



TIPS FROM TRUDY

Sewing Knits



PREPARING KNITS

- Prewash and dry most knit fabrics by machine; use a gentle cycle to prevent creasing
- Handwash wool single knit
- Dryclean wool double knit

CUTTING KNITS

- Fold edges towards the centre so that you have a fold for centre back and centre front
- Tube knits will be need to cut open and refolded to avoid a permanent fold at centre back and front

STITCHING KNITS

- Stitch seams with a slight zigzag (stitch length 2.5 mm, width 1 mm) stretching as you sew; this is all you need for T-shirt seams
- Use a reinforcing triple stretch stitch over the former stitching line for extra strength on bathing suits or dance costumes, stretching as you sew
- Stitch a 1 cm strip of lining or interfacing along the front shoulder seam to prevent stretching

FINISHING KNITS

- Use a serger for finishing when fitting is perfected
- Trim or serge your seams to 1 cm; they will stay flatter than if they are too narrow
- Press shoulder seams towards the front

Visit Trudy's website
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