

Twin Tiles Table Runner
18 X 45

$\frac{3}{4}$ Yard Background Fabric

OR, (40) 5-Inch squares of various fabrics

$\frac{1}{2}$ Yard Main Fabric

OR, (20) 5 $\frac{1}{2}$ -Inch squares of various fabrics, or 6-inch if not washed

Sue Pelland's Hearts and More Rulers

28mm Olfa Rotary Cutter (With new blade)

(45mm is too large, it can't make the curve on the ruler.)

I have found the Olfa cutter works best. I've tried other brands and have found the handle or the bolt that holds the blade gets in the way of the ruler.

Small package of Misty Fuse

Fat Goddess Sheet or Teflon Sheet

Thread to match your main fabric.

Rotary cutting mat. (Optional, but useful when cutting.)

Tailors Clapper (Optional, but very useful for pressing seams very flat.)

BEFORE CLASS

Pre-wash all fabrics. If you are using 5 ½ -Inch squares and they are not washed, cut 6-inch squares to allow for the raveling. The reason you want to pre-wash the fabrics is to get the sizing washed off. The sizing can prevent the fusible from working the way it was designed to work. It's like flour in a cake pan.

To apply the Misty Fuse.....Lay squares face down on half of the Fat Goddess Sheet. You can cut the misty fuse in 6" squares or leave whole. Measure how much you will need. The Misty is 20-Inches wide. So, if you put three squares down, you will need a 6-inch x 18 inch piece. Place the Misty Fuse on top of the three squares. Fold the Fat Goddess Sheet over the top and use a hot iron to fuse to the fabric.

Misty Fuse loves heat. You cannot over heat the process. After you feel you have applied the heat enough, pull back the Goddess Sheet. IF the fuse is sticking to the sheet, lay it back down and apply more heat. I have found, sometimes, that where there is no fabric and there is fusible, it will stick to the Goddess Sheet...so be it. I use a scrubbie to go along on my Goddess Sheet to remove any glue that is stuck to it. Complete all 20 squares.

Allow the fabric/squares to cool. They will remain tacky for a while and would be hard to work with if they are not "dry" to the touch. I usually do the fusing the night before and let it set. The next day your fabric is ready to be worked.

After your fabric is cool and dry to touch, cut 5-inch squares from your yardage or your squares. The reason I had to cut 5 ½ or 6 inch squares is to make sure you have fusible from edge to edge.

Cut (40) 5-inch squares from background fabric. (This fabric is NOT fused.)