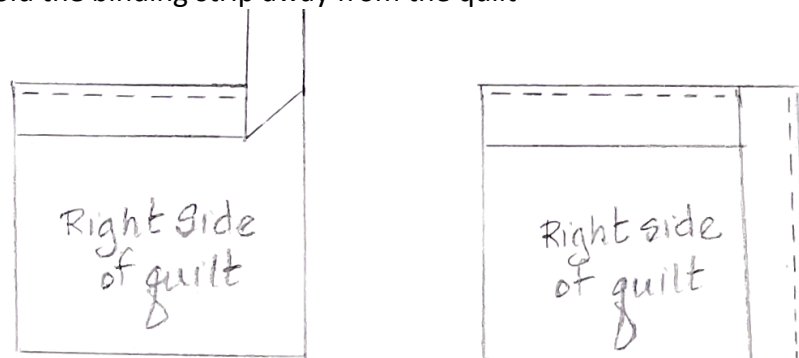
### FORMING BINDING STRIP

- Place two of your binding strips right sides together (RST) and sew diagonally
- Cut off additional fabric
- Press seams open
- Fold the strip in half lengthwise, wrong sides together, and press

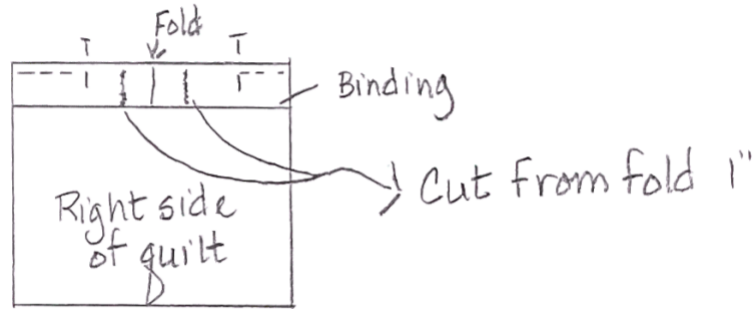


### ATTACHING BINDING

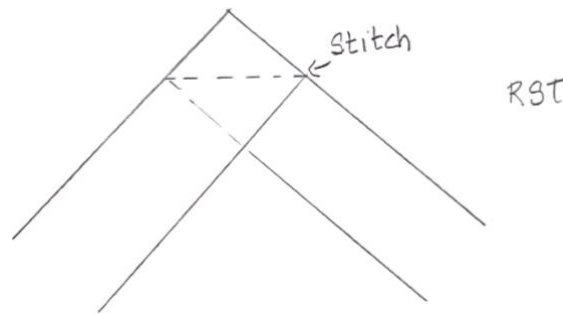
- You can begin binding anywhere along the edge of the quilt except in a corner.  
\*\*Helpful hint: After you have selected a starting point, run the binding strip around the edge of the quilt to make certain that a seam does not fall into a corner. If it does, readjust your starting point.
- Line up the raw edge of the strip with the raw edge of the quilt top
- Leaving a 6-8" tail, stitch the bind to the quilt with a generous 1/4" seam allowance. Stitch up to the seam line in the corner. Take a few backstitches. Remove the quilt from your sewing machine.
- Diagonally fold the binding strip away from the quilt



- Fold the binding straight down with the edge of the quilt. Stitch. Continue and finish all sides and corners in the same manner. When you are within 10-12" of your starting point backstitch and remove the quilt from your machine.
- Pin the binding to the remaining edge of the quilt, making sure to center the beginning and ending spot. Fold the tails back and mark 1" on each beginning and ending tail. Cut the excess fabric off and unpin the unstitched binding.



- The tails are placed at right angles RST and stitched diagonally. (I like to draw a line so that my sewing is straight.) Leave a 1/4" seam allowance by cutting any additional fabric off. Press the seam open. You are now ready to attach the remaining 10-12" of binding.



#### STITCHING TO THE BACK

- Fold the binding to the back, cover the machine-stitching line. Blindstitch the binding in place, making sure your stitches do not go through to the front of the quilt. At the corners, fold the binding to form miters on the front and back of the quilt; stitch down the folds in the miters.

