



Quilts of Valor® Foundation Quick Reference Guide

Making Quilts of Valor

Size: Recommended size: 60" x 80"; minimum: 55" x 65"; maximum: 72" x 90"

Pattern: Use a commercial pattern or your design. Avoid full-size flag patterns that might resemble a casket flag.

Fabrics: Use quality, adult-appropriate, 100% cotton, quilt-weight fabrics. Avoid juvenile prints and branch-specific fabric unless the recipient is known. A Quilt of Valor does not have to be red, white and blue, but patriotic colors are very popular with recipients. Panels can provide a great focal point and bring in other colors. Think creatively with the recipient in mind.

Workmanship: Do your best. One of our core values is promoting excellence.

Backing: Use quality, 100% cotton; backs provided to LongArmy Volunteers must be 8" wider in width and 8" longer in length. Wide commercial backings sold at quilt and fabric stores are acceptable. Square up, press and fold backing neatly before providing to the quilter.

Batting: Use quality, low loft batting such as cotton, cotton blends, polyester or polyester blends.

Binding: Double fold, also known as French fold, is recommended for durability. Hand stitch or neatly machine stitch binding, mitering all corners.

Label: The label must state quilt is a Quilt of Valor to be awarded and recorded as such. Make your label, purchase at a participating quilt shop or purchase from the QOVF Spoonflower Shop. Use a permanent fabric pen when personalizing.

Include the recipient's name, names of the piecer, quilter and binder, city and state where made if desired, date, and award location. Use Rank (if known) First and Last name. The label may also include simple washing instructions of cold water, mild detergent, use a color catcher initially and tumble dry low. Do not include any religious or political messages.

Pre-Laundering: Wash quilt once completed so it is soft and so that any potential fabric dye bleeding issues are resolved. Use cold water, mild detergent and unscented products. A color catcher will capture fabric dyes in the washer.

Presentation Case: A presentation pillowcase is optional unless sending the quilt overseas. Try a QOVF woven label for your case; visit our QOVF Store at www.QOVF.org.



Note or letter: You may include a thank you note, card or message to the recipient. Documenting the quilt's journey, the quilter's thoughts, etc., may also be included.