

WINDMILL FLOWERS CLASS HANDOUT

This unique block is fun to make with scraps or a coordinated group of fabrics. You should pre-cut fabrics for one block before class if possible. Make a lot of blocks or just a couple-think table runner, a border for a quilt, placemats, a section of a quilt, and so on and on.

PATTERN will be provided by instructor

SUPPLIES:

- Sewing machine with $\frac{1}{4}$ " foot
- Rotary cutter, mat
- Rulers-6 $\frac{1}{2}$ " square, 6 $\frac{1}{2}$ " x 12 $\frac{1}{2}$ "
- Optional: tweezers
- Fabric marker

Fabric for 1 long Flower Block (directions for the short Flower block will be provided in class):

From a 3 $\frac{3}{4}$ " x WOF strip of BACKGROUND fabric cut:

2- 3 $\frac{1}{2}$ " squares, cut each in half once diagonally

1- 3 $\frac{3}{4}$ " square

1-4 $\frac{1}{2}$ " x 3 $\frac{1}{4}$ ", 1- 3 $\frac{1}{2}$ " x 3 $\frac{1}{4}$ ", 1- 2 $\frac{1}{2}$ " x 3 $\frac{1}{4}$ ", 1- 5 $\frac{1}{2}$ " x 3 $\frac{1}{4}$ "

2- 2 $\frac{1}{2}$ " squares

3 FLOWER Fabrics (stripes and plaids and small prints work great in this block):

Center of Flower-1- 1 $\frac{3}{4}$ " x 36" strip of fabric

Middle of Flower-1- 1 $\frac{3}{4}$ " x 36" of fabric

Outside of Flower-1- 1 $\frac{3}{4}$ " x 36" of fabric

STEM & LEAF fabric:

1-1" x 10 $\frac{1}{2}$ " strip

1-3 $\frac{3}{4}$ " square

"PETALS" (the 3D piece on the leaf sections). This can be contrasting fabric to the leaf fabric, coordinating, or even the same as the leaf fabric:

1-2" square, cut in half once diagonally. Press in $\frac{1}{2}$ with wrong sides together.

If you plan to use the same Background Fabric for a 9 block wall hanging as in the shop sample, about 1 yard of fabric should be enough. Border fabric amounts will vary depending on how many blocks you decide to make.

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WINDMILL FLOWER DIRECTIONS:

Make FLOWER section-

- 1) Sew the 3 Flower fabric strips together. (Press seams open or to one side).
Cut 8- 4 $\frac{1}{4}$ " segments from this strip set (1)
- 2) Cut each 4 $\frac{1}{4}$ " square in half diagonally once. Be sure to always cut each segment in the same direction (2)
- 3) Sew 2 of the new triangle units together as shown. Press seam open or to one side (3, 4)
- 4) Trim outside edge of unit, $\frac{1}{4}$ " above center seam of unit. Press the background triangle in half and place it on the trimmed edge, lining up the point of the triangle with the center seam. Sew, press triangle out from center of unit.
- 5) Square unit to 3 $\frac{1}{2}$ ", keeping as much of the center fabric intact as possible
- 6) Sew the 4 units together in a 4 Patch block= 6 $\frac{1}{2}$ " square unfinished.

Make LEAF Unit-

- 1) Press each Petal triangle in half WST. Place 3 $\frac{3}{4}$ " background square and 3 $\frac{3}{4}$ " leaf square RST and mark center line. Tuck two Petal triangles inside of one corner as shown (#1L), with both raw edges of triangle even with square raw edges. Sew $\frac{1}{4}$ " on each side of drawn line. Cut apart on marked line and press to leaf fabric.
- 2) Add 2 $\frac{1}{2}$ " background square to leaf corner, stitch and flip, trim seam.
(by varying the size of the background corner square, you can vary the width of the leaf). Square this unit to 3 $\frac{1}{4}$ " wide by 3 $\frac{3}{4}$ " high. (#2L)

Make lower Leaf and Stem Unit-

- 3) Sew the left and right sections of background and leaves as shown.
- 4) Sew the stem to left side of leaf section. Add the right side. Press both of these long seams toward the stem.
- 5) Sew Flower section to Lower Section. Square block to 6 $\frac{1}{2}$ " x 16 $\frac{1}{2}$ "
- 6) For SHORT FLOWER block: Add a 4" x 6 $\frac{1}{2}$ " background rectangle to the top of the Flower block. End the Lower section just below "left leaf unit" leaving out the left 4 $\frac{1}{2}$ " background piece, and replacing the 5 $\frac{1}{2}$ " right side piece with a 2 $\frac{1}{2}$ " x 3 $\frac{1}{4}$ ".