

Yakima Valley Quilters' Guild

Recipe Book Pot Holder Pattern by Kathy Winters

Here is a quick and easy pattern I made for our potholders. We also have kitchen towels to decorate. These items will be available with our recipe books and hopefully we can increase sales, as these books need to be gone!

4 pieces	matching or coordinated fabric 2 for layered back 8 x 10-1/2" 2 for layered front 8 x 8"
3 pieces	100% cotton batting 2 for the back 8 x 10-1/2" 1 for the front 8 x 8"
1 pkg	wide single fold bias tape or make your own binding spray baste adhesive or a fabric glue stick

1. Cut a gentle curve on all 4 corners of all back pieces – fabric and batting–8 x 10-1/2" and on the 2 bottom corners ONLY of all front pieces-fabric and batting-8x8". I used a coffee cup to mark this curve-just be sure it is gentle and sloping. You can just leave these corners square and I might try that on my next one.
2. Layer 2 pieces of batting between your 2 back fabrics. A little spray baste here works wonders in keeping them from shifting while quilting. Fabric glue stick will also work.
3. Machine quilt as desired. I used a cross hatch, marking my lines with chalk.
4. Follow same process with your 2 front fabrics using 1 layer of batting. I did not quilt this layer but think I might on the next one. I used my focus fabric on the outer most front and the other layers were coordinating.

Parts of the following directions are for using packaged bias tape for binding and sewing it on by machine. You can make binding and finish the potholder like a small quilt, too.

5. First finish the straight edge of the "front" sandwich layers with the binding. Place it on the back of the sandwich, sew along the crease fold, flip it to the front and topstitch.
6. Next cut a 5" piece of bias tape for the hanger. It is pre-folded once, so just fold it again and topstitch.
7. Loop the hanger and pin it to the "back of the back"-hanging down toward the center.
8. Place the front sandwich onto the back sandwich matching the curved corners and with your focus fabric to the outside and your hanger to the backside. Pin in place.
9. Press one end of your bias tape flat for a few inches, cut it on a 45° and press the edge in 1/4". Start sewing the binding in the middle of one long edge (remember you are on the back side). When you get around to the end, the tail of your binding can be trimmed and tucked into this finished 45° fold. Then flip it all to the front and topstitch.
10. This leaves your hanger, which needs to be flipped up and topstitched on to the binding to hold it in place.