



Long Island Quilters' Society

Newsletter Extra

April 2020

C-19 #2



Update: Support for Healthcare Workers

Our homebound factories are humming along with face mask production. Mary Ellen Orchard collects the masks twice a week for donation at Eisenhower Park to deliver masks sewn by our members and others, to donate for healthcare workers. To date our masks count is **3,029**. Collections will continue Mondays and Thursdays 12:00-1:00 at Eisenhower Park, Field 6-6A at Lannin House, depending on weather conditions, until further notice.



Hi Mary Ellen, should we throw the bag into the box?



A huge thank you from healthcare heroes



NUMC'S HEARTFELT RESPONSE to our masks:

"I wanted to give you and your fellow quilters a HUGE THANK YOU!!! The masks were a tremendous hit and word spread throughout the building quickly. The masks were approved for all non-clinical staff and so all the other staff that is required to be here supporting the frontline staff are most grateful. Thank you again and we appreciate all of the time and effort that went into making these beautiful masks!
Warm Regards,
YOU DO MAKE A DIFFERENCE!!!!!!"

Hi Quilters,

Welcome to "Extra #2."

Starting off with our socially distanced activities, our first event is ongoing production of face masks for healthcare workers. Watch for email blast updates on this initiative.

If you have any ideas you would like to share with our quilting family, please contact me: em.mann@gmail.com

Subsequent issues will be published as LIQS news arises, whether anecdotal, philosophical, charitable, recipes, or just quilty crafts fun.

Keep in touch, stay safe, nourished, calm, and healthy.

Emily



Mary Ellen says: YOU ARE MAGICAL!!!! The masks have been distributed over a three week period. You have spread your compassion to: NUMC, Winthrop Pediatric ER and floor, Winthrop ER departments, St. Francis, Good Sam, The sisters of St. Dominic of Amityville, Lenox Hill (thank you Pat R.!) Lawrence Hospital in Bronxville (thank you Pat R.!), Hilaire Rehab and Nursing in Huntington. There are no words really to express the pride that you all bring to our little world. THANK YOU, THANK YOU and THANK YOU even more! xxx

From Medicare.gov

Managing Stress During COVID-19

More than ever, it's important to stay home to slow the spread of COVID-19, and if you must go out, practice **social distancing**. While we stay home, don't let fear and anxiety about the COVID-19 pandemic become overwhelming. Here are a few ways the **CDC recommends managing stress** during these challenging times:

- **Take breaks from watching, reading, or listening to news** stories and social media.
- **Connect with others.** Talk with friends and loved ones over the phone or via video chat about your concerns and how you are feeling.
- **Take care of yourself.** Take deep breaths, stretch, or meditate. Try to eat healthy meals, exercise regularly, and get plenty of sleep.

More info at:

- www.medicare.gov
- https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprepare%2Fmanaging-stress-anxiety.html?utm_campaign=20200416_cvd_prv_gal&utm_content=english&utm_medium=email&utm_source=govdelivery

Urgent information from Sharon Salkewicz:

Watch out for potential fraudsters taking advantage of the pandemic, reported from the FBI.
<https://www.ic3.gov/media/2020/200320.aspx>

The following members do not receive email:

Lisa Billotto, Beverly Gaeta, Barbara Hudson, Amy Imken, Carol Irwin, Beverly Johnson, Laura Loud, Jane O'Hara, Felicia Roennau, Charlene Stinson, Joyce Valeriano, Doris Whitchett, Jean Wilson, Dorothy Zale

While we are "socially distanced" we need to find ways of reaching everyone; we would like to form a chain of correspondence to keep everyone up to date on our news and plans.

Please reply to Emily at em.mann@gmail.com if you can select one or more members from this list to keep in touch with, and I will forward to you their contact information.

Thanks so much.

Photos courtesy of June Gerbracht:

Joanne Sorrentino and I coordinated the making of the quilt which was machine pieced and hand appliqued by 20 different members of LIQS. The quilt was custom quilted by Allison Black, AB Quilting Studio, Ogden, Utah (who has become a special friend of LIQS and is extremely generous). The quilt measures 65 x 78.



Stay-At-Home Things-To-Do:

Laundry Basket Quilts Mystery Quilt is finished but PDF tutorials are available here. The blog has posted the all tutorials through Block 15 and finishing advice. PDFs for blocks #3, 4, and 5 are included in the body of the email message. For more information, visit www.laundrybasketquilts.com/

More Stuff:

www.allpeoplequilt.com
www.quiltingdaily.com

Members' Ideas

- I read that those elastic bandages the medical staffs use keep your ruler from slipping.... Margaret Mitchko
- Quilting confession: sometimes I don't iron my fabric before cutting, NOT a good idea... Emily Mann
- Next year display a quilt competition expressing our experiences getting through the pandemic...Margot Cohen

Sunshine and Shadows

- Pat Ronga's husband passed away.
- Stella Nadel, long time LIQS member, passed away early March, at age 96.

Virtual Show and Tell... every quilt tells a story...

Evelyn Googe:

I recently completed this 74" x 64" quilt which I created for my grandson, Dylan. He taught himself to play the electric guitar and is so enthused with guitars now. He actually chose the guitar and magnolia fabrics. Since he went to London and Paris on his senior trip, I used newsprint from those cities and NYS - where he was born - on the border. He absolutely loves the quilt and took it to Northern State University where he is a freshman.

The little Cuddle quilt was a kit I had won at a "Sew the Day Away".



Classified

Wanted: repair for vintage family quilt

Contact: Bob 516-851-3770

bhoffmann110@hotmail.com



Thoughts for the Way We Live Now

- “What day is it?”
- “Which pajamas should I wear today?”
- “Keep calm and sew on” (or crochet, knit, macramé, play with house plants, do yoga, jigsaw puzzles, etc.)

News items, short articles, and suggestions are always welcome.

Contact the Editor.



Long Island Quilters' Society, Inc.

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The Long Island Quilters' Society, Inc. is a non-profit organization dedicated to furthering an interest in quilting, encouraging the preservation of our quilt heritage, and offering year-round instructional opportunities for its members. The society provides a meeting where quilters can support each other's growth and development. The membership year is from September 1 through August 31; annual membership fee is \$40. Members receive a bi-monthly newsletter and are eligible to participate in workshops. Monthly meetings are held at the Freeport Recreation Center, 130 E Merrick Road, Freeport, NY.