

Basic Free Motion Quilting Supply List

Teacher: Rita Meyerhoff

Techniques

1. Basic free motion quilting
2. Marking a quilt top and layering
3. Marking and quilting with stencils

Notions and fabric

1. *Beginner's Guide to Free-Motion Quilting* by Natalia Bonner or reference book of your choice
2. 4 yards of 45 to 50-inch-wide muslin
3. Cotton batting (my preference is Hobbs Heirloom 80/20)
4. 50 wt cream/ecru thread
5. 90/14 quilting needles
6. Quilting gloves of your choice (My preference is Machingers)
7. 6 x 24-inch ruler
8. 12 $\frac{1}{2}$ inch square ruler
9. Water soluble marker
10. Basting spray (June Tailor's or Sullivan's preferred)
11. Walking foot for your machine
12. Darning foot for your machine
13. Gel pen and drawing pad for practice drawing
14. Sewing Machine and Manual

For 1st class:

1. Cut 2 50x50 (width of fabric) inch muslin pieces. **Do not layer these two, wait until class.**
2. Cut remainder of fabric (at least enough for 4 practice sandwiches) into approximately 12 x12 inch pieces and layer into sandwiches (muslin-batting-muslin). These will be used for the first class. Use basting spray or press to hold sandwiches together.

BE SURE TO USE BASTING SPRAY IN OPEN AREA. OUTSIDE IS PROBABLY BEST!