

# Folded Star

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7" Octagon

*sharon holland* + Sew

Free Pattern



**Skill Level:** Beginner

**Size:** 7" octagon

**Maker:** Sharon Holland

**Fabrics:** Kismet by Sharon Holland and Pure Solids from Art Gallery Fabrics

## NECESSITIES

- 1 fat eighth each:  
**KSM-73301 Kantha Mica** (gold blender)  
**PE-491 Candied Cherry** (maroon solid)  
**KSM-83303 Cloak and Petal** (moths)  
**PE-488 Blossomed** (dusty pink solid)
- 1 fat quarter **KSM-83309 Busy Bee Karma** (ditsy)
- (1) 2" x 42" strip for binding
- (1) 7" square muslin for foundation
- (1) 8" square Cotton batting or heat resistant batting
- Needle and coordinating thread

Read through all instructions before beginning.

## PREP

Cut all strips from selvage to selvage. Remove the selvages.

From the gold blender:

Cut (4) 4" squares

From each of the maroon solid, moths print, and dusty pink solid:

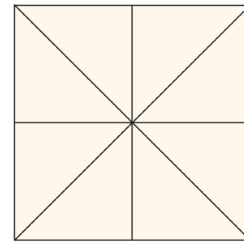
Cut (8) 4" squares

From the ditsy print:

Cut (8) 4" squares and (1) 8" square for backing

## Hot Pad

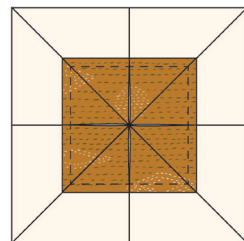
1. Fold the 7" muslin square in half twice to quarter. Press to crease. Open the square and then fold diagonally in half twice. Press to crease, then open flat.



2. Fold (1) 4" gold blender square in half twice with wrong sides together. Press to crease. Open the second fold to form a rectangle. Turn the fold edge of one corner down toward the center crease, matching raw edges. Press in place. Repeat for the other side, creating a folded triangle. Make 4 folded gold blender triangles.



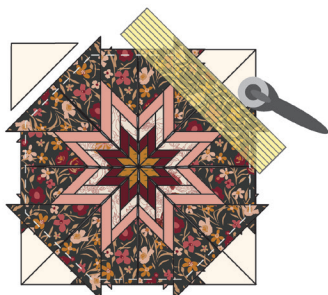
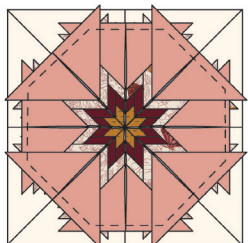
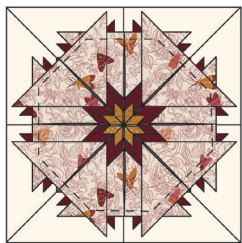
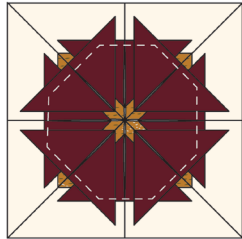
3. Position the 4 folded gold blender triangles fold side up on the center of the creased square with the points on center, using the horizontal and vertical crease lines to align the triangle center fold lines. Pin in place. Machine baste ¼" around the outside edges of the folded triangles. Tack the triangle points in place by hand stitching.



4. Make 8 maroon solid folded triangles in the same manner as Step 2. Position the horizontal and vertical triangles first, leaving ⅜" between the points of the first round of triangles and the points of the second round. Pin in place. Position the diagonal triangles in the same manner. **Hint: Use the diagonal crease lines on the square to make sure the diagonal triangles are straight.** Pin and machine baste around the outside edge of the second triangle round. Hand tack the points in place. Continue in the same manner to add a round of 8 moths triangles and a round of 8 dusty pink triangles. For the fifth round, finish with the ditsy triangles. Pin the 4 triangles on the horizontal and vertical lines of the



square with all raw edges matching the foundation square, keeping  $\frac{3}{8}$ " between points. Position the 4 remaining triangles on the diagonal corners, keeping  $\frac{3}{8}$ " between points with the triangle fold centered on the diagonal crease line. Pin. Machine baste. Trim the muslin even with the edges.



5. Fold the 2" x 42" binding strip lengthwise in half with wrong sides together and press. Turn under one short end  $\frac{1}{4}$ " to the wrong side to encase the raw edges.



6. Center and layer in this order: 8" backing square, right side down, 8" batting square, and 7" octagonal hot pad, right side up. Pin the layers together. Starting at one corner, place the folded binding on the hot pad with raw edges aligned.

7. Working with the folded short end, begin stitching with a backstitch and using a  $\frac{1}{4}$ " seam allowance. When you reach a corner, end with a backstitch and remove the hot pad from the machine. Fold the strip up at a 45° angle and then back down again to make a soft mitered corner. Line up raw edges and stitch to the next corner, backstitch and remove hot pad to repeat mitered corner treatment. Continue around the hot pad to starting point and backstitch. Remove hot pad from the machine. Trim the binding strip  $\frac{1}{2}$ " longer than the starting point.



8. Fold the short end of the binding strip under to the wrong side to encase the raw edges and to overlap the starting point. Stitch in place.

9. Trim the backing and batting even with the hot pad shape. Turn the binding to the back of the hot pad and blind stitch by hand or

machine stitch to finish. Machine stitch a ribbon or loop if desired.



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For pattern support, contact: [contact@sharonhollanddesigns.com](mailto:contact@sharonhollanddesigns.com)